Provider Training Package:

EFFECTIVE DELIVERY OF
ORAL PRE-EXPOSURE PROPHYLAXIS
FOR ADOLESCENT GIRLS AND YOUNG WOMEN

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PrEP Learning Network Regional Workshop

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Presentation Outline

• Background
• Development process
• Training objectives
• Scope
• Structure
• Other available training packages
• Conclusion
Background

• AGYW are a priority group for the provision of oral PrEP
  • None of the existing training materials, had been specifically designed for the provision of PrEP to AGYW

• Package developed to build the capacity of front line providers to deliver quality, client-centered, integrated oral PrEP and HIV prevention services to AGYW

• Providers undergoing this training would already have been trained in the process of providing HIV services in general

• The package has been developed for both clinical and non-clinical staff gearing up for PrEP provision

Source: Options Provider Training
Training package development process

Adaptation

- Adapted from various packages:
  - Southern African HIV Clinicians Society PrEP Training Package
  - WHO package
  - Local AGYW and PrEP country experience and resources

Field testing

Kenya:
- OPTIONS Country Team: LVCT experienced health providers in PrEP with AGYW

Zimbabwe: Mazowe District, Zimbabwe – health providers new to AGYW and PrEP

South Africa: POWER AGYW PrEP Study and Adolescent Innovation Project Youth Friendly Clinic – experienced and new providers

Reviews and feedback:
- OPTIONS leadership
- USAID
- FHI 360

Incorporated recommendations from Provider KAP surveys
Training objectives

- Understand key components of youth-friendly SRH and combination HIV prevention service delivery, including oral PrEP services.
- Understand which AGYW are most likely to benefit from oral PrEP.
- Be familiar with specific country guidelines and protocols.
- Identify entry points and opportunities for discussing and offering oral PrEP.
- Understand the management of oral PrEP for AGYW.
- Identify ways to provide youth-friendly oral PrEP adherence and counselling support.
- Understand the range of specific knowledge, attitudes, and skills required to provide oral PrEP to AGYW.
- Raise awareness of own values and how these may influence communication with clients (both positively and negatively).
Scope: 7 modules

Module 1: Introduction to oral PrEP
- Oral PrEP: the basics
- What is combination prevention?
- How effective is oral PrEP?
- What are the differences among PrEP, PEP, and ART?
- Overview of country-specific guidelines

Module 2: The provision of oral PrEP in the context of AGYW
- Why oral PrEP for AGYW?
- Adolescence: a dynamic time of change and transition
- Providing oral PrEP in the context of adolescent-friendly services
- Checking in with ourselves: our personal views and values about AGYW and PrEP
- Unpacking youth-friendly services

Module 3: Important factors to consider when providing oral PrEP to AGYW
- Combination prevention: related services and entry points to PrEP
- Gathering the evidence: what have we learned about oral PrEP and AGYW?

Module 4: Oral PrEP provision for AGYW: getting started
- Generating demand: reaching AGYW
- Risk assessments
- Addressing myths, misconceptions, and fears
- Factors influencing decisions to initiate or stay on oral PrEP
- Key issues to discuss with AGYW in relation to PrEP

Module 5: Monitoring, follow-up, and adherence support for AGYW on oral PrEP
- Promoting adherence and retention for AGYW using oral PrEP
- Frequently asked questions

Module 6: Wrapping up
- Key take-home messages
- Resources for providing oral PrEP to AGYW

Module 7: Addendum: Initiation and clinical management of oral PrEP
- AGYW should follow the same procedures for initiation, follow-up, and maintenance as adults. This has been provided as an optional module.
# Attachments

<table>
<thead>
<tr>
<th>Attachment</th>
<th>Title</th>
<th>Brief description</th>
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<tbody>
<tr>
<td>1</td>
<td>Introduction to the OPTIONS AGYW Training Package</td>
<td>• Overview of purpose, facilitation methodology, structure, guidance for use, and links</td>
</tr>
<tr>
<td>2</td>
<td>Act Like a Man, Act Like a Woman</td>
<td>• Explores gender roles and gender norms, and the impact thereof on SRH and HIV</td>
</tr>
<tr>
<td>3</td>
<td>Exploring our Values</td>
<td>• Sensitisation activities to explore values, attitudes and how these impact on service provision</td>
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<tr>
<td>4</td>
<td>HIV Self-Perceptions of Risk and Attitudes toward AGYW</td>
<td>• Provides guidance on exploring risk with AGYW, doing a risk assessment and risk reduction counselling</td>
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<tr>
<td>5</td>
<td>Tips for Conducting a Risk Assessment</td>
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<tr>
<td>6</td>
<td>Frequently Asked Questions (and Answers)</td>
<td>• Q &amp; A for frequently asked questions to dispel myths, and clarify misconceptions</td>
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<tr>
<td>7a, b</td>
<td>A variety of case scenarios for discussion, with notes for facilitators to guide discussion and answers.</td>
<td>• A range of case scenarios to reinforce application of learning</td>
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Key themes and methodology

• Introduction to oral PrEP: the basics about PrEP; difference between PEP, ART and PrEP; who is PrEP intended for

• Key needs and issues faced by AGYW

• PrEP in the context of combination prevention

• Adolescent and youth friendly services – from both a client and health care provider perspective
  – Values clarification

• What we know about PrEP and AGYW? Building on research and experience

• Oral PrEP provision for AGYW
  – Clinical management of PrEP
  – Communicating with AGYW about risk, myths, and misconceptions
  – Initiation, monitoring, and follow-up of AGYW on PrEP
  – Supporting adherence
Digging deeper: an example

• We speak of *adolescent girls* and *young women* – what are the similarities and differences?
• In your experience – what typically characterises “adolescents” and “youth” - what are stereotypes, assumptions, and commonly held assumptions?
  – Which factors may be potential barriers to effective PrEP use?
  – Which factors are strengths and opportunities for PrEP use?

Thinking about AGYW and PrEP ...
# Key learnings from implementation

<table>
<thead>
<tr>
<th>Adaptation to local context</th>
<th>Integration</th>
<th>Reviews and updates</th>
<th>Post training support and mentorship</th>
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<tbody>
<tr>
<td>• Package should be adapted to fit the needs of the country, participants and available time</td>
<td>• PrEP for AGYW should be integrated into a framework that includes HIV and SRH services; youth friendly and youth sensitive services; quality health care and rights</td>
<td>• PrEP use is an evolving area</td>
<td>• Follow up support, supervision and mentorship</td>
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<td>• highlighted to add/adapt to country-specific information</td>
<td></td>
<td>• Package will require updating as new information regarding PrEP arises and implementation experiences accumulate</td>
<td>• Review implementation experiences and support to address challenges</td>
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Experiences from Zimbabwe

• Ministry of Health developed a standard comprehensive, integrated HIV prevention, care, treatment and support training package
  • Delivered through blended platforms
• PrEP training delivered as part of the integrated package as well as a standalone training in line with national PrEP Implementation Plan
• AGYW modules integrated into standard training package
  • Team of trainers reviewed package and adapted to local context
• Capacity building approach includes training of national and provincial trainers who cascade trainings to districts and facilities
Other training resources on PrEP

ICAP PrEP Implementation Training Package
- Aims to equip health care providers with the knowledge and skills necessary to provide quality PrEP services

PrEP Training Curriculum in Southern Africa
- Provides a comprehensive library of slides available to countries and partners to utilize and adapt for quality training and presentation

WHO Training Materials
- A series of modules to planning and implementation of oral PrEP for a variety of stakeholders including clinical; community educators and advocates; counsellors; leaders; pharmacists; monitoring and evaluation; regulatory officials; site planning; strategic planning; testing providers; PrEP users; adolescents and young adults

LVCT Health Kenya Training Curriculum
- Aims to equip providers with skills around stereotyping, stigma and discrimination towards adolescent girls and young women and female sex workers
Acknowledgements

- OPTIONS team members


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WHO Implementation Tool for Pre-Exposure Prophylaxis (PrEP) of HIV Infection
Online Learning Resource Package

PrEP Learning Network Regional Workshop
Jason Reed, Jhpiego (Jason.reed@jhpiego.org)
November 11, 2019
What is the PrEP eLearning Tool for Clinicians?

• Training tool for clinicians that is self-paced and interactive via the internet; free to everyone
• Aligned specifically with content from the **WHO Implementation Tool for PrEP of HIV**, Clinical Module
• Divided into 4 lessons, each taking approximately 45-60 mins
• Includes interactive, engaging visuals and narration accessible from computer and smart phones with internet access and audio
How is the PrEP eLearning Tool Structured?

- Course Overview
- Pre-test
- **Lesson 1**: Identifying Suitable PrEP Candidates
- **Lesson 2**: Starting and Managing PrEP (exact title of abbreviated description)
- **Lesson 3**: Special Situations Arising in Clients (exact title of abbreviated description)
- **Lesson 4**: Counseling and Effectiveness and Safety, and Avoiding Stigma (exact title of abbreviated description)
- Post-Test
- Certificate of Completion

Each Lesson Includes:
- Technical content
- Knowledge checks interspersed
- Quiz at the end
Lesson 1: Determining Eligibility

ORAL PRE-EXPOSURE PROPHYLAXIS (PrEP)
eLearning Tool for Clinicians

LESSON 1:
Identifying Suitable Candidates for Oral PrEP Use

2019  Estimated Duration: 1 hour, 10 minutes

BEGIN LESSON
Lesson 2: Initiating clients on PrEP
Lesson 3: Special Clinical Situations

ORAL PRE-EXPOSURE PROPHYLAXIS (PrEP)
eLearning Tool for Clinicians

LESSON 3:
PrEP Special Situations

2019  Estimated Duration: 40 minutes

BEGIN LESSON

World Health Organization
jhpiego
Lesson 4: Counseling Clients/Avoiding Stigma

• Counseling clients on PrEP safety (double check these bullet points for match with verbiage of the Lesson objectives by Margo)
• Counseling clients on PrEP effectiveness
• Reducing stigma for clients

www.hivoralprep.org/courses/clinician
Training Tool Complemented by App

www.hivoralprep.org
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www.hivoralprep.org
Additional Details & Stay Tuned

- Online options for clinicians to provide feedback on content and functionality
- Aggregate performance to be monitored for problematic knowledge check and quiz questions
- Technical updates based upon user feedback and WHO updates in late 2019 and mid-2020
- English version available now at: www.hivoralprep.org
- Spanish version in development with plans for other translations
- Dissemination plans underway in coordination with WHO and PAHO to inform health ministries and programs of resources

www.hivoralprep.org