



PrEP Learning Network Launch Session August 22, 2019



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OPTIONS
OPTIMIZING PREVENTION TECHNOLOGY INTRODUCTION ON SCHEDULE

LEARNING NETWORK AND PREP GLOBAL CONTEXT

PREP SCALE-UP IN ZIMBABWE

PREP SCALE-UP IN LESOTHO

PREP SCALE-UP IN SOUTH AFRICA

WRAP-UP AND NEXT STEPS



PrEP Learning Network goals

Create a forum

to facilitate and accelerate sharing of PrEP scale-up experience, as well as implementation tools and resources across low- and middle-income countries (LMICs) within sub-Saharan Africa

Support epidemic

control by helping countries achieve PrEP targets, such that AGYW and other target populations who need PrEP are able to effectively use PrEP and prevent HIV infection



Introducing OPTIONS, EpiC and RISE

Optimizing Prevention Technology Introduction on Schedule (OPTIONS)

- A multidisciplinary consortium focusing on **expediting and sustaining access to antiretroviral-based HIV prevention products**.
- In recent years, OPTIONS has facilitated learning collaboratives with ministries and organizations interested in and actively rolling out PrEP to ensure learning extended beyond program and geographical boundaries.

Meeting Targets and Maintaining Epidemic Control (EpiC)

- A five-year global project funded by PEPFAR and USAID, dedicated to **achieving and maintaining HIV epidemic control**.
- EpiC provides strategic technical assistance (TA) and direct service delivery (DSD) to **break through barriers to 95-95-95 and promote self-reliant management of national HIV programs** by improving HIV case-finding, prevention, treatment programming and viral load suppression.

Reaching Impact, Saturation and Epidemic Control (RISE)

- A PEPFAR-funded HIV/AIDS project that will support countries in **achieving and maintaining epidemic control through provision of strategic TA and direct service delivery (DSD)** to improve prevention, HIV case finding and treatment programming.
- RISE will prepare countries and local implementing partners to address barriers in HIV services among at-risk adult men, women and priority and key populations, **optimize national and sub-national systems, and build capacity of local implementing partners**, leveraging data to achieve and maintain epidemic control over the course of 5 years.



PrEP challenges

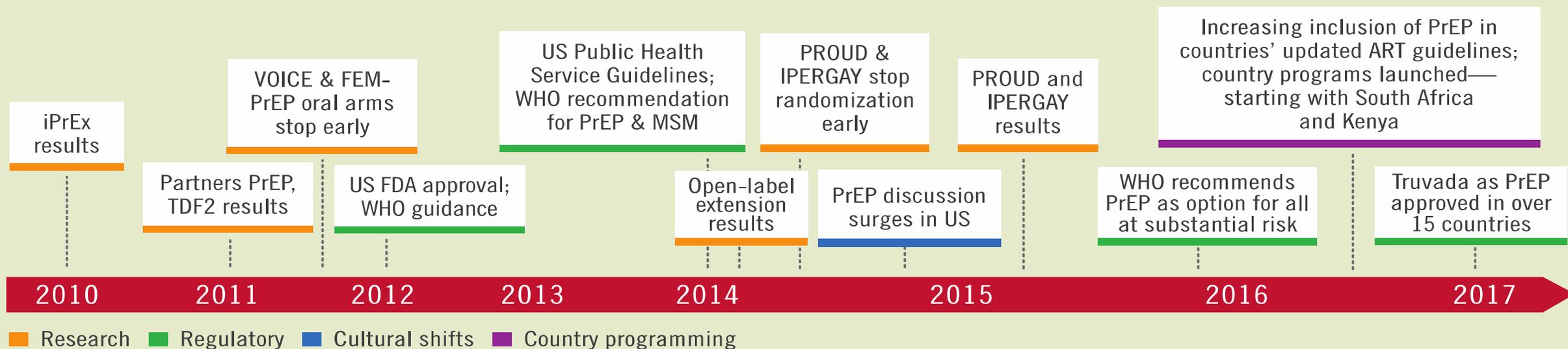
- HIV prevention (including PrEP) is critical to achieve epidemic control
- All PEPFAR countries will have PrEP targets in their 2019 COP
- Countries in SSA have faced many PrEP scale-up challenges including:
 - Funding for PrEP tablets and delivery
 - Insufficient facilities and/or providers trained or comfortable delivering PrEP
 - Insufficient demand creation and community awareness/support for PrEP
 - Difficulty identifying individuals at-risk
 - Poor continuation rates
 - Difficulty setting PrEP targets and monitoring PrEP delivery and outcomes
 - Meeting the specific needs of adolescent girls and young women (AGYW) and key populations (KPs)





Oral PrEP Experience

From Proof-of-Concept to Prevention Phenomenon

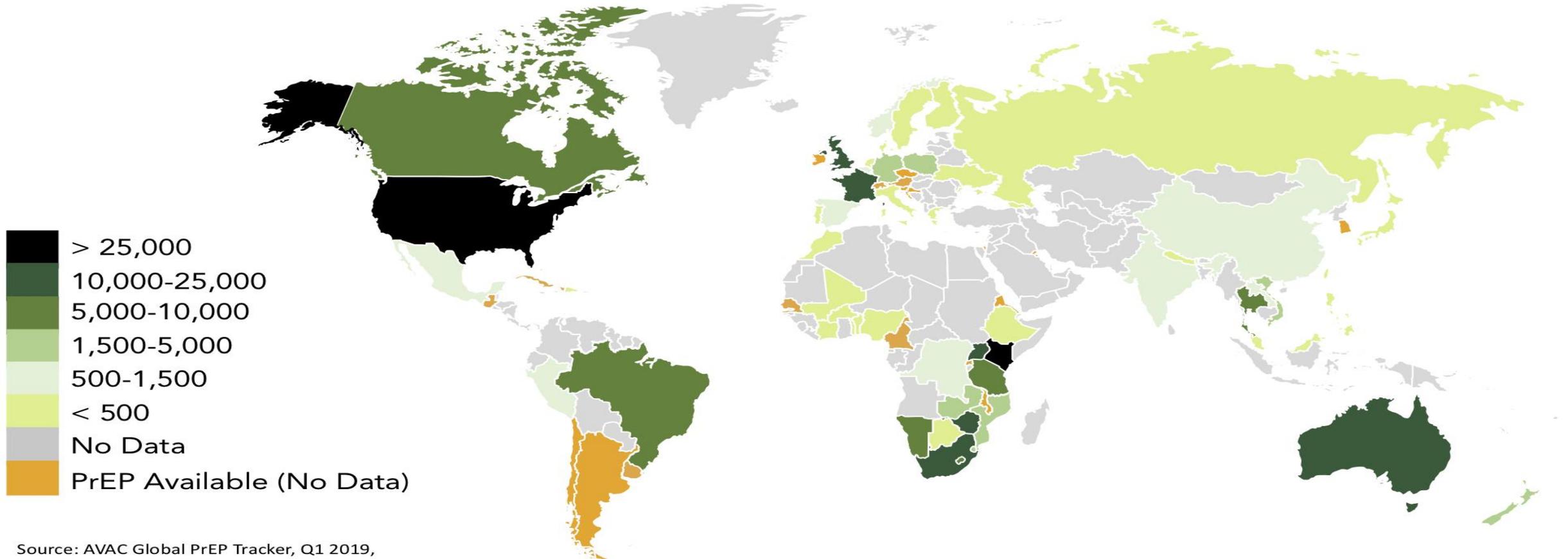


Has the global action on daily oral PrEP been as fast as possible? No. But there has been tremendous activity over the past five years. This timeline can be used to anticipate and speed action on the next generation of ARV-based prevention options. For the latest, visit www.avac.org/infographics.



Oral PrEP Initiations – 7 Years In

PrEP Initiations by Country, April 2019



Source: AVAC Global PrEP Tracker, Q1 2019,
<https://www.prepwatch.org/country-updates/>



PEPFAR

U.S. President's Emergency Plan for AIDS Relief

PEPFAR PrEP Implementation

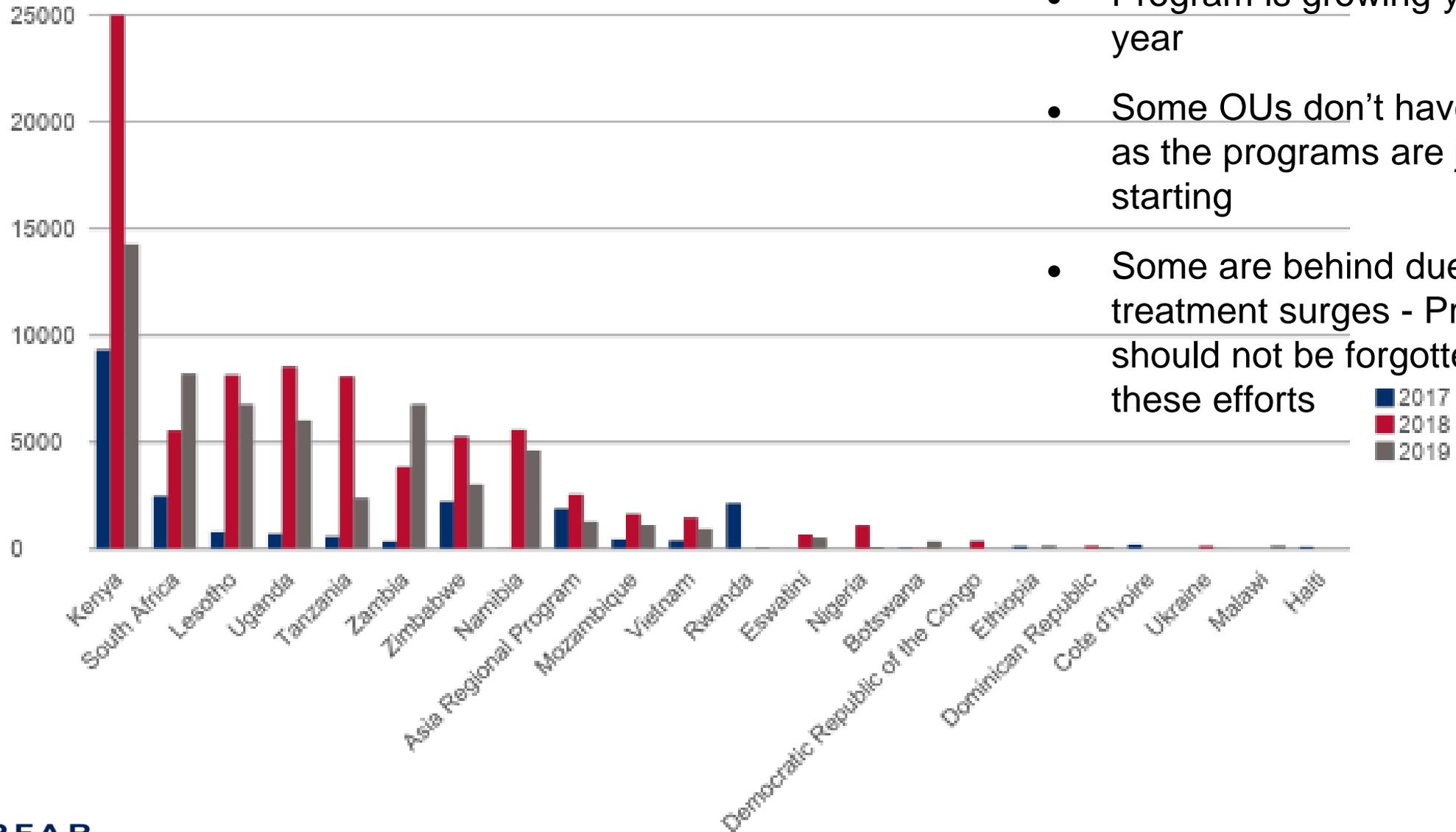
OPTIONS Learning Network
August 2019

PrEP is a rapidly expanding intervention

- In more than 20 PEPFAR countries and counting
- By March 2019 USAID had initiated 29,700 people on PrEP in COP18
- Challenges continue to include:
 - Restrictive policies in some settings
 - Lack of implementation of policies
 - Allocating resources for PrEP
 - Demand creation and general awareness of PrEP
 - Provider training



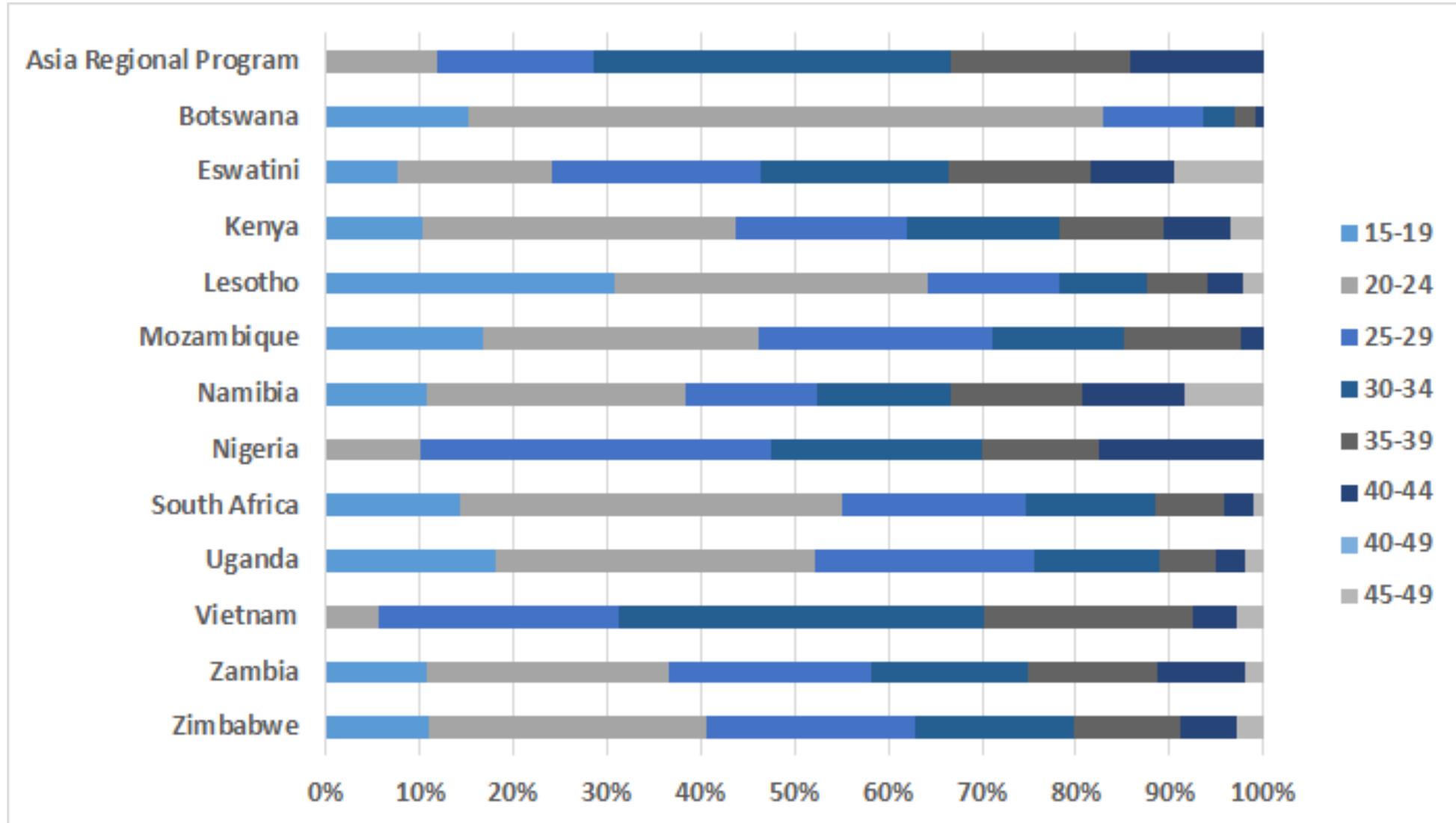
PEPFAR PrEP Results 2017-2019



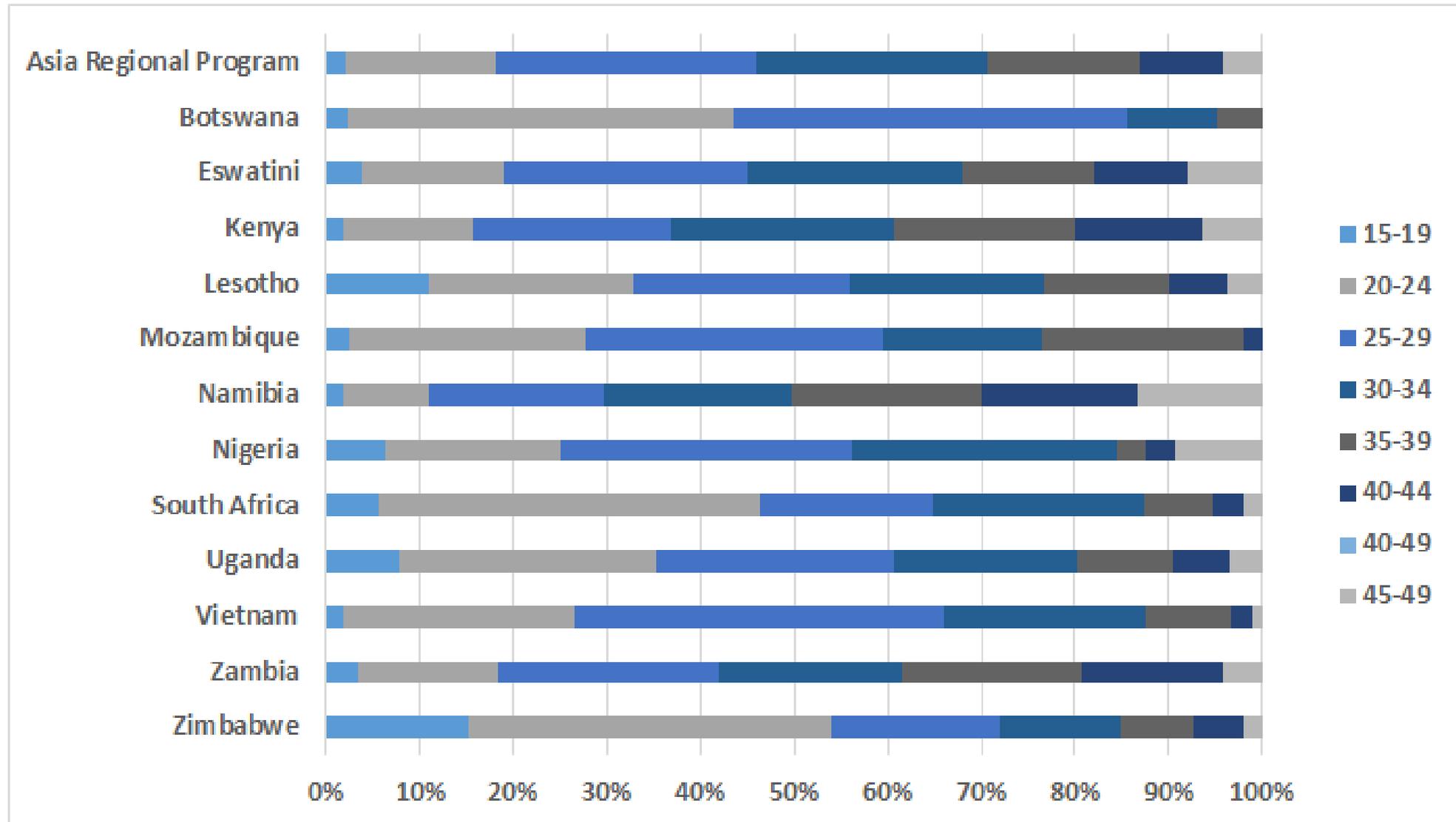
- Program is growing year over year
- Some OUs don't have results as the programs are just starting
- Some are behind due to treatment surges - PrEP should not be forgotten in these efforts

■ 2017
■ 2018
■ 2019

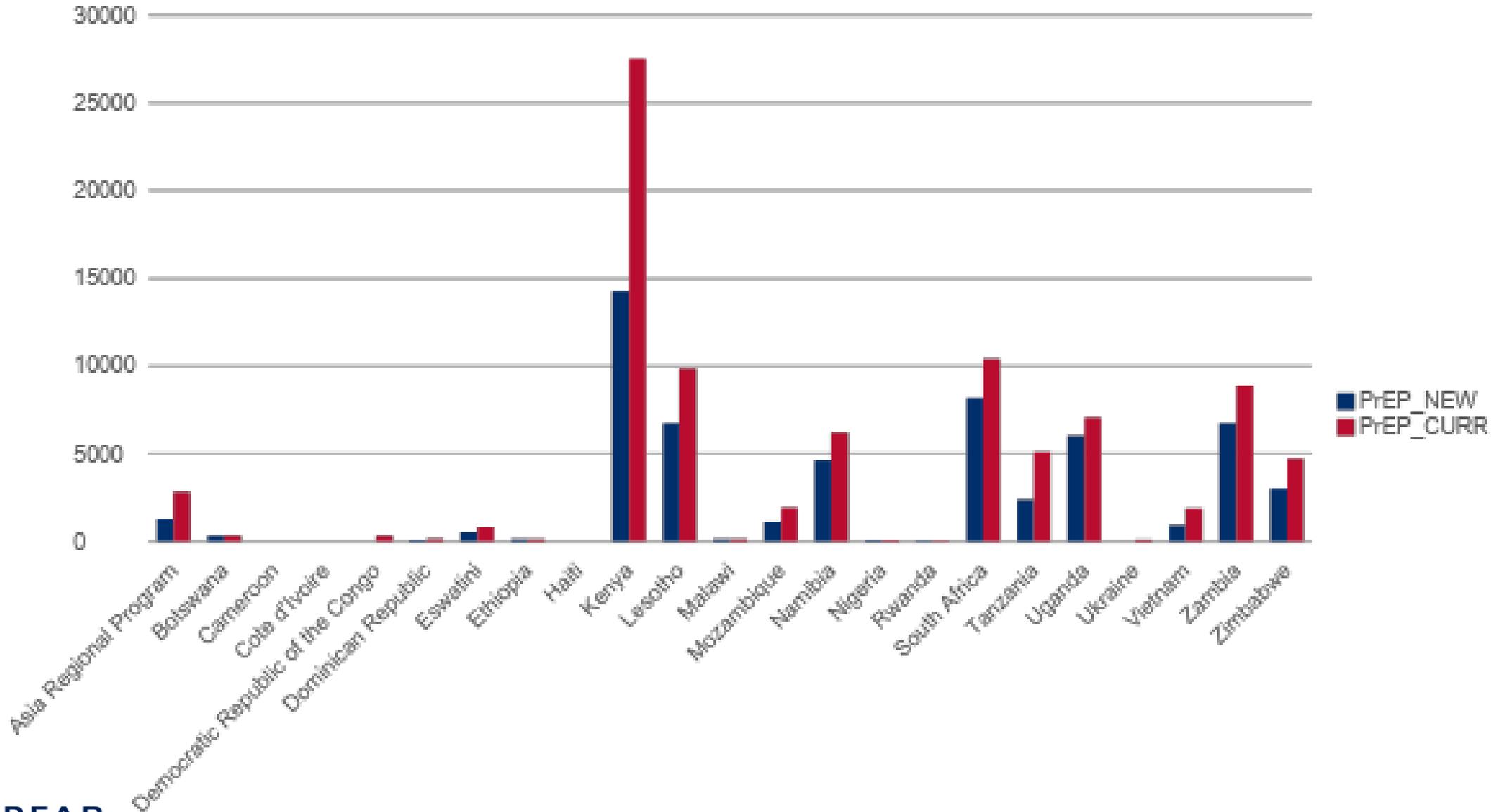
PrEP_NEW Q2 results, Women , by Age/sex and OU



PrEP_NEW Q2 results, Men, by Age/sex and OU



PEPFAR FY19 Q2 PrEP_NEW and PrEP_CURR results



A large, stylized red ribbon graphic is positioned on the left side of the slide, set against a dark blue background with a subtle, fine-grained texture. The ribbon is thick and forms a continuous loop.

Thank you!



Today's discussion: PrEP scale-up

Today's speakers

Definate Nhamo

Pangaea Zimbabwe AIDS Trust
(PZAT)
Zimbabwe

Tafadzwa Chakare

Jhpiego
Lesotho

Ben Brown

Anova Health Institute
South Africa

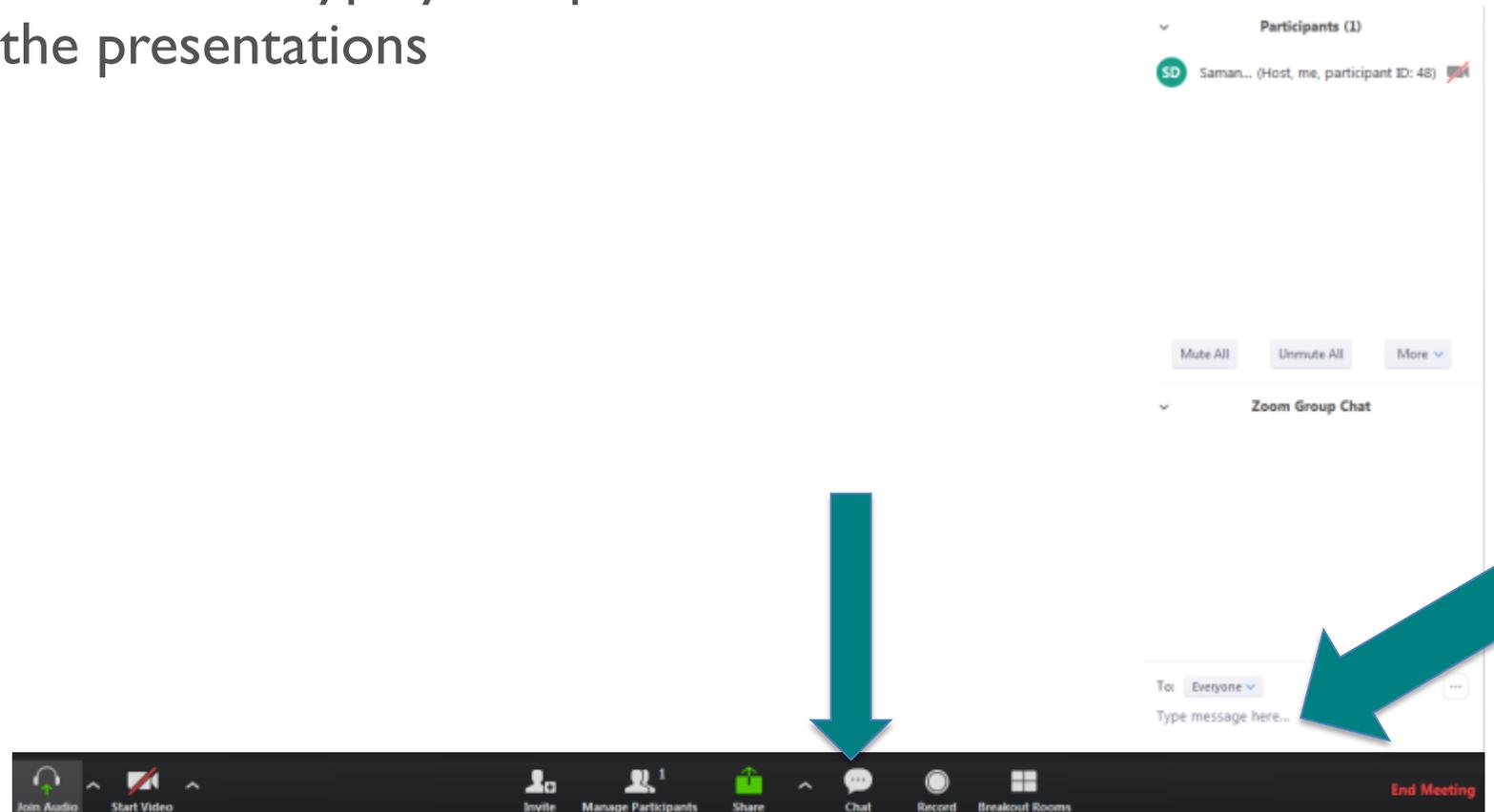
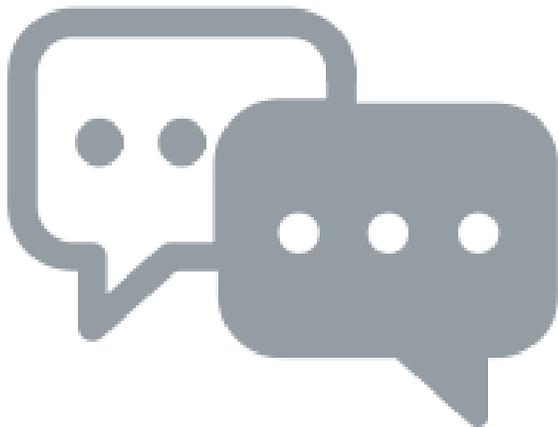
PrEP Scale-Up Experiences of Three Country Partners:

- PrEP **initiation and rollout trends**
- What has been **working well?**
- What has been **challenging?**
- What key **breakthroughs or insights learned** during rollout can you share with other implementing partners?



Use the “Chat” feature to ask questions!

There is dedicated Q&A at the end of each presentation—please feel free to ask questions during this time or type your questions into the chat box at any point during the presentations



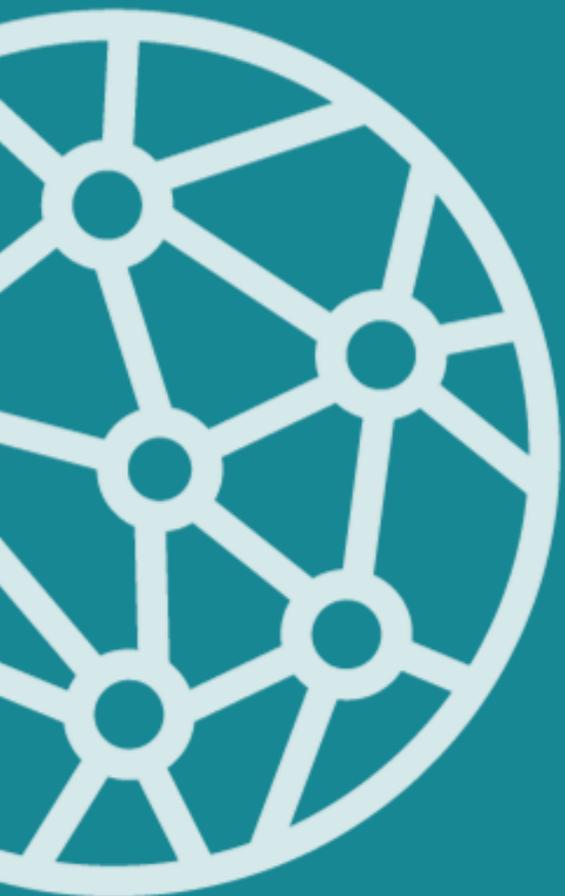
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PrEP Learning Network

*Definate Nhamo
Senior Program Manager
Pangaea Zimbabwe AIDS Trust (PZAT)
August 22, 2019*





PrEP Program in Zimbabwe

- PrEP delivery started with small demonstration studies (like DREAMS) in 2016
- National rollout started in 2017
- PrEP delivery coordinated through the PrEP TWG
- PrEP TWG convened by MoHCC
- PZAT secretariat
- PrEP TWG members include: The Mission, implementing partners, researchers, advocates, AGYW reps, KP reps
- TWG meets quarterly for updates, planning, developing strategic documents like PrEP implementation plan
- PrEP implementation plan was launched in July 2018





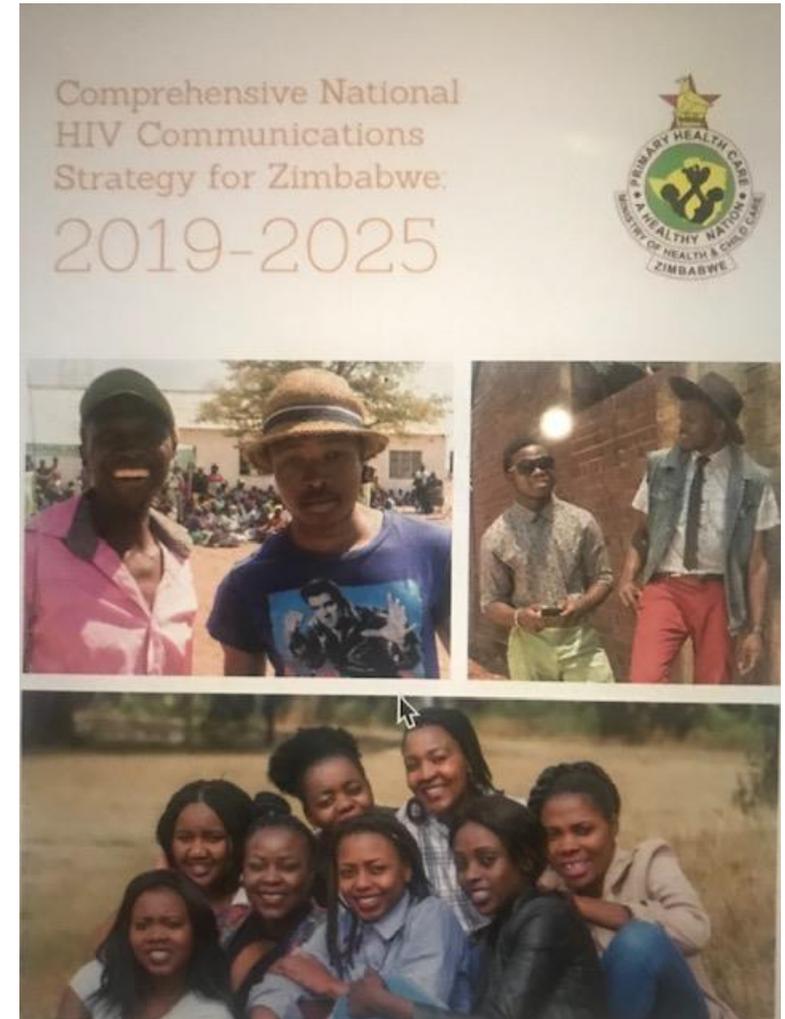
PrEP in numbers

- ~ 11 800 people ever initiated on PrEP as of May 2019
- ~ 37% AGYW
- ~ 74 facilities delivering PrEP
- ~ 5/10 of the provinces currently providing PrEP
- ~ 350 providers trained in PrEP delivery
- Average duration on PrEP for people initiated ~ 4 months



PrEP Successes

- High continuation rates at smaller, specialized sites for example the SHAZ! Hub (youth drop in centre)
- High numbers being initiated on PrEP
- Multi-sectoral approach
- MoHCC coordinating through the TWG
- Phased approach to scale up by geography and populations
- Costed the PrEP program
- Key findings: Provision of PrEP to KPs like AGYW is feasible and affordable
- Though initiation costs are lower, PrEP costs increase with low continuation rates
- Zimbabwe has a national communication strategy on HIV care, treatment and prevention (planned launch date – September 2019)





Challenges

Drug financing

- PrEP drugs mainly funded by PEPFAR and Global Fund

Implementation

- Understanding how the different target groups cycle on and off PrEP
- Understanding how long the different target groups are on PrEP
- Understanding PrEP differentiated models to improve efficiencies



Key lessons learned

- Developing and using strong M&E tools (RAST, facility readiness assessment)
- Define who should be prioritized by geography and target population
- Have a strong demand generation program
- Develop an implementation plan to drive PrEP implementation
- Invest in PrEP literacy to improve community support
- Invest in a baseline (In Zimbabwe – community dialogues) to develop appropriate implementation strategies
- Understand what providers know, gaps – to be addressed in training
- Strong follow up needed to attain high continuation rates



Thank you!

Definate Nhamo
dnhamo@pzat.org

Senior Programs Manager
Pangaea Zimbabwe AIDS Trust (PZAT)



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Early PrEP Implementation Experience- Jhpiego Lesotho

PrEP Learning Network

Tafadzwa Chakare

August 22, 2019

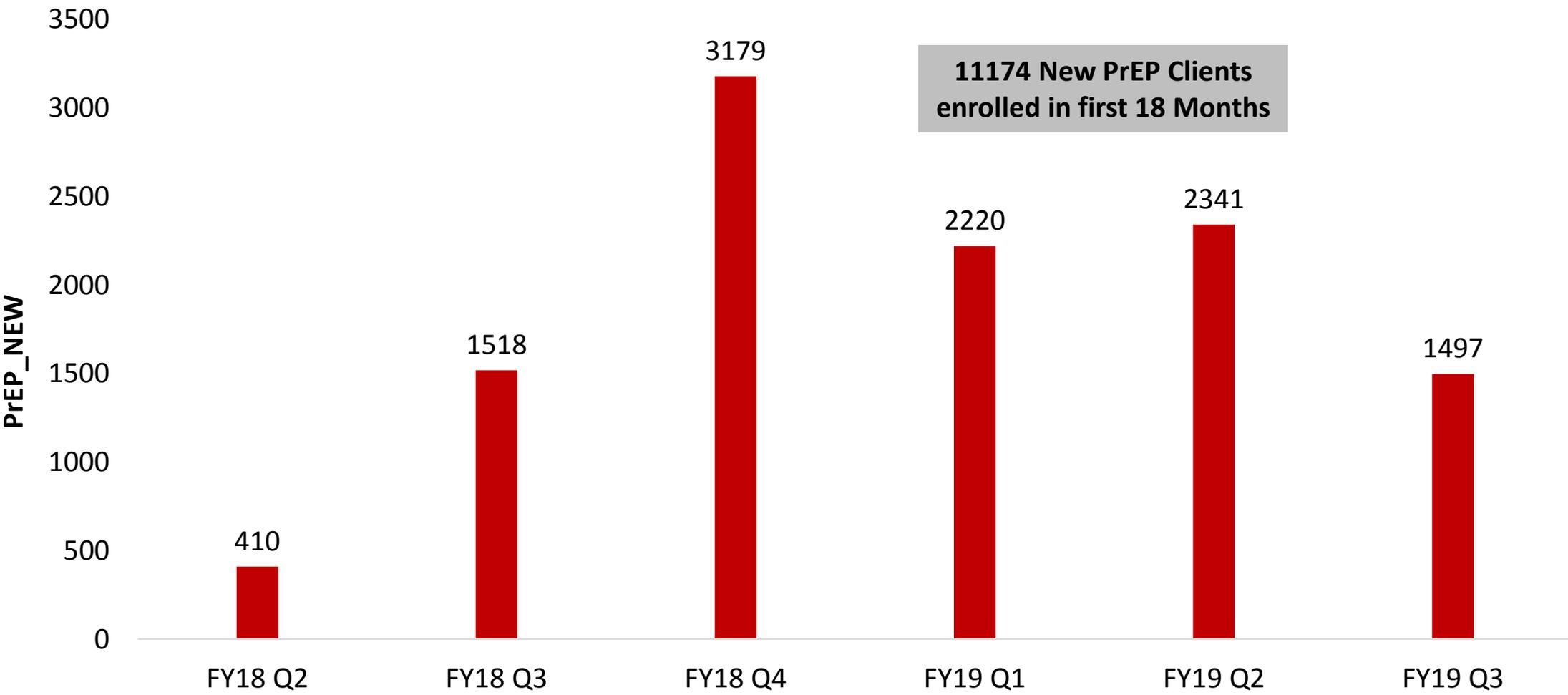
Johns Hopkins University Affiliate



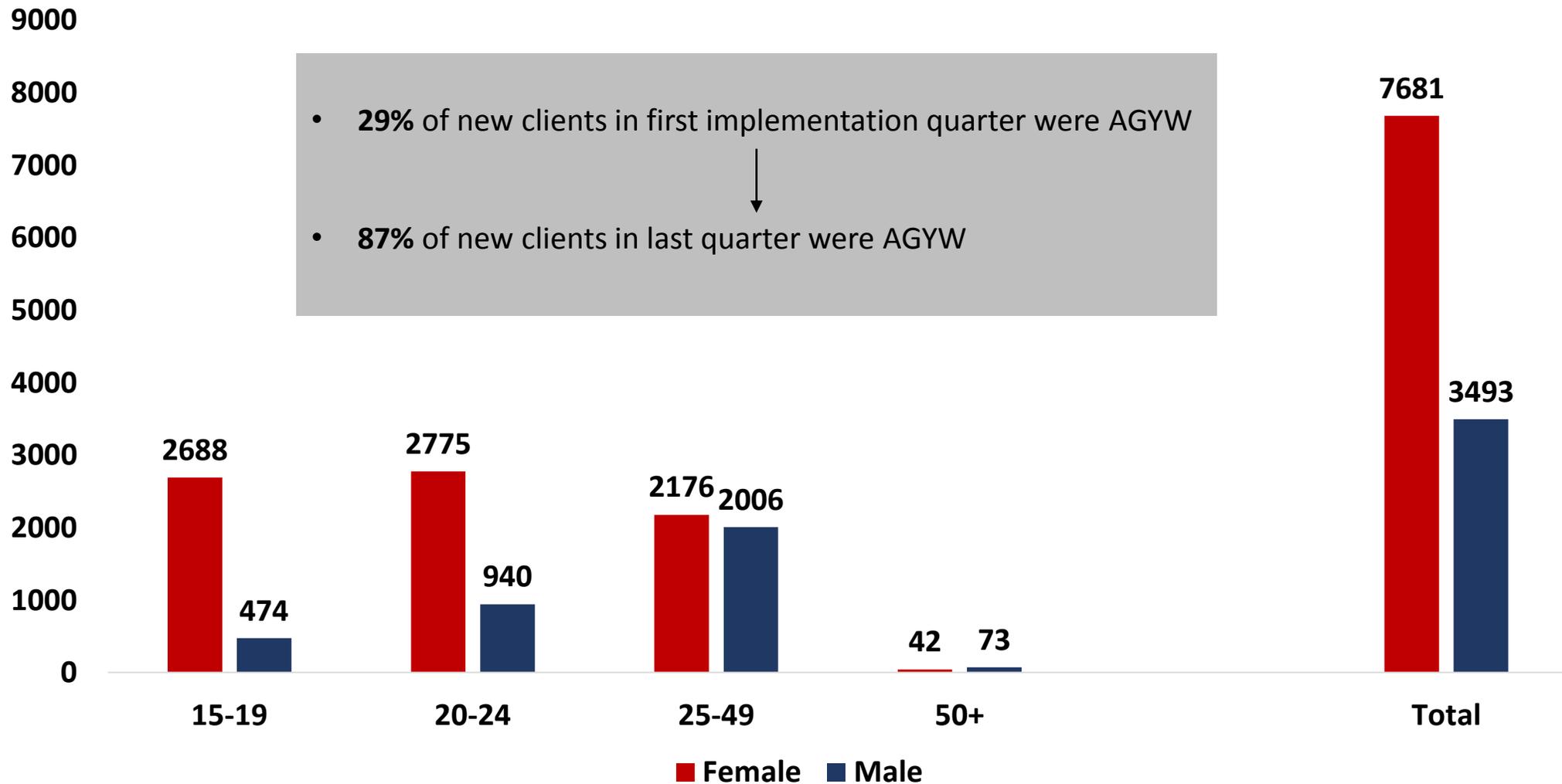
Community Based Pre-Exposure Prophylaxis (PrEP)



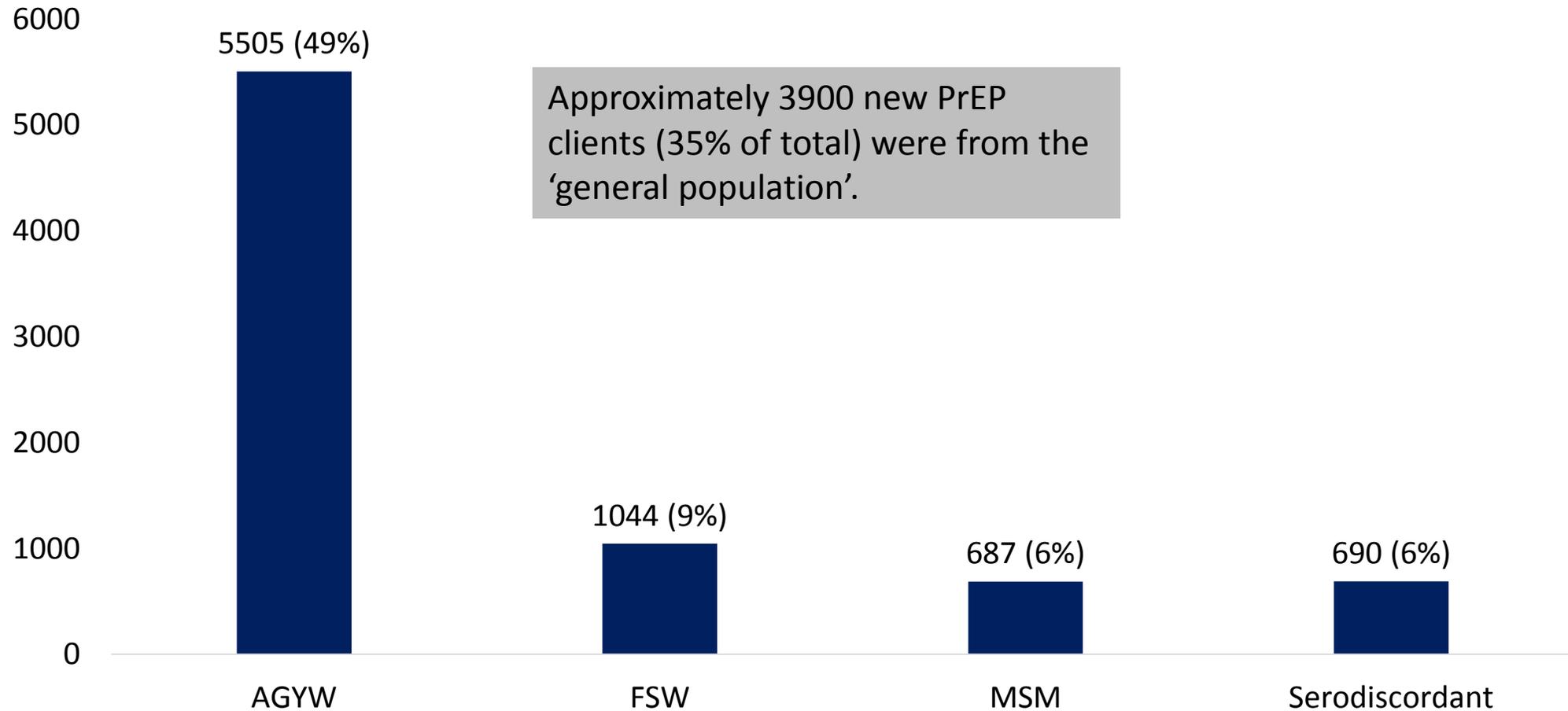
Initiated PrEP by FY/Q



Enrollment by Sex, Age (Jan 2018- June 2019)

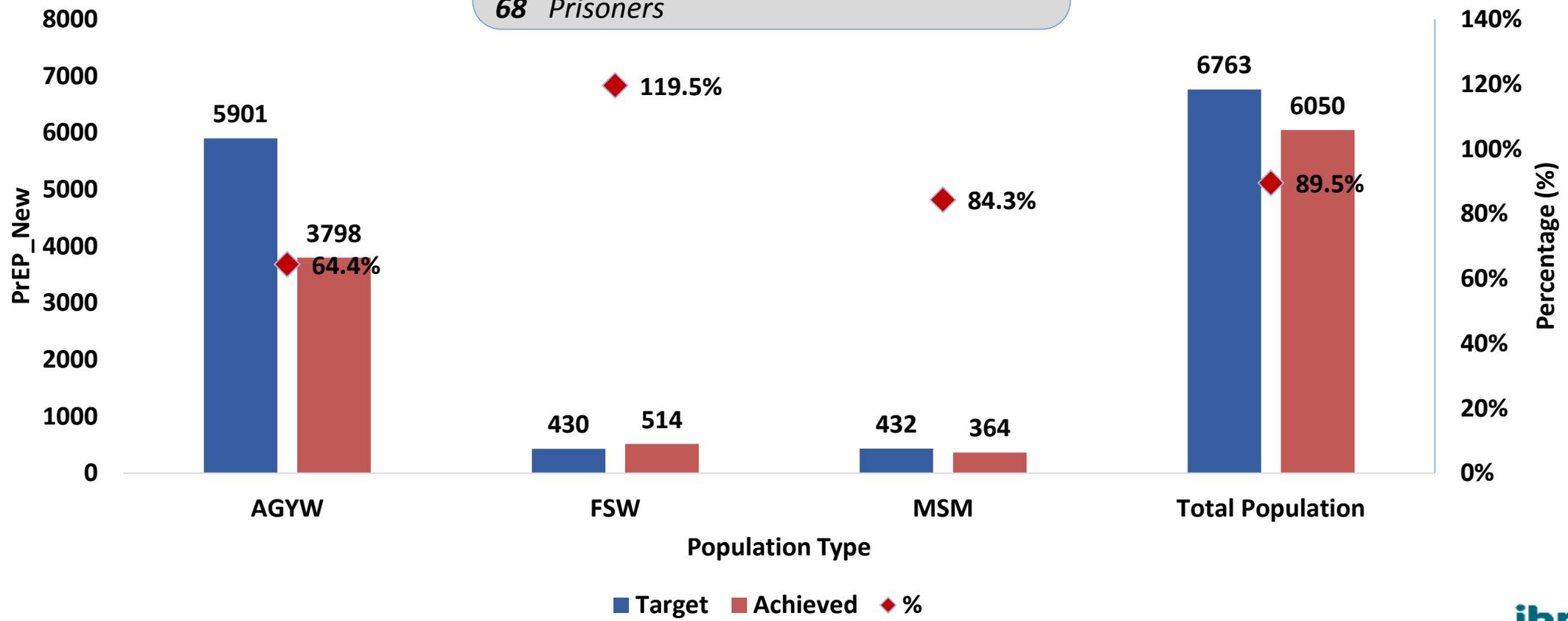


Enrollment by Population Group (Jan 2018- June 2019)

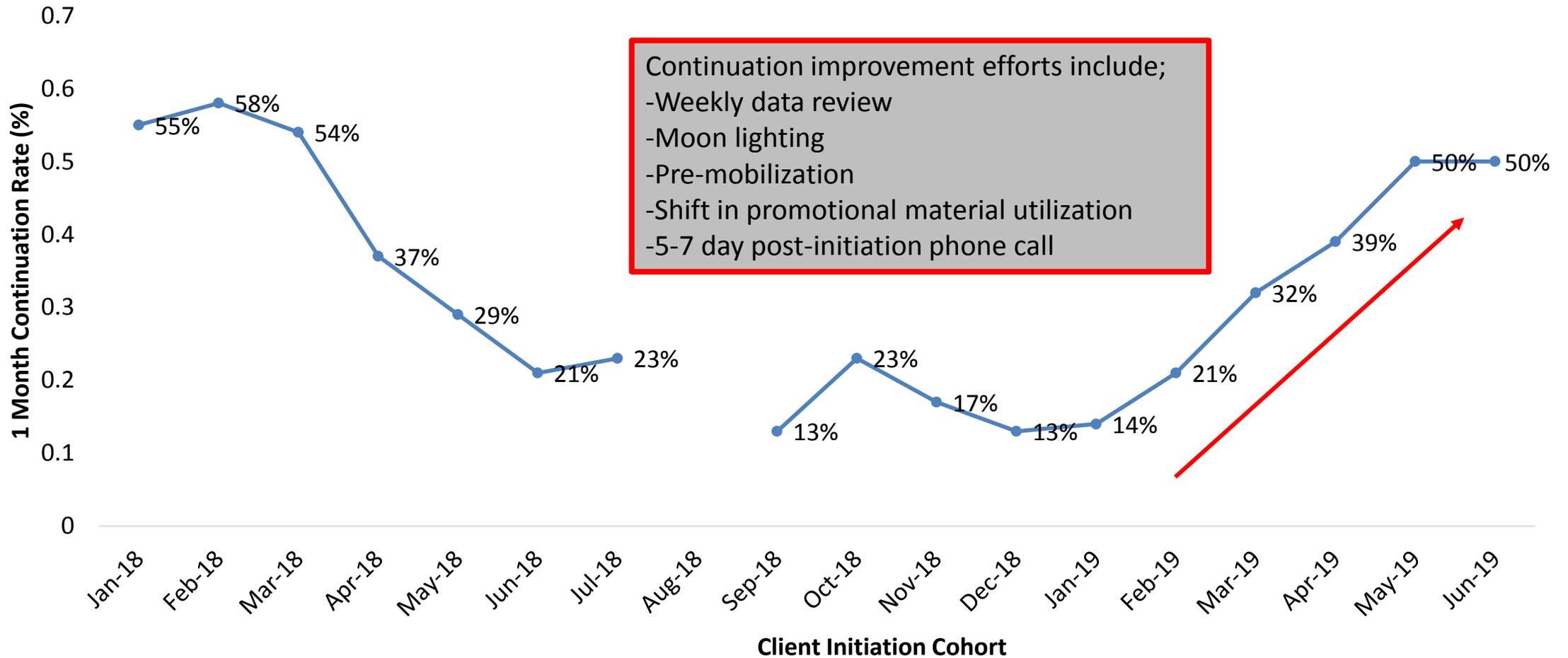


PrEP_New FY19 Performance vs Target (Through Q3)

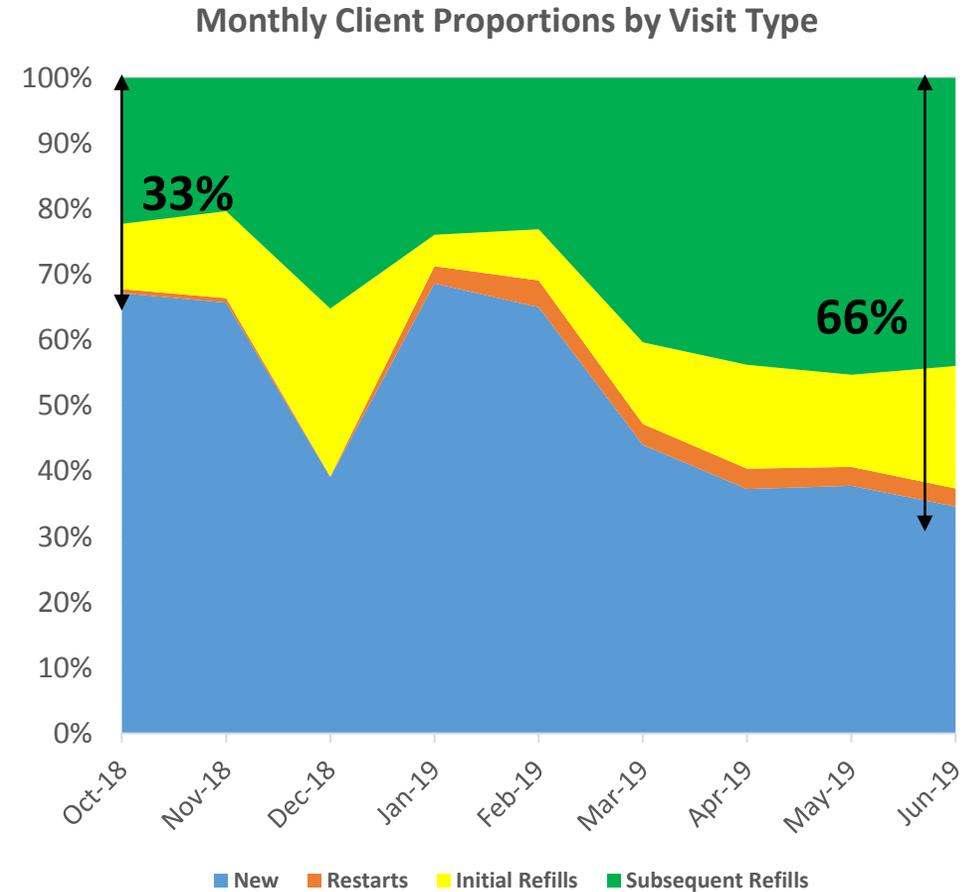
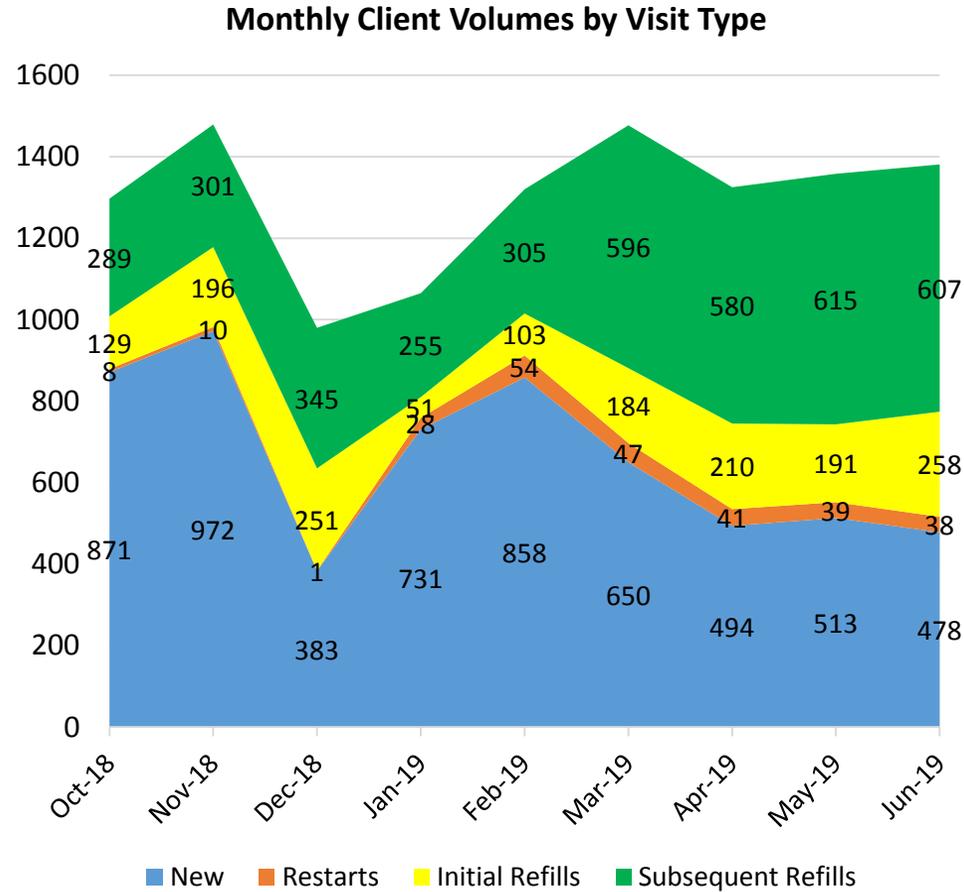
652 Serodiscordant Clients
62 Pregnant
164 Breastfeeding
68 Prisoners



One month continuation Trend

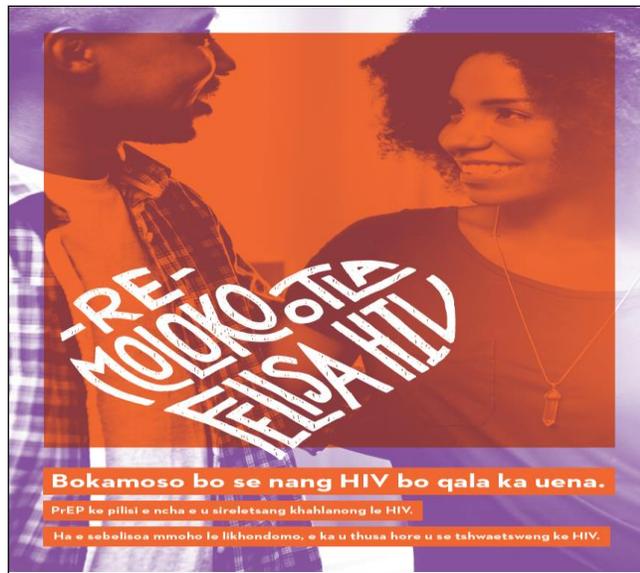


Proportion of Refill Visits up from 33% to 66% during FY19



Successes

- Proactive community demand creation
- User engagement- Human Centered Design to overcome accessibility and continuation challenges
- Established AGYW PrEP users club to reduce early discontinuation- *Generation Aspire*



Challenges

- Negative community and health provider attitudes
- Drug shortages
 - National Supply chain
 - Global TDF/3TC concern
- Lack of SRH integration
- ARV stigma
- Evolving PrEP myths;
 - “PrEP increases infection risk”
 - PrEP makes you gain weight- “appetite pill”
- Balancing service **convenience** and **sustainability**

Way Forward

- Possible transition to TDF/FTC
- Ready for 2+1+1 ?
- Community engagement through village health workers
- Innovative PrEP packaging to reduce stigma
- Advocate for increased **PrEP/SRH** integration to target
 - Pregnant women
 - Breastfeeding women
 - Contraceptive users
- Finalize data analysis for 'Optimizing PrEP in Lesotho' Study

PrEP for AGYW- Early Insights

- Parental engagement versus adolescent friendliness... finding the balance
- Blood taking may be a barrier
- Initial small scale FP integration suggests user concerns with co-administration of oral options and no continuation benefits
- Instant mobilization and initiation boosts enrollment but likely to result in early discontinuation
- Group support (including social media) is valuable for new AGYW PrEP users

QUESTIONS?



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PrEP Scale Up for MSM in South Africa: LINKAGES FY19 Progress and Lessons Learned

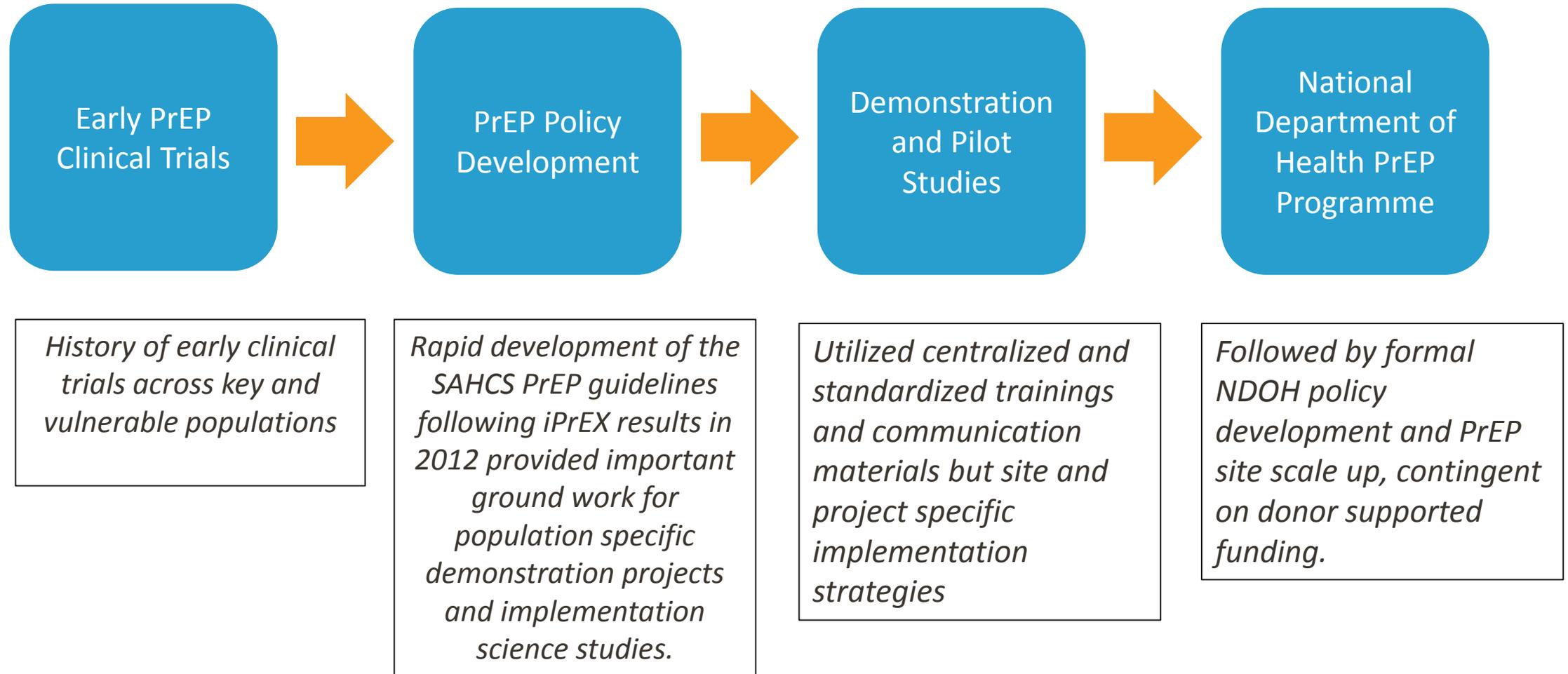
PrEP Learning Network Webinar
Ben Brown and Dawie Nel
22 August 2019





From Research to Scale Up: PrEP in South Africa

History of PrEP Roll Out in South Africa

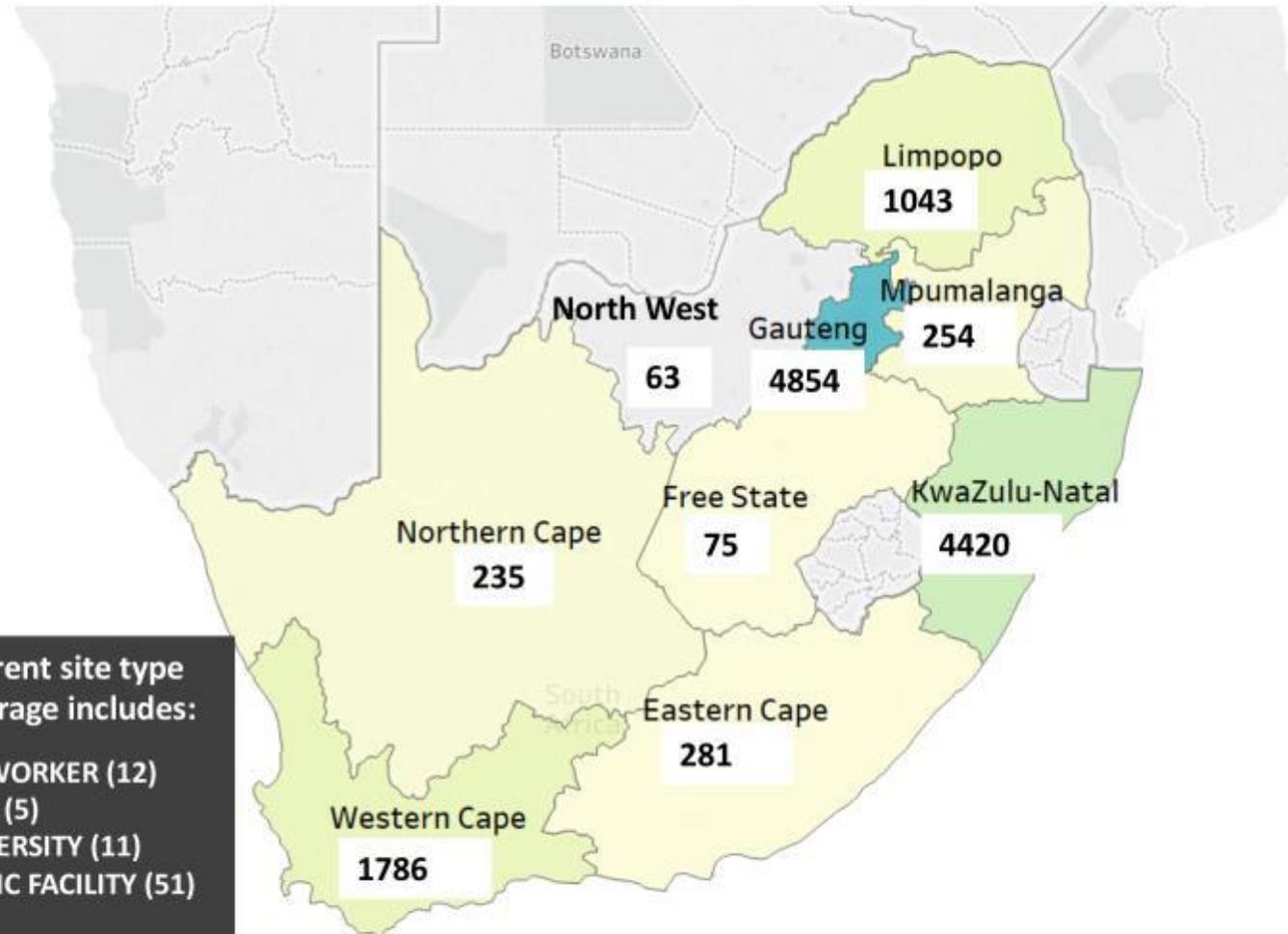


Current Oral PrEP Initiations: Geographic Distribution

June 2016 – January 2019

From
June 2016 –
January 2019

13 011
Took place at
82 SITES
across South
Africa



Current provincial coverage includes:

GAUTENG (20)
FREE STATE (2)
EASTERN CAPE (9)
KWAZULU-NATAL (31)
LIMPOPO (4)
MPUMALANGA (0)
NORTH West (2)
WESTERN CAPE (11)

Current site type coverage includes:

SEX WORKER (12)
MSM (5)
UNIVERSITY (11)
PUBLIC FACILITY (51)

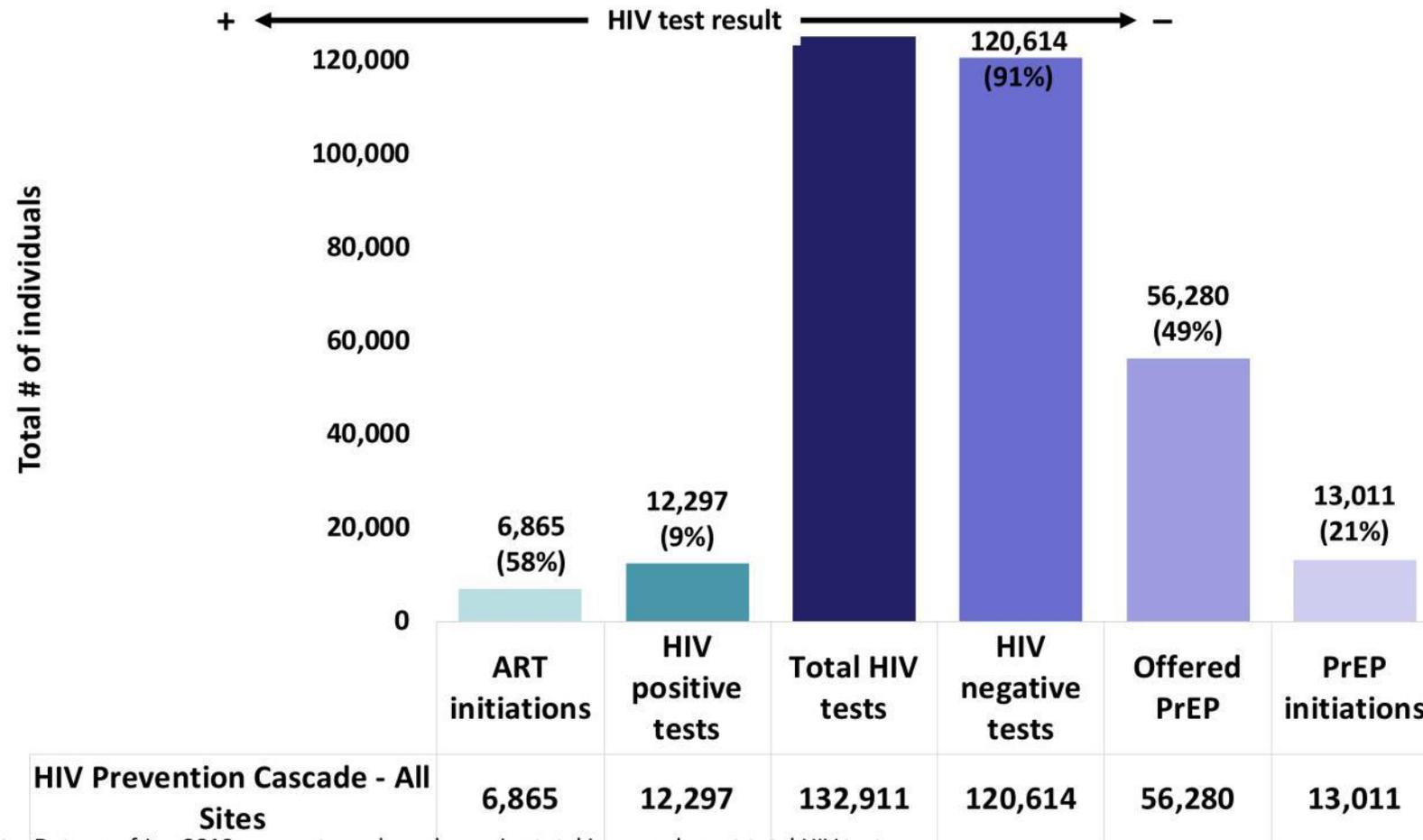
79 SITES CURRENTLY IMPLEMENTING

*Oral PrEP initiations by province
June 2016 – January 2019*

Oral PrEP Implementation

Prevention cascade | all sites

Across all oral PrEP implementing sites, **oral PrEP uptake** is **21%** of those who were offered PrEP, with **49%** of those who test negative being offered oral PrEP. Of the **9%** of all HIV positive tests, ART uptake was **58%**.



Note: Data as of Jan 2019; percentages based on prior total in cascade, not total HIV tests



LINKAGES MSM PrEP Scale Up

Current Progress: LINKAGES PrEP

- LINKAGES supported the expansion of existing PrEP services with an important focus on community-based service delivery
- Facility-based and mobile PrEP have been expanded in the Cape Metro Region and 7 regions in JHB, after initial regulatory delays.

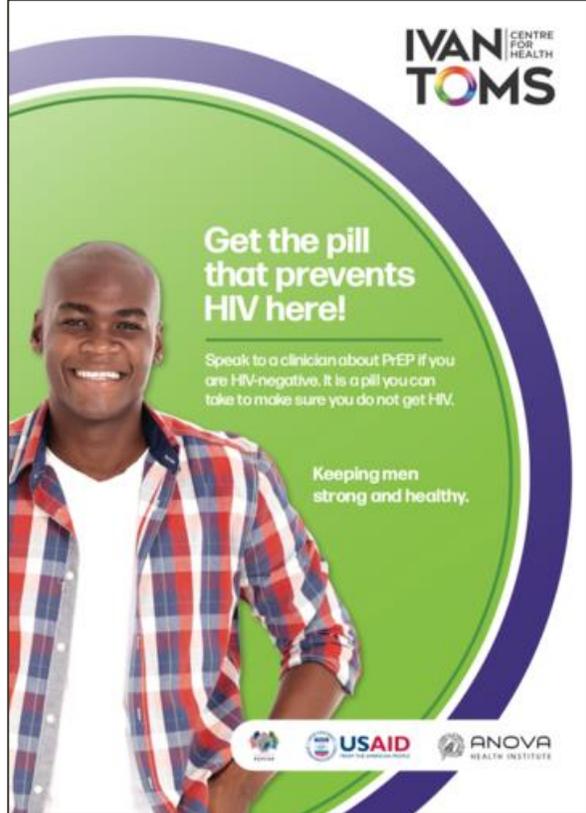


engage
men's health

men's sexual health services
Free!

- **HIV testing & counseling**
- **PrEP** (Daily pill to prevent HIV)
- **ART** (HIV treatment & management)
 - **Condoms & lube**

Call **010 500 0934**
engagemenshealth.org.za



IVAN TOMS
CENTRE FOR HEALTH

Get the pill that prevents HIV here!

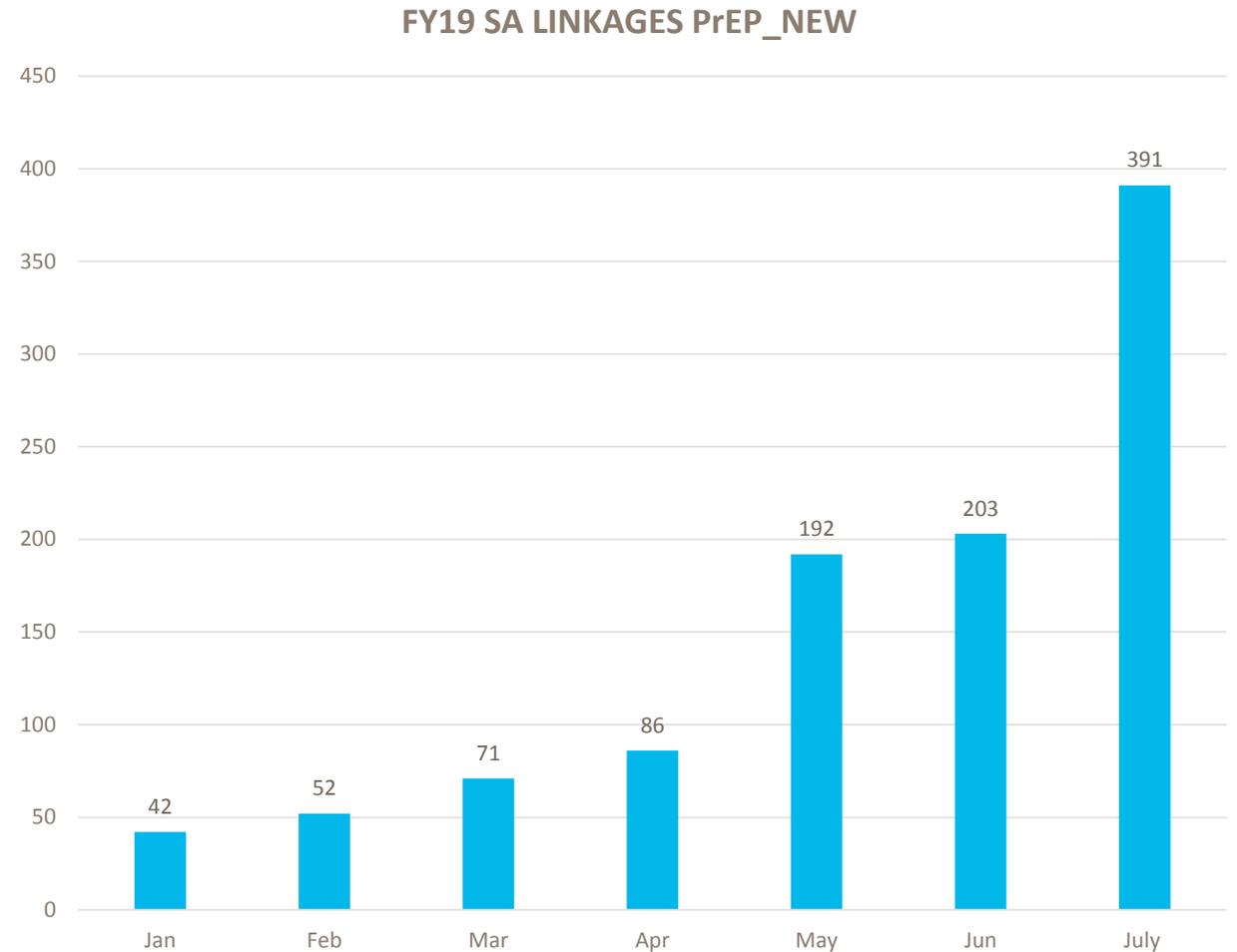
Speak to a clinician about PrEP if you are HIV-negative. It is a pill you can take to make sure you do not get HIV.

Keeping men strong and healthy.

USAID
ANOVA HEALTH INSTITUTE

Current Progress: LINKAGES PrEP

- PrEP at LINKAGES implementing sites has seen consistent monthly growth since Jan 19.
- Significant growth seen in Q2 following launch of EMH JHB services and expansion of mobile PrEP in Cape Town.



PrEP Implementation Considerations

- PrEP integrated into existing facilities vs. mobile deployments
 - Pros and Cons
 - Difference by population
 - Data and Client Management
- Utilization of social networks and EPOA for PrEP
 - Time, volume, costs
- Case Management for All PrEP Clients
 - PrEP initiation vs. Retention



Marketing Strategies and Considerations

- **De-medicalize PrEP.** Make it as simple as popping a daily vitamin pill. Clients need to understand PrEP.

IVAN TOMS CENTRE FOR HEALTH

PrEP FACTS

PrEP is **FREE!**
That's right. PrEP is **FREE**
at our clinics

Be PrEP pared

IVAN TOMS CENTRE FOR HEALTH

PrEP FACTS

PrEP puts you at ease
PrEP protects you from HIV,
no matter what you get up to
sexually, so you can relax

Be PrEP pared

IVAN TOMS CENTRE FOR HEALTH

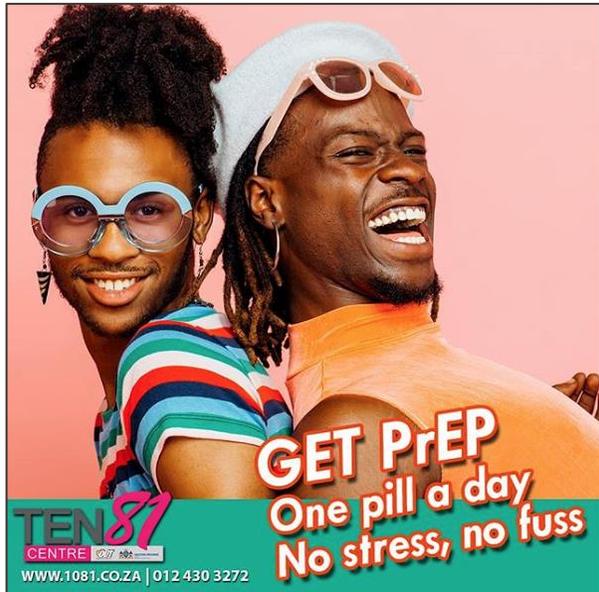
GET FREE PrEP

“Thanks to PrEP
we don't have to
worry about me
passing HIV onto
my boyfriend”

Be PrEP pared

Marketing Strategies and Considerations

- **Make PrEP pleasurable.** Consider linking Lifestyle approach linked with pleasure as a stimulus.



mambaonline • Follow
TEN81 Centre

mambaonline PrEP is the easiest form of HIV prevention. One pill. Once a day. No fuss. Just like taking your vitamins. Get it free from TEN81 in Pretoria (call 012 430 3272).

mambaonline #PrEP #hiv #hivprevention #onepill #endAIDS #stopHIV #selfcare #protectyourself

12 likes
1 DAY AGO

Add a comment...

TEN81 CENTRE
WWW.1081.CO.ZA | 012 430 3272



The perfect Valentine's month gift

PrEP is a daily pill that protects you from HIV. What better gift can you give to yourself and your lover (or lovers)?

Get it free from TEN81 in Pretoria.

mambaonline • Follow
TEN81 Centre

mambaonline PrEP is a daily pill that protects you from HIV. What better gift can you give to yourself, your partner or lover (or lovers)? Get PrEP FREE from TEN81 in Pretoria. Call them on 066 190 5812 for an appointment.

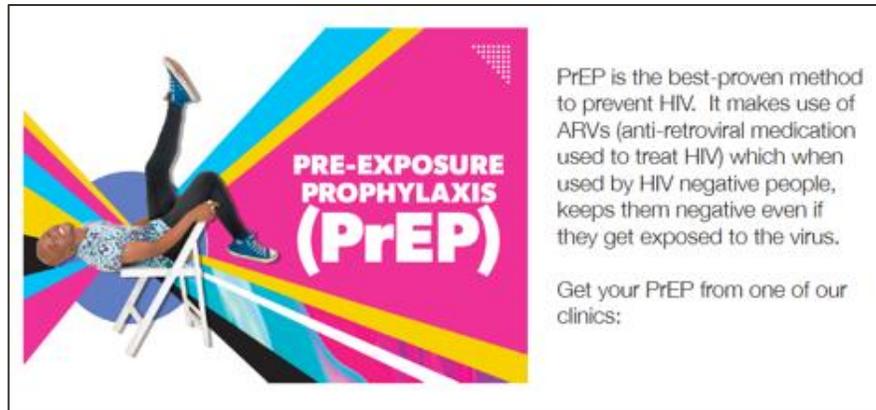
10 likes
FEBRUARY 7

Add a comment...

TEN81 CENTRE
WWW.1081.CO.ZA | 066 190 5812

Marketing Strategies and Considerations

- **Avoid PrEP stigma.** Population specific approaches can harm large scale role out, as can comparisons to other prevention strategies.



Marketing Strategies and Considerations

- **Remember the “why”.** Clients may be realistically pursuing PrEP because other options may not be working or right for them.



Lessons for New or Early PrEP Sites

- **Consider Scale Early.** So consider scale even from day one of your pilot project and consider how rapidly you can expand while maintaining quality. Not a large influx so need scale to achieve targets. PrEP can easily be integrated into existing services.
- **Communicate Realistically.** Messaging materials, don't shy away from the realities of using PrEP, do not under sell it, address stigma from day 1. Broader messages for general population, most important education is during initiation.
- **PrEP may be once-off for some.** Maybe you will only see your PrEP client once. That is okay, not all PrEP users will take PrEP long-term. Your follow up data will not be perfect. We are still learning about PrEP retention.
- **Programmes must reflect real life.** We can't control everything. Provide PrEP in a way that works for clients life, do not expect clients to conform to your programme. Programmes can not adapt research practices, must fit into standard clinical procedures.
- **Potential PrEP users are everywhere.** PrEP awareness may be low, PrEP should be offered to all as standard (meaningfully). Are we reaching those in need? Do they understand their need?



Thank you!

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Q&A



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Upcoming sessions: Save the date!

AUG
22

SEP
12

SEP
26

Up next: Identifying PrEP continuation challenges and approaches to support success

Speakers:

- Daniel Were, Jhpiego/Jilinde
- Gwendoline Chapwanya, PZAT/SHAZ!HUB
- Jason Reed (Jhpiego) and Jessica Rodrigues (AVAC)

Coming soon:

Using mass media to increase PrEP awareness and uptake

*Implementing partners from three different organizations will share recent **behavior change strategies** including **human-centered design and mass media approaches**.*

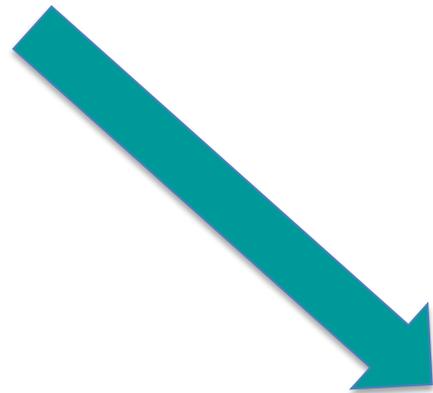
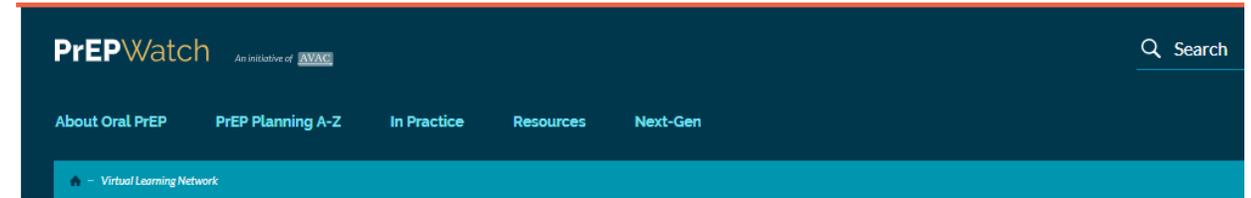
Upcoming Sessions

- **October 10th**: Demand Creation—Interpersonal Communication
- **October 24th**: Provider Training and Values Clarification
- **November 14th**: Target Setting and Costing:
- **January 23rd**: Continuation and Effective Use Interventions
- **February 27th**: PrEP for Pregnant and Breastfeeding Women
- **March 26th**: PrEP Integration with STI/FP/MCH services
- **April 23rd**: Topics to be determined
- **May 28th**: Topics to be determined



Go to PrEPWatch for additional resources

- Webinars will be **recorded** and loaded onto PrEPWatch for you to access at a later date
- **Additional resources** that are complementary will also be included on PrEPWatch—including related research articles, tools and more to dive deeper into specific topics
- Registration for **upcoming webinars** can also be found on PrEPWatch



Virtual Learning Network

The PrEP Learning Network, hosted by OPTIONS, EpiC and RISE, provides national and sub-national ministries, implementing partners, community-based organizations (CBOs), and others working with PrEP around the world with the tools and resources, best practices, and opportunities to learn from others to help to advance PrEP scale-up.

Its monthly webinar series features presentations from experts in specific content areas, lessons learned and insights shared from implementing partners and government ministries, and new tools or research on specific topics related to PrEP scale-up, ranging from demand creation to continuation.

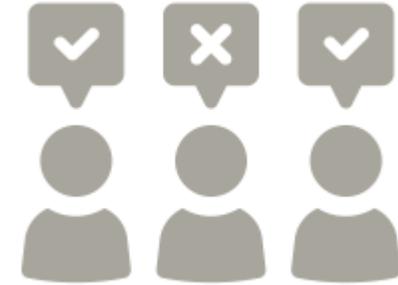
The following pages include links to register for upcoming PrEP Learning Network webinars, watch previously recorded webinars and access complementary resources, research and tools on webinar topics.

Webinars

- PrEP Learning Network Launch Session
During this first webinar session, implementing partners from three countries (Lesotho, Zimbabwe, and

Poll:

What did you think of
today's session?





Thank you!



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