The road to PrEP
Oral Pre-Exposure Prophylaxis (PrEP)

How to introduce your clients to PrEP

1. **CLIENTS are reached**
   - clinic
   - outreach

2. **Perform HIV TEST**
   - Follow the procedures as per the HTS Guidelines
   - Counselling
   - STI syndromic screening
   - Test for TB/NCDs
   - Test for Syphilis

3. **HIV Negative**
   - ELIGIBLE FOR PrEP
   - combinations of prevention
   - seasons of risk

4. **YES! ARE YOU INTERESTED IN PrEP?**
   - Next step: standard screening
   - Creatinine clearance test
   - HepB test
   - Not interested or eligible
     - Counsel on other prevention methods
     - MMC
     - Condoms
     - Counselling
     - PEP
     - Healthy lifestyles
     - ART for partners living with HIV
     - STIs
     - Treatment

5. **YES**
   - Next step: PrEP supply
   - Provide 1 month PrEP supply
   - Schedule next appointment
   - PrEP IS NOT A STANDALONE PREVENTION OPTION
   - PreP should be used as part of a combination prevention strategy; always advocate for PrEP to be used with other prevention methods, like condoms.

6. **Every 3 months**
   - HIV test
   - STI syndromic screening
   - Counselling
   - Creatinine clearance test
   - 3 month prescription for monthly PrEP collection

**Post-test counselling information must include:**
- an explanation of the test results and diagnosis
- clear information on ART and its benefits
- where and how to obtain ART
- make an active referral for a specific time and date
- how to prevent transmission of HIV and viral suppression
- condoms and lubricants and guidance on their use
- how to encourage and offer HIV testing to sexual partners, children and other family members of the client.

**Creatinine clearance test**
- If the Creatine clearance test shows abnormal results (<60ml/min) inform client to stop taking PrEP and return for a repeat test after 2 weeks. If Creatinine returns to normal, and other PrEP criteria are met, PrEP may be restarted.
- Do not restart PrEP if the Creatine clearance test is <60ml/min.

**HepB test**
- positive: PrEP is not contraindicated in those with HBV but liver function monitoring should be performed. Refer for assessment with their medical doctor.

**Creatinine clearance test**
- If the HepB test is positive in those with HBV but liver function monitoring should be performed. Refer for assessment with their medical doctor.

**After 1 month:**
- HIV test
- STI syndromic screening
- Counselling
- Creatinine clearance test
- 3 month prescription for monthly PrEP collection

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