Assessment of opportunities to deliver oral PrEP for women through private sector health care

Summary of research findings for ICASA 2017
Introduction to the analysis

BACKGROUND

• While planning for oral PrEP is primarily focused on public sector delivery channels, a significant number of women and girls at risk for HIV access health services through the private sector

• Our aim was understand opportunities and considerations for incorporating private sector healthcare delivery into oral PrEP delivery planning to support decision-making by PrEP implementers and policy makers

METHODOLOGY

• Analyzed existing publications, HIV incidence, health utilization, and expenditure data, and conducted 30 primary interviews with implementers, donors and policy experts to assess opportunities and considerations for delivering oral PrEP to women via the private sector in Kenya, South Africa and Zimbabwe

• Developed an assessment framework to prioritize private sector delivery channels based on six dimensions of channel capacity and user accessibility

Sources: FSG Interviews and Analysis
Our goal was to answer two major questions

To what extent does private sector health care reach women and girls at risk for HIV?

What can be done to leverage the opportunity to deliver oral PrEP through the private sector?
Private sector health care can expand access to oral PrEP

Private sector health care is **widely used by women** due to perceived greater convenience, quality, confidentiality and the ability to have a longer-term relationship with a specific provider.

Private sector health care facilities are **present in some areas of high HIV incidence** and new infections, especially in urban centers, where they will be most relevant for oral PrEP delivery.

Private sector health care **reaches those who can pay some amount for oral PrEP**, which allows public sector resources to be focused on those who cannot pay.

With a sufficient user base, there is a **business case for private health providers** to deliver oral PrEP as it can increase revenue of associated services, help providers build long-term relationships with patients, and establish a competitive advantage over other health providers.

*Sources: FSG Interviews and Analysis*
This analysis included six private sector delivery channels:

- Commercial facilities
- Faith-based organizations
- Private doctors
- Pharmacies
- NGO clinics / social franchises
- Higher education institutions

Sources: FSG Interviews and Analysis
## Private sector channel assessment framework

### ACCESSIBILITY FACTORS
Can women and girls at risk for HIV access this channel?

**Acceptability**
Women and girls at risk for HIV are comfortable with accessing family planning and other sexual and reproductive health services through this channel.

**Affordability**
Services are affordable for women and girls at risk for HIV with a range of income levels.

**Proximity**
Sufficient number of facilities located in regions with high HIV incidence for women and girls.

### CAPACITY FACTORS
Does this channel have the capacity to deliver oral PrEP?

**HIV counselling and testing services**
Channel currently offers HIV counselling and testing services.

**Healthcare workers**
Channel has healthcare workers who can prescribe oral PrEP and support adherence.

**Ability to provide necessary follow-up**
Channel enables oral PrEP users to easily follow-up for prescription pick-up and ongoing testing.

*Sources: FSG Interviews and Analysis*
Example of delivery channel assessment analysis for Kenya

Assessment of each channel across these factors highlight opportunities to deliver oral PrEP

<table>
<thead>
<tr>
<th>Delivery channel</th>
<th>Acceptability</th>
<th>Affordability</th>
<th>Proximity</th>
<th>HCT</th>
<th>HCW</th>
<th>Follow-up</th>
</tr>
</thead>
<tbody>
<tr>
<td>NGO Clinics / Social Franchises</td>
<td>Strong Expertise Providing SRH/FP Services</td>
<td>Target low-income with low-cost/ free services</td>
<td>Medium access / high alignment with HIV incidence</td>
<td>Regularly offers HCT services on-site</td>
<td>HCW can prescribe/support adherence</td>
<td>High capacity patient testing, tracking and referral mechanisms</td>
</tr>
<tr>
<td>Commercial Facilities</td>
<td>High current use for SRH/FP</td>
<td>High-cost; only affordable for wealthy populations</td>
<td>Medium access / high alignment with HIV incidence</td>
<td>Re</td>
<td>Re</td>
<td>HC in SDO</td>
</tr>
<tr>
<td>Private Doctors</td>
<td>High current use for SRH/FP</td>
<td>Med-high cost; commonly offer tiered pricing</td>
<td>High access / high alignment with HIV incidence</td>
<td>Re</td>
<td>HC</td>
<td>HC in SDO</td>
</tr>
<tr>
<td>Pharmacies</td>
<td>High current use for SRH/FP</td>
<td>Affordable to a range of income levels</td>
<td>High access / high alignment with HIV incidence</td>
<td>Pr, kit</td>
<td>HC</td>
<td>HC in SDO</td>
</tr>
<tr>
<td>FBOs</td>
<td>Low current use for SRH</td>
<td>Offer many services for free; focused on rural low-income</td>
<td>Medium access / not aligned with HIV incidence</td>
<td>Re</td>
<td>of</td>
<td>HC in SDO</td>
</tr>
</tbody>
</table>

Two channels offer the most opportunity to reach women with oral PrEP

<table>
<thead>
<tr>
<th>Delivery channel</th>
<th>Can women at high-risk for HIV access this channel?</th>
<th>Does this channel have the capacity to deliver oral PrEP?</th>
</tr>
</thead>
<tbody>
<tr>
<td>HCT</td>
<td>Acceptability, Affordability, Proximity</td>
<td>HCT, HCW, Follow-up</td>
</tr>
<tr>
<td>HCW</td>
<td>High capacity patient testing, tracking and referral mechanisms</td>
<td></td>
</tr>
</tbody>
</table>

Opportunity to deliver PrEP

- **HIGH OPPORTUNITY**
  - Effectively deliver affordable HIV/SRH services without stigma
  - Strong capacity to deliver PrEP

- **MEDIUM OPPORTUNITY**
  - Unaffordable prices/urban focus limit accessibility beyond wealthy populations
  - Strong capacity to deliver PrEP

- **HIGH OPPORTUNITY**
  - High reach and acceptability; more affordable than commercial facilities
  - Limited capacity for follow up

- **MEDIUM OPPORTUNITY**
  - High reach, acceptable to end users
  - Lack of trained HCWs with Rx capability, but could be an effective information dissemination point

- **MEDIUM OPPORTUNITY**
  - Limited acceptability but critical service point in rural areas/informal settlements
  - Strong HIV care and HCT services; high capacity to reach sero-discordant

Sources: FSG Interviews and Analysis
Four delivery channels were identified as high priority opportunities for oral PrEP in at least one country

<table>
<thead>
<tr>
<th>Channel</th>
<th>Kenya</th>
<th>South Africa</th>
<th>Zimbabwe</th>
</tr>
</thead>
<tbody>
<tr>
<td>Private doctors</td>
<td><img src="#" alt="Up" /></td>
<td><img src="#" alt="Up" /></td>
<td><img src="#" alt="Up" /></td>
</tr>
<tr>
<td>NGO clinics/ Social franchises</td>
<td><img src="#" alt="Up" /></td>
<td><img src="#" alt="Arrows" /></td>
<td><img src="#" alt="Arrows" /></td>
</tr>
<tr>
<td>Faith-based organizations</td>
<td><img src="#" alt="Arrows" /></td>
<td><img src="#" alt="Not considered in analysis" /></td>
<td><img src="#" alt="Up" /></td>
</tr>
<tr>
<td>Higher education institutions</td>
<td><img src="#" alt="Not considered in analysis" /></td>
<td><img src="#" alt="Up" /></td>
<td><img src="#" alt="Not considered in analysis" /></td>
</tr>
<tr>
<td>Commercial facilities</td>
<td><img src="#" alt="Arrows" /></td>
<td><img src="#" alt="Arrows" /></td>
<td><img src="#" alt="Arrows" /></td>
</tr>
<tr>
<td>Pharmacies</td>
<td><img src="#" alt="Arrows" /></td>
<td><img src="#" alt="Arrows" /></td>
<td><img src="#" alt="Arrows" /></td>
</tr>
</tbody>
</table>

**Key**
- **High opportunity**
- **Moderate opportunity**
- **Low opportunity**

Sources: FSG Interviews and Analysis
The analysis also identified four opportunities to improve access to oral PrEP via private sector healthcare channels

<table>
<thead>
<tr>
<th></th>
<th>Co-develop demand generation messages and strategies that private doctors, pharmacies, university clinics, social franchises and others can use</th>
</tr>
</thead>
<tbody>
<tr>
<td>2</td>
<td>Include private sector healthcare providers in trainings on oral PrEP and HIV to improve their knowledge and ability to work with and/or refer patients</td>
</tr>
<tr>
<td>3</td>
<td>Explore models to subsidize oral PrEP for end users accessing it through private sector channels</td>
</tr>
<tr>
<td>4</td>
<td>Invest in shared monitoring systems to monitor uptake and adherence for those patients not using public healthcare systems</td>
</tr>
</tbody>
</table>
APPENDIX
## Interview List

<table>
<thead>
<tr>
<th>Organization</th>
<th>Name, Title</th>
<th>Organization</th>
<th>Name, Title</th>
<th>Organization</th>
<th>Name, Title</th>
<th>Organization</th>
<th>Name, Title</th>
</tr>
</thead>
<tbody>
<tr>
<td>Private Sector Program for Health (PSP4H) DFID</td>
<td>Ron Ashkin Strategy Advisor</td>
<td>Wits Reproductive Health &amp; HIV Institute</td>
<td>Saiqa Mullick Director, Implementation Science</td>
<td>Population Services Zimbabwe</td>
<td>Pester Siraha Program Director</td>
<td>Population Council</td>
<td>Sanyukta Mathur Project Director, DREAMS Implementation Science</td>
</tr>
<tr>
<td>Strengthening Health Outcomes Through the Private Sector (SHOPS) USAID</td>
<td>Mbogo Bunyi ABT Associates</td>
<td>Hospitals Association of South Africa</td>
<td>Sharon Slabbert Executive Officer, Health Service Delivery</td>
<td>Zimbabwe Medical Association</td>
<td>Shingi Bopoto Secretary General</td>
<td>Population Council</td>
<td>Nanlesta Pilgrim Associate</td>
</tr>
<tr>
<td>PSK/JHPIEGO Bridge to Scale</td>
<td>Eunice Mutisya, Project Manager</td>
<td>Metropolitan Health Group and Southern African HIV Clinicians Society</td>
<td>Siraaj Adams Executive Manager</td>
<td>Pangaea Zimbabwe Aids Trust</td>
<td>Imelda Mahaka Project Director</td>
<td>Population Council</td>
<td>John Townsend Program Director, Reproductive Health</td>
</tr>
<tr>
<td>FHI360, Kenya &amp; FHI360 Goldstar FHI360</td>
<td>Peter Mworgoro Country Director</td>
<td>Wits Reproductive Health &amp; HIV Institute</td>
<td>Sinead Delany-Moretwe Director, Research</td>
<td>Pangaea Zimbabwe Aids Trust</td>
<td>Definate Nhamo Project Manager</td>
<td>Population Council</td>
<td>Saumya Ramarao Senior Associate</td>
</tr>
<tr>
<td>Kenya Healthcare Federation (KHF)</td>
<td>Dr. Amit Thakker Chair</td>
<td>The Higher Education &amp; Training HIV/AIDS Programme</td>
<td>Dr. Ramneek Ahluwalia Country Director</td>
<td>Population Services International</td>
<td>Victor Mutoma GIS Expert</td>
<td>Mylan Laboratories Limited (Bangalore)</td>
<td>Kedar Madhekar General Manager</td>
</tr>
<tr>
<td>GoodLife Pharmacies</td>
<td>Robert Kimbui Chief Pharmacist</td>
<td>Anova Health Institute</td>
<td>Dr Cephas Chikanda Chief of Party</td>
<td>Population Services International</td>
<td>Roy Dhlamini Male Circumcision Manager</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Pharmaceutical Society of Kenya (PSK)</td>
<td>Laban Kariuki CEO</td>
<td>Pulse Health Solutions</td>
<td>Cephas Chikanda Managing Partner</td>
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</tr>
<tr>
<td>Kenya Medical Association (KMA)</td>
<td>Dr. Stella Boisre Executive Director</td>
<td>FHI360, South Africa</td>
<td>Doris Macharia Country Director</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>PSK-Tunza</td>
<td>Sylvia Wamuhu Franchises and partnerships direct</td>
<td>FHI360, South Africa</td>
<td>Doris Macharia Country Director</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>LVCT Health</td>
<td>Dr. Michael Kiragu Technical advisor for HIV prevention</td>
<td></td>
<td></td>
<td></td>
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<td></td>
</tr>
</tbody>
</table>
## Country Data (latest available)

<table>
<thead>
<tr>
<th>Indicator</th>
<th>Kenya</th>
<th>South Africa</th>
<th>Zimbabwe</th>
</tr>
</thead>
<tbody>
<tr>
<td>Per capita expenditure on private sector</td>
<td>$31.2*</td>
<td>$295.2</td>
<td>$35.6</td>
</tr>
<tr>
<td>% private expenditure / total health expenditure</td>
<td>39%*</td>
<td>52%</td>
<td>56%</td>
</tr>
<tr>
<td></td>
<td>(2004-2014 average = 54%)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>% out of pocket / private expenditure</td>
<td>67%*</td>
<td>13%</td>
<td>58%</td>
</tr>
<tr>
<td></td>
<td>(2004-2014 average = 75%)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>% private insurance / private expenditure</td>
<td>22%*</td>
<td>83%</td>
<td>16%</td>
</tr>
<tr>
<td></td>
<td>(2004-2014 average = 12%)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>% private insurance coverage / total pop.</td>
<td>~&lt;5%</td>
<td>18%</td>
<td>~11%</td>
</tr>
<tr>
<td>% of women accessing all services via private sector</td>
<td>29%</td>
<td>Unknown (data disaggregated by gender unavailable)</td>
<td>Unknown (data disaggregated by gender unavailable)</td>
</tr>
<tr>
<td>% of women accessing SRH services via private sector</td>
<td>20-25%</td>
<td>Unknown (data disaggregated by gender unavailable)</td>
<td>Unknown (data disaggregated by gender unavailable)</td>
</tr>
<tr>
<td>% of women accessing FP services via private sector</td>
<td>20-25%</td>
<td>Unknown (data disaggregated by gender unavailable)</td>
<td>22%</td>
</tr>
<tr>
<td>% of women accessing HCT services via private sector</td>
<td>25% (50% of facilities offer)</td>
<td>17%</td>
<td>30%</td>
</tr>
</tbody>
</table>

* Kenya expenditure data has fluctuated recently due to a measurement change; therefore the 10 year average may be more indicative of actual expenditure levels.

Research Sources (1 of 3)

KENYA

• USAID. Kenya Demographic Health Survey, 2014.
• MOH/NASCOP. Master Health Facilities List, 2015.
• UCSF. Haduma Poa Health Network/Kisumu Medical and Education Trust, 2010.
• UCSF. Tunza Health Network/Clinical Social Franchise Case Study Seroies. 2010.
• USAID/Abt Associates. Reaching the Urban Poor and Middle Class in Kenya with Quality Care-LiveWell Case Study, 2014.
Research Sources (2 of 3)

SOUTH AFRICA

- Department of Health South Africa. *Health Sector HIV Prevention*, 2016.
- USAID, PEPFAR, SHOPS. *South Africa: Private Health Sector Assessment*, 2015.
- Path. *Introducing V Condom to South Africa: Expanding the female condom market*, 2016.
- UNFPA. *Sexual and Reproductive Health Services and Peer Education at Mnambithi TVET College: A Rapid Assessment*, 2015.
Research Sources (1 of 3)

ZIMBABWE

- The Zimbabwe Association of Church-related Hospitals (ZACH) profile, 2010.
- USAID. Zimbabwe Health Assessment 2010, January 2011.
Assessment of opportunities to deliver oral PrEP for women through private sector health care

Kenya research findings
Introduction to this analysis

BACKGROUND

• Kenya has prioritized public-private partnerships as part of national health sector planning to increase health care access
• However, Kenya’s oral PrEP implementation framework has been focused on the public health system to date
• Currently, oral PrEP delivery is occurring through demonstration projects, the Bridge to Scale project, and individual HCW distribution
• The private sector has the potential to expand access to oral PrEP and complement current government investment for women and girls at risk for HIV, especially in those counties with high private sector utilization and high HIV incidence. As broader procurement and delivery plans are developed, the private sector could be considered in addition to the public sector.

OBJECTIVE, SCOPE, AND METHODOLOGY

FSG, as part of the OPTIONS Consortium, reviewed existing publicly available literature and conducted interviews with relevant organizations to explore two major questions (see slides 22 and 23 for a list of interviewees and research sources):

1. To what extent does private sector health care reach women and girls at risk for HIV?
2. If so, what can be done to leverage the opportunity to deliver oral PrEP through the private sector?

• The objective of this research is to support planning by country governments, international donors, and implementing agencies by better understanding the opportunities and considerations for delivering oral PrEP through the private sector
• As OPTIONS continues to support public sector oral PrEP introduction and planning, it also endeavors to provide guidance to national governments on the opportunity for a comprehensive approach to oral PrEP rollout across public and private sectors
• This research defines the private sector as all non-public channels (e.g., NGO clinics / social franchises, private doctors / small clinics, commercial facilities, pharmacies, and faith based organizations)
• Given OPTIONS’ focus on delivery of oral PrEP, this research does not include financing, insurance, supply chain, and manufacturing

NEXT STEPS

• This analysis will inform discussions with NASCOP and the MOH on the national PPP framework, targeted for development in 2017, and could also inform the development of a sustainable financing strategy for oral PrEP scale-up
• Research planned in 2017 and 2018 will improve understanding of end user and provider perspectives related to delivering PrEP through the private sector
Key findings

THE OPPORTUNITY TO DELIVER ORAL PREP

- **Women and girls are active users of the private sector** (including SRH, FP and HCT services) due to perceived greater convenience, higher quality service delivery and greater confidentiality compared to the public sector.

- The geographic distribution of private health care facilities **aligns with areas of high HIV incidence**; combining the Nairobi/Mombasa region counties with Kisumu in the lake region yields ~40% of all private sector outpatient visits and ~35% of all new HIV infections.

- Only ~5% of the population is covered by private insurance **with the vast majority paying out of pocket**. While out of pocket health expenditure has increased in recent years, it is still not sufficient to cover the **current high retail price of oral PrEP** ($20-40/month).

- An effective private sector strategy should include a **portfolio of channels** capable of reaching populations with different income levels.

- Partnerships between government and existing networks will help ensure high quality and effective delivery across channels.

**This analysis identified two delivery channels as high priority opportunities:**

1. **NGO clinics / social franchises** offer the **greatest opportunity to reach low-income women in urban and peri-urban centers** with high HIV incidence and private sector utilization (e.g., Nairobi/Mombasa regions and Kisumu). They bring expertise in providing integrated, acceptable SRH/FP/HCT services. However, their relatively limited scale and dependency on donor funding presents sustainability challenges. A next step could be to **initiate conversations with social franchise networks** that together reach ~400-500K people/year.

2. **Private doctors / small clinics** offer a **high priority opportunity to reach low-middle income women in urban and peri-urban centers** with high HIV incidence and private sector utilization (e.g., Nairobi/Mombasa regions and Kisumu). They offer **tiered pricing** and deliver services in line with **women’s preferences**. However, they will require training in oral PrEP provision and strengthened patient monitoring systems to ensure effective high quality delivery. A next step could include initiating conversations with the Kenya Medical Association (KMA) that comprise 75% of all private doctors and have noted interest in adapting/developing HCW training and demand generation messaging.

**The other three delivery channels were assessed to be lower priority but could form part of a broader portfolio approach:**

3. **Pharmacies** could provide information on oral PrEP to low-income women and girls that may not frequently use traditional health facilities. However, limited experience with HIV/HCT services and poor linkage to the healthcare system for Rx and testing creates risks.

4. **Commercial facilities** could reach high-income women and girls at risk for HIV in urban centers willing to pay the full cost of oral PrEP. However, this would likely be out of reach for most, limiting the potential impact on reducing annual new HIV infections with oral PrEP.

5. **FBOs** could reach low-income women in rural and urban informal settlement areas that may not have access to an alternative health facility. Their high capacity in HIV treatment also provides an opportunity to reach sero-discordant couples. However, limited alignment with areas of high HIV incidence and low acceptability poses challenges to women accessing this channel.

Sources: FSG Interviews and Analysis.
This analysis aims to answer two major questions:

To what extent does private sector health care reach women and girls at risk for HIV?

What can be done to leverage the opportunity to deliver oral PrEP through the private sector?
This analysis aims to answer two major questions

To what extent does private sector health care reach women and girls at risk for HIV?

What can be done to leverage the opportunity to deliver oral PrEP through the private sector?

Further detail on this question is included in the following section
Kenya’s private sector is significant and expected to grow in the coming years

Overview of current Kenyan private health sector and expected growth

- Over half of facilities are private and nearly 40% of outpatient visits are through the private sector
- Relative to the region, the public sector plays a more limited role, comprising ~35% of total health expenditure, compared to the African Region average of ~50%
- Nearly 80% of private sector health expenditure is paid for out of pocket and ~5% through private health insurance – demonstrating a willingness to pay for private health services
- From 2004-2014, per capita annual private health expenditure grew 4X ($7 per person to ~$30 per person) and this growth is expected to continue (see right)
- However, per capita health expenditure is low relative to the annual price of oral PrEP (~$240-$480 without tests) and limited private health insurance coverage (~5%) will make it challenging to deliver PrEP without subsidy
- Kenya’s Vision 2030 contains specific strategies to develop the private healthcare sector, including public-private partnerships
- The private sector is expected to continue to grow in the coming years due to rising disposable income (especially in urban areas) and an improving regulatory climate
Private sector utilization is high in urban areas of HIV incidence but low in the high-incidence lake region.

- Use of private facilities is higher (3x more outpatient visits) in urban areas compared to rural areas.
- Women and girls who are at risk for HIV would be most easily reached in counties with high urban population shares, high HIV incidence, high number of new HIV infections and high private sector utilization.
- There is a high level of private sector utilization in the urban areas of Nairobi/Mombasa region counties (Nairobi, Kiambu, Machakos, Mombasa and Kilifi) and Kisumu in the lake region where there is also significant HIV incidence and a high number of new HIV infections:
  - Each of these counties exhibit above national average private sector utilization (> 38%).
  - Each of these counties exhibit medium-high HIV incidence levels (> 0.15%).
  - Each of these counties exhibit high new HIV infection levels (> 1,500 annual new HIV infections).
  - Combining these counties yields ~40% of all private sector outpatient visits and ~35% of all new HIV infections.

Women and girls at risk for HIV are likely active users of the private sector

High utilization of private antenatal, HCT, FP, SRH services among women signals potential demand for oral PrEP in the private sector

- In urban areas, 25% (40% in Nairobi) of women choose the private sector for antenatal care and 23% (44% in Nairobi) of deliveries take place at a private health facility
- 25% of women receive HCT services via the private sector
- 50% of private providers offer HCT services
- According to MOH officials, 20-25% of all family planning (FP) commodities are distributed by the government through the private sector
- A significant percentage (20-40%) of women and girls access FP/SRH services in the private sector; with higher rates of access in urban areas
- According to the latest demographic health survey, nearly 60% of women who use the birth control pill access it from the private sector (primarily pharmacies), and ~35% of those that use IUDs and injectables access them from the private sector (primarily hospitals/clinics)
- A study among clients who purchased emergency contraceptives from private pharmacies in urban areas of Kenya shows that about three-fourths were young women between ages 20 and 29
- An additional study found that when young women are offered long-lasting contraception methods (e.g., IUDs) from NGO managed social franchises, they are more likely to use them compared to public sector
- Recent data from across Sub-Saharan Africa indicates that 62% of unmarried young women use the private sector for FP products

Female use by type of facility, 2013

<table>
<thead>
<tr>
<th>Facility Type</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Public</td>
<td>29%</td>
</tr>
<tr>
<td>Private facilities/pharmacies</td>
<td>60%</td>
</tr>
<tr>
<td>FBOs/NGOs</td>
<td>9%</td>
</tr>
<tr>
<td>Other</td>
<td>2%</td>
</tr>
</tbody>
</table>

Women choose the private sector for convenience, affordability and confidentiality

<table>
<thead>
<tr>
<th>Driver</th>
<th>Description</th>
<th>Perspectives</th>
</tr>
</thead>
<tbody>
<tr>
<td>Convenience</td>
<td>• Easy facility access</td>
<td>“There are long queues in some of the public sector facilities. Those people who can afford other services and don’t want to wait to go to the public sector will choose the private sector” – NGO service provider</td>
</tr>
<tr>
<td></td>
<td>• Short wait times</td>
<td></td>
</tr>
<tr>
<td></td>
<td>• Long opening hours</td>
<td></td>
</tr>
<tr>
<td></td>
<td>• Multiple service offerings</td>
<td></td>
</tr>
<tr>
<td>Quality</td>
<td>• Consistent availability of equipment and medicines</td>
<td>“The main reasons driving people to the private sector is a perception that private sector services are of higher quality and will have the medicines they need” – Private doctor association</td>
</tr>
<tr>
<td></td>
<td>• Consistent provider availability</td>
<td></td>
</tr>
<tr>
<td></td>
<td>• Highly trained HCWs</td>
<td></td>
</tr>
<tr>
<td>Confidentiality</td>
<td>• Positive provider attitude and behaviors</td>
<td>“Confidentiality is the top reason for why women and girls would go to the private sector” – Pharmacy network</td>
</tr>
<tr>
<td></td>
<td>• Ability to access SRH and HCT services in a safe and discreet way</td>
<td></td>
</tr>
<tr>
<td></td>
<td>• Ability to build strong and ongoing relationship with individual private provider</td>
<td></td>
</tr>
</tbody>
</table>

Sources: FSG Interviews and Analysis; Private Sector Innovation Program for Health, 2014.
Key Findings: To what extent does private sector health care reach women and girls at risk for HIV?

1. **Half of all health facilities are private** and nearly 40% of all outpatient health visits are conducted in the private sector.

2. **Private sector utilization is strong in high-HIV incidence urban areas**, but weak in most counties in the high incidence lake region; high-incidence counties near Nairobi and Mombasa and Kisumu have high private sector utilization; these counties include 35% of all new HIV infections and 40% of all private sector outpatient visits.

3. Overall, 38% of women use the private sector and the high utilization (20-40%) of private HCT, FP, and SRH services signals potential demand for oral PrEP in the private sector.

4. Women and girls **prefer private health sector services** because they view them as more convenient, of higher quality and more acceptable compared to public sector health services.

There is an opportunity to deliver PrEP through the private sector:

- Delivery of oral PrEP could **expand access and coverage to women and girls** who primarily use the private sector and could **lower the burden** on the public sector.

- However, limited private insurance and low per capita private sector health expenditure means that many will **not be able to afford oral PrEP without subsidy**.

  - The current retail price of oral PrEP is $20-40/month while current contraceptives (i.e. the contraceptive daily pill) cost only $1-2/month.

- The significant rates at which women access contraceptives and HCT from the private sector, as well as the presence of private sector facilities in some regions with high HIV incidence suggest that the private sector can play an important role in enabling access to oral PrEP for women and girls at risk of HIV.

The following slides provide an initial analysis on the opportunities and considerations for delivering PrEP through specific private sector channels.

Sources: FSG Interviews and analysis – see final slides for interview list and sources.
This analysis aims to answer two major questions:

To what extent does private sector health care reach women and girls at risk for HIV?

What can be done to leverage the opportunity to deliver oral PrEP through the private sector?

Further detail on this question is included in the following section.
This analysis includes five private health channels

<table>
<thead>
<tr>
<th>Channel</th>
<th>Description</th>
<th>Additional detail</th>
<th>Key organizations</th>
<th>PrEP delivery</th>
</tr>
</thead>
</table>
| NGO Clinics / Social Franchises      | Private not-for-profit facilities funded by local organizations or international donors, including social franchise models. This analysis focuses primarily on NGO-managed social franchises. | • Highly organized networks with family planning (FP) and HIV capabilities, trained HCWs, advanced patient tracking, integration with public health system, and quality standards enforcement  
  • MS-Kenya and PSK provide comprehensive FP/HIV services while KMET and FHI focus on HIV care and treatment  
  • MS-Kenya operates in 90% of counties; reaches ~200K/year  
  • PSK operates in 80% of counties; reaches ~200K/year | • PSK- Tunza  
  • MS-Kenya Amua Kisumu Medical and Education Trust Haduma Poa  
  • FHI Gold Star  
  • LVCT Health | • JHPIEGO Bridge to Scale (PSK-Tunza)  
  • DREAMS, Partners Demonstration Project  
  • LVCT Health IPCP Project (PrEP for key populations) |
| Commercial Facilities                 | Large private for-profit clinics and hospitals with laboratory services (Kenya KEPH level 3) | • No strong professional associations or coordinating bodies  
  • Small clinic networks provide comprehensive range of specialty health services that are largely only available to wealthier segments with insurance | • Avenue Healthcare  
  • Aga Khan  
  • Gertrude’s Clinics | None |
| Private Doctors                       | Private doctors who either work in smaller for-profit facilities (KEPH level 2) or manage their own independent practices | • Strong professional associations/coordinating bodies with expertise in HCW training and guideline dissemination  
  • Interest in oral PrEP to increase foot traffic and deepen customer relationships; use tiered pricing  
  • KMA noted interest in demand generation and PPPs for oral PrEP delivery/training of HCW | • Kenya Medical Association (KMA)  
  • Kenya Healthcare Federation (KHF)  
  • Kenya Assoc, of Private Hospitals | • Private doctors are providing PrEP, but no systematic data on distribution |
| Pharmacies                            | Small unregistered (i.e. no gov’t oversight) stores and larger registered (i.e. gov’t oversight) pharmacy networks in which individuals can purchase medicine; may or may not be managed by a trained HCW | • Pharmaceutical Society of Kenya is the only large scale network- reaching ~10-15% of pharmacies with education, common standards and public policy advocacy activities  
  • GoodLife targets middle-income urban; reaches ~600k/year  
  • Variable service quality, limited regulation and weak linkages to healthcare system, but potential to offer PrEP information  
  • Use tiered pricing to reach different income levels  
  • HIV self-testing and information on oral PrEP could increase foot traffic and deepen customer relationships | • Pharmaceutical Society of Kenya  
  • GoodLife Pharmacies  
  • PharmNet | None |
| Faith Based Organizations (FBOs)      | Private facilities affiliated with religious institutions, including church networks and mission hospitals that provide subsidized/free services | • Highly organized networks with strong supply chain management and advanced patient tracking systems  
  • While FP distribution is limited due to perceptions of healthcare worker stigma, recently expanded HCT provision demonstrates interest in HIV prevention | • Kenya Conference of Catholic Bishops  
  • Christian Health Association of Kenya | None |
We assessed each channel by its ability to effectively provide oral PrEP to women and girls at risk for HIV.

**Private sector channel assessment framework**

1. **Can women at high-risk for HIV access this channel?**
2. **Does this channel have the capacity to deliver oral PrEP?**

<table>
<thead>
<tr>
<th>Factor</th>
<th>Definition</th>
</tr>
</thead>
<tbody>
<tr>
<td>Acceptability</td>
<td>Women and girls at risk for HIV are comfortable with accessing family planning and other sexual and reproductive health services through this channel</td>
</tr>
<tr>
<td>Affordability</td>
<td>Services are affordable for women and girls at risk for HIV with a range of income levels</td>
</tr>
<tr>
<td>Proximity</td>
<td>Sufficient number of facilities located in regions with high HIV incidence for women and girls</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Factor</th>
<th>Definition</th>
</tr>
</thead>
<tbody>
<tr>
<td>HIV counselling and testing services (HCT)</td>
<td>Channel currently offers HIV counselling and testing services</td>
</tr>
<tr>
<td>Healthcare workers (HCW)</td>
<td>Channel has healthcare workers on staff who can prescribe and support adherence to oral PrEP</td>
</tr>
<tr>
<td>Ability to provide necessary follow-up</td>
<td>Channel enables oral PrEP users to easily follow-up for prescription pick-up and ongoing testing</td>
</tr>
</tbody>
</table>

*The following slides will assess the delivery channels along these two dimensions*

Sources: FSG Interviews and Analysis.
### Can women and girls at high-risk for HIV access this channel?

<table>
<thead>
<tr>
<th>Delivery channel</th>
<th>Acceptability</th>
<th>Affordability</th>
<th>Proximity</th>
</tr>
</thead>
</table>
| **NGO Clinics / Social Franchises** | **Attractive SRH / FP service point**, as they train providers to deliver quality, standardized care without stigma; deep expertise in providing SRH/FP and HCT services to high-risk women | Low cost/free; affordable  
- General FP products cost $1-3  
- Study found that PSK Tunza charges $5-20 per IUD | Medium access but aligned to areas of HIV incidence  
- 352 facilities nationally (7% of all private facilities) in both urban and peri-urban  
- ~400-500k visits per year for all populations  
- Facilities located in areas of high HIV incidence |
| **Commercial Facilities** | **Attractive SRH / FP service point** for women and girls. 20% who access family planning use private commercial facilities (10% who use pill / 30% who use IUD). | High cost; unaffordable  
- General FP products cost $1-3  
- Charge up to $75 per IUD | Medium access but aligned to areas of HIV incidence  
- 427 facilities across Kenya (9% of private facilities)  
- Primarily urban  
- ~650k visits per year for all populations  
- Facilities located in areas of high HIV incidence |
| **Private Doctors** | **Attractive SRH / FP service point** for women and girls. 20% who access FP use private small clinics (10% who use pill / 30% who use IUD). | Med-high cost; affordable because offer tiered pricing  
- General FP products cost $1-3  
- Charge up to $75 per IUD but offer price flexibility based on user willingness to pay | High access and aligned to areas of HIV incidence  
- 3,127 facilities nationally (63% of private facilities)  
- Primarily urban and peri-urban  
- ~4,000 private doctors; ~1m visits per year for all pops.  
- Facilities located in areas of high HIV incidence |
| **Pharmacies** | **Attractive FP service point** for young women (10% of women who access FP use pharmacies; 45% who use pill use pharmacies; 0% who use IUDs use pharmacies) | Low cost; affordable  
- General FP products cost $1-3 | High access and aligned to areas of HIV incidence  
- ~5k total; ~2k registered and 3k unregistered  
- At least 1.2m visits per year for all populations  
- Primarily urban; some second tier in rural areas  
- Facilities located in areas of high HIV incidence |
| **FBOs** | **Unattractive SRH/FP service point** for women and girls (2% of women who access FP, use FBOs; <1% who use pill use FBOs; 3% who use IUDs use FBOs) | Low cost/free; affordable  
- General FP products cost $1-3  
- Cost of IUDs are unknown | Medium access but not aligned to areas of HIV incid.  
- 1,030 facilities nationally (14% of private facilities)  
- ~800k visits per year for all populations  
- Overwhelmingly rural; peri-urban  
- Facilities located in areas of low HIV incidence |

Sources: PS4PH, 2014; MOH/Government of Kenya Master Health Facilities List, 2015; Barden-O’Fallon, Janine, 2017 UCSF, 2010; Organization Websites; FSG interviews and analysis
## NGOs and commercial facilities are likely the highest capacity channels

### Does this channel have the capacity to deliver oral PrEP?

<table>
<thead>
<tr>
<th>Delivery channel</th>
<th>HIV Counseling and Testing (HCT) Services</th>
<th>Healthcare Workers (HCW): Channel has HCW who can prescribe and support adherence to oral PrEP</th>
<th>Ability to provide necessary follow-up</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>NGO Clinics / Social Franchises</strong></td>
<td><strong>Significant experience and expertise in providing HCT services on-site</strong> (i.e. PSK-Tunza conducts &gt; 100k HIV tests/year)</td>
<td><strong>Have HCW on-site</strong> that could prescribe oral PrEP and support adherence</td>
<td><strong>Advanced patient tracking systems support strong follow-up and referral for testing/monitoring</strong></td>
</tr>
<tr>
<td></td>
<td><strong>Strong expertise in integrating HCT and FP services for women and girls</strong></td>
<td><strong>Strong expertise in providing services to women and girls</strong></td>
<td></td>
</tr>
<tr>
<td><strong>Commercial Facilities</strong></td>
<td><strong>50% of all commercial providers provide HCT services</strong></td>
<td><strong>HCW capacity</strong> to prescribe oral PrEP and support adherence, but limited HIV specialization</td>
<td><strong>Strong follow up support for Rx but limited lab on site / referral for testing and monitoring</strong></td>
</tr>
<tr>
<td></td>
<td><strong>Women feel comfortable accessing HCT services due to perceived confidentiality</strong></td>
<td><strong>Associations could coordinate HCW training on HIV/oral PrEP</strong></td>
<td><strong>Strong medical associations could support effective monitoring systems</strong></td>
</tr>
<tr>
<td><strong>Private Doctors</strong></td>
<td><strong>50% of all commercial providers provide HCT services; limited HIV specialization</strong></td>
<td><strong>HCW capacity</strong> to prescribe oral PrEP and support adherence, but limited HIV specialization</td>
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<td><strong>Women feel comfortable accessing HCT services due to perceived confidentiality</strong></td>
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<td><strong>Strong follow up support for Rx but limited lab on site / referral for testing and monitoring</strong></td>
</tr>
<tr>
<td><strong>Pharmacies</strong></td>
<td><strong>Most do not provide HCT on-site but some provide self-testing kits</strong></td>
<td><strong>Often no HCW on staff to prescribe oral PrEP or support adherence</strong></td>
<td><strong>Lack of patient tracking and resistance monitoring creates risks</strong></td>
</tr>
<tr>
<td></td>
<td><strong>Very limited specialization in addressing issues around HCT stigma that women and girls may face</strong></td>
<td><strong>Strong on-site follow-up capacity, with prescription, ongoing testing and monitoring</strong></td>
<td><strong>Could be good information dissemination point for young women (who regularly use for FP) and link to oral PrEP Rx</strong></td>
</tr>
<tr>
<td><strong>FBOs</strong></td>
<td><strong>Recent expansion of HCT services</strong></td>
<td><strong>More limited HCW capacity to prescribe oral PrEP and monitor adherence</strong></td>
<td><strong>Advanced patient tracking systems support strong follow-up and referral for testing/monitoring</strong></td>
</tr>
<tr>
<td></td>
<td><strong>A five year (2011-2016) CDC and PEPFAR funded scale up of HIV services among Kenyan FBOs led to a 4x increase in HCT, reaching ~3 million people in 5 years</strong></td>
<td><strong>Advanced patient tracking systems support strong follow-up and referral for testing/monitoring</strong></td>
<td></td>
</tr>
</tbody>
</table>

*Sources: Barden-O’Fallon, Janine, 2017 UCSF, 2010; Organization Websites; FSG interviews and analysis*
Assessment of each channel across these factors highlight opportunities to deliver oral PrEP

<table>
<thead>
<tr>
<th>Delivery channel</th>
<th>Acceptability</th>
<th>Affordability</th>
<th>Proximity</th>
<th>HCT</th>
<th>HCW</th>
<th>Follow-up</th>
</tr>
</thead>
<tbody>
<tr>
<td>NGO Clinics / Social Franchises</td>
<td>Strong Expertise Providing SRH/FP Services</td>
<td>Target low-income with low-cost/ free services</td>
<td>Medium access / high alignment with HIV incidence</td>
<td>Regularly offers HCT services on-site</td>
<td>HCW can prescribe/ support adherence</td>
<td>High capacity patient testing, tracking and referral mechanisms</td>
</tr>
<tr>
<td>Commercial Facilities</td>
<td>High current use for SRH/FP</td>
<td>High-cost; only affordable for wealthy populations</td>
<td>Medium access / high alignment with HIV incidence</td>
<td>Regularly offers HCT services on-site</td>
<td>HCW can prescribe/ support adherence</td>
<td>High on-site capacity patient testing, tracking and referral mechanisms</td>
</tr>
<tr>
<td>Private Doctors</td>
<td>High current use for SRH/FP</td>
<td>Med-high cost; commonly offer tiered pricing</td>
<td>High access / high alignment with HIV incidence</td>
<td>Regularly offers HCT on-site; at times limited HIV specialization</td>
<td>Limited HCW capacity related to HIV specialization</td>
<td>High capacity Rx follow up limited referral for testing</td>
</tr>
<tr>
<td>Pharmacies</td>
<td>High current use for SRH/FP</td>
<td>Affordable to a range of income levels</td>
<td>High access / high alignment with HIV incidence</td>
<td>Provide self-testing kits but no on-site HCT services</td>
<td>Often do not have HCW services on-site</td>
<td>Limited patient testing, tracking and referral mechanisms</td>
</tr>
<tr>
<td>FBOs</td>
<td>Low current use for SRH</td>
<td>Offer many services for free; focused on rural low-income</td>
<td>Medium access / not aligned with HIV incidence</td>
<td>Recent expansion of HCT services</td>
<td>Limited HCW capacity due to heavy volume</td>
<td>High capacity patient testing, tracking and referral mechanisms</td>
</tr>
</tbody>
</table>

**Key**
- **Highly accessible to most women**
- **Accessible to some women**
- **Inaccessible to most women**
- **Strong capacity**
- **Moderate capacity**
- **Low capacity**

Sources: FSG Interviews and Analysis.
Two channels offer the most opportunity to reach women with oral PrEP

<table>
<thead>
<tr>
<th>Delivery channel</th>
<th>Can women at high-risk for HIV access this channel?</th>
<th>Does this channel have the capacity to deliver oral PrEP?</th>
<th>Opportunity to deliver PrEP</th>
</tr>
</thead>
<tbody>
<tr>
<td>NGO Clinics / Social Franchises</td>
<td>Acceptability</td>
<td>Affordability</td>
<td>Proximity</td>
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<tr>
<td>Commercial Facilities</td>
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<td>Affordability</td>
<td>Proximity</td>
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<tr>
<td>Private Doctors</td>
<td>Acceptability</td>
<td>Affordability</td>
<td>Proximity</td>
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<td>FBOs</td>
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</table>

Sources: FSG Interviews and Analysis.
Each channel reaches different people; a portfolio approach can expand oral PrEP coverage across populations

A portfolio approach includes a mix of channels that reach populations of different income levels and geographies with oral PrEP delivery and information dissemination. A strategic implementation plan can prioritize those channels that serve different market segments to create a comprehensive strategy that expands oral PrEP coverage in regions of high HIV incidence.

<table>
<thead>
<tr>
<th>Delivery channel</th>
<th>Near-term opportunity to deliver PrEP</th>
<th>Market segment</th>
<th>Recommended action steps</th>
</tr>
</thead>
<tbody>
<tr>
<td>NGO Clinics/ Social Franchises</td>
<td>HIGH OPPORTUNITY</td>
<td>Younger low-income urban women without insurance who are likely only able to afford to pay a small amount of money out of pocket</td>
<td>Details for action steps on following slides</td>
</tr>
<tr>
<td>Commercial facilities</td>
<td>MEDIUM OPPORTUNITY</td>
<td>Older high-income urban women with insurance (2-3% of population) or who are able to pay full cost out of pocket</td>
<td>Ensure commercial clinic networks have access to oral PrEP guidelines and HCW training opportunities</td>
</tr>
<tr>
<td>Private Doctors</td>
<td>HIGH OPPORTUNITY</td>
<td>A broad spectrum of low to middle income urban women with or without insurance who are able to pay some money out of pocket</td>
<td>Details for action steps on following slides</td>
</tr>
<tr>
<td>Pharmacies</td>
<td>MEDIUM OPPORTUNITY</td>
<td>Younger low to middle income urban women without insurance who are unlikely to seek out healthcare services from a facility; could be an information dissemination point</td>
<td>Co-develop a strategy to disseminate information and build understanding and demand for oral PrEP among high-risk populations (e.g., those seeking family planning, HIV self-testing)</td>
</tr>
<tr>
<td>FBOs</td>
<td>MEDIUM OPPORTUNITY</td>
<td>Older low-income women living in rural areas and informal settlements who are likely only able to afford to pay a small amount of money out of pocket</td>
<td>Ensure FBO groups have access to oral PrEP guidelines and HCW training opportunities</td>
</tr>
</tbody>
</table>
NGO Clinics / Social Franchises: Implementation considerations

**Current capacity and gaps**

<table>
<thead>
<tr>
<th>Can women/girls at high-risk for HIV access this channel?</th>
<th>Does this channel have the capacity to deliver oral PrEP?</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Acceptability</strong></td>
<td><strong>Proximity</strong></td>
</tr>
<tr>
<td>STRONG EXPERTISE PROVIDING SRH/FP SERVICES</td>
<td>MEDIUM ACCESS / HIGH ALIGNMENT WITH HIV INCIDENCE</td>
</tr>
</tbody>
</table>

**Potential next steps**

1. As needed, provide subsidies of oral PrEP to reach low-income users
2. Map where clinics and networks are located and capacitate those in high-incidence regions to deliver oral PrEP

**Potential partners**

- **PSK· Tunza Network**: Social franchise network that is made up of pharmacies, clinics and providers that deliver FP, SRH and HIV services; operates in 90% of counties; reaches ~200k people (all populations) per year
- **MS·Kenya Amua Network**: Social franchise network that engages private providers in underserved areas to provide FP, SRH, and HIV services; operates in 80% of counties; reaches ~200K people (all populations) per year
- **KMET Network**: Social franchise network that provides MNCH, HIV, and nutrition programming; reaches 50k people (all populations) per year
- **FHI Goldstar Network**: Social franchise network with 117 private sector health facilities that provide HIV care and treatment, SRH, FP, and HCT

**Considerations**

- **Priority geographies**: Urban and peri-urban centers with high HIV incidence, such as those located in the counties that make up the Nairobi and Mombasa metro regions (e.g., Nairobi, Mombasa, Kiambu, Kilifi, and Machakos) and Kisumu in the lake region
- **Incentives** for this channel to collaborate:
  - Increase traffic, sales volumes, and deepen customer relationships as patients return for PrEP and related services
  - Increase access to donor funding streams for integrated HIV prevention products and services
  - Reduce the number of new HIV infections for women and girls at risk for HIV

Sources: FSG Interviews and Analysis.
Private Doctors: Implementation considerations

**Can women/girls at high-risk for HIV access this channel?**

<table>
<thead>
<tr>
<th>Acceptability</th>
<th>Affordability</th>
<th>Proximity</th>
</tr>
</thead>
<tbody>
<tr>
<td>HIGH CURRENT USE FOR SRH</td>
<td>MED-HIGH COST; COMMONLY OFFER TIERED PRICING</td>
<td>HIGH ACCESS/ HIGH ALIGNMENT WITH HIV INCIDENCE</td>
</tr>
</tbody>
</table>

**Does this channel have the capacity to deliver oral PrEP?**

<table>
<thead>
<tr>
<th>HCT</th>
<th>HCW</th>
<th>Follow-up</th>
</tr>
</thead>
<tbody>
<tr>
<td>REGULARLY OFFERS HCT ON-SITE; AT TIMES LIMITED HIV SPECIALIZATION</td>
<td>LIMITED HCW CAPACITY RELATED TO HIV SPECIALIZATION</td>
<td>HIGH CAPACITY RX FOLLOW UP LIMITED REFERRAL FOR TESTING</td>
</tr>
</tbody>
</table>

**Potential next steps**

1. Consider models to subsidize oral PrEP to reach lower-income users
2. Adapt public sector training program to capacitate HCW in oral PrEP prescription and monitoring
3. Work through existing networks (i.e. KMA) to ensure effective monitoring

**Potential partners**

- **Kenya Medical Association (KMA):** A voluntary membership organization that represents approximately 3,000 private doctors or 75% of the total number of private doctors in Kenya. Promotes high quality care through standards, guidelines, and HCW training.
- **Kenya Association of Private Hospitals (KAPH):** A voluntary membership organization that represents approximately 1,500 small and medium sized hospitals and clinics.
- **Kenya Healthcare Federation (KHF):** A private sector membership-based organization and serves as the health sector board of the Kenya Private Sector Alliance (KEPSA). Founded in 2004, the Federation has a membership of 75+ organizations.
- **Kenya Medical Practitioners Board (KMPB):** Regulatory authority that also provides training and education

**Considerations**

- **Priority geographies:** Urban and peri-urban centers with high HIV incidence, such as those located in the counties that make up the Nairobi and Mombasa metro regions (e.g., Nairobi, Mombasa, Kiambu, Kilifi, and Machakos) and Kisumu in the lake region
- **Incentives** of private doctors to offer oral PrEP: (1) Increase traffic, sales volumes and deepen customer relationships as patients return for PrEP and related services; (2) Increase access to donor funding streams for integrated HIV prevention products and services; (3) Reduce the number of new HIV infections for women and girls at risk for HIV

Sources: FSG Interviews and Analysis.