

OPTIONS

OPTIMIZING PREVENTION TECHNOLOGY INTRODUCTION ON SCHEDULE

Helping countries move from PrEP potential to PrEP impact

WHO WE ARE

OPTIONS is one of five microbicide projects funded by USAID, in partnership with PEPFAR, working to accelerate and sustain access to antiretroviral-based HIV prevention products, also known as PrEP.

WHAT WE DO

OPTIONS works to help countries move from PrEP potential to PrEP impact, so adolescent girls and young women (AGYW) have HIV prevention options that meet their needs. Educating AGYW about oral PrEP and building their skills is critical to meaningfully engage them in the effective implementation of PrEP programs.

About the OPTIONS HIV Prevention Ambassador Training Package

The OPTIONS HIV Prevention Ambassador Training Package provides comprehensive information about oral PrEP as an HIV prevention option for AGYW. Community-based organizations, non-governmental organizations, ministries of health, and PrEP implementers can use the package to train AGYW to become HIV Prevention Ambassadors.

Through interactive activities, discussion, and action planning, the training prepares Ambassadors to share information with their peers about oral PrEP as part of combination HIV prevention. Ambassadors also gain skills to support their peers who are interested in using PrEP and to build community support for AGYW using oral PrEP. For any Ambassadors who have not been previously trained on sexual and reproductive health and rights, the training also includes foundational sessions on sexual and reproductive health, human rights, gender, violence, and HIV transmission. Part or all of the training package can be easily incorporated into existing trainings for AGYW.

The training prepares ambassadors to conduct a range of activities such as raising awareness about oral PrEP through radio interviews, social media, community meetings, and peer interactions; connecting peers to oral PrEP services and other HIV services; and creating support groups for PrEP users. They can also implement the training – or selected portions of it – with their peers.



Package Contents

1 FACILITATOR PREPARATION 2 TRAINING MANUAL

Suggestions for developing an ambassador program and selecting ambassadors.

Facilitation tips to prepare the facilitator to implement the training manual.

Oral PrEP sessions – using a journey map, AGYW explore how they can support their peers in deciding to use oral PrEP, getting oral PrEP, taking and staying on oral PrEP, and telling others about it.

Foundational sessions – covering sexual and reproductive health, human rights, gender, violence, and HIV.

Skills building sessions – through practical activities, AGYW build skills in awareness raising, peer support, and action planning.

Removing Barriers to Oral PrEP



3 AMBASSADOR TOOLKIT

Colorful, 1-page handouts and worksheets in a booklet format that AGYW can use in community discussion, peer support, and other activities.

Now available in English, Kiswahili, and Shona.



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