

# West Africa PrEP Learning Network Session #1 – Getting Started with PrEP Rollout

FHI 360 | Afton Bloom | LVCT Health | PZAT

---

**CHOICE** Collaboration for HIV Prevention Options to Control the Epidemic

JULY 2020



# Panelists

- Katie Schwartz, FHI 360
- Neeraja Bhavaraju, Afton Bloom
- Definate Nhamo, Pangaea Zimbabwe AIDS Trust, Zimbabwe
- Patriciah Jeckonia, LVCT Health, Kenya

# Agenda

Time	Topic
10 min	Introduction to CHOICE and the Learning Network
5 min	Framing Key Topics
20 min	Introductions from LVCT Health (Kenya) and PZAT (Zimbabwe)
45 min	Q&A and Discussion
10 min	Wrap-up and Survey

# Introduction to CHOICE

CHOICE is an 18-month collaboration funded by USAID in partnership with PEPFAR through two central mechanisms: Meeting Targets and Maintaining Epidemic Control (EpiC) and Reaching Impact, Saturation, and Epidemic Control (RISE).

The goal of this collaboration is to address technical gaps and support national scale-up of antiretroviral-based HIV prevention products in PEPFAR countries through catalytic evidence generation, translation and research utilization.

*CHOICE is led by FHI 360 and Jhpiego, in partnership with Afton Bloom, Avenir Health, LVCT Health and PZAT*

# West Africa Regional PrEP Learning Network



To learn more about the Network visit <https://www.prepwatch.org/in-practice/west-africa-prep-learning-network/>

For questions or thoughts on the Network email [WestAfrica@PrEPNetwork.org](mailto:WestAfrica@PrEPNetwork.org)

The screenshot shows the PrEP Watch website. The header includes the PrEP Watch logo and a search bar. The navigation menu has links for 'About PrEP', 'PrEP Planning A-Z', 'In Practice', 'Resources', and 'Next-Gen'. The current page is 'In Practice - West Africa Regional PrEP Learning Network'. The main content area features the title 'West Africa Regional PrEP Learning Network' and a paragraph describing the network's purpose: 'The West Africa Regional PrEP Learning Network, hosted by CHOICE, provides national and sub-national ministries, implementing partners, community-based organizations, and others working with PrEP across West Africa with the tools and resources, best practices and opportunities to learn from others to help advance PrEP rollout and scale-up.' Below this is another paragraph: 'The goal of the Learning Network is to specifically engage the countries of Nigeria, Cote d'Ivoire, Mali, Ghana, Cameroon, Democratic Republic of the Congo, Togo, Liberia, Angola and Burundi to share experience and cover topics that help meet their current PrEP planning and programming needs. This monthly webinar series features presentations from experts in specific content areas, lessons learned and insights shared from implementing partners and government ministries, and new tools or research on specific topics related to PrEP scale-up, ranging from demand creation to continuation.'

# Key topics for this webinar series

## Oral PrEP Introduction Framework



### PLANNING & BUDGETING

National and subnational plans include oral PrEP and guidelines are established to support access to PrEP via priority delivery channels



### SUPPLY CHAIN MANAGEMENT

Oral PrEP is regularly available in sufficient quantity to meet projected demand via priority delivery channels



### PrEP DELIVERY PLATFORMS

Oral PrEP is delivered by trained healthcare workers across diverse delivery channels that effectively reach target end users



### UPTAKE & EFFECTIVE USE

End users are aware of oral PrEP and have the support, motivation, and ability to seek out, initiate, and effectively use PrEP during periods of HIV risk



### MONITORING

Oral PrEP is effectively integrated into national, subnational, program, and facility monitoring systems and ongoing research supports learning



# Introduction Kenya

# Why did policymakers in Kenya feel PrEP was an important part of the HIV prevention response?



- High new HIV infections of >77,000 in 2015
- The 2014 Kenya AIDS Strategic Framework and the 2014 Kenya HIV Prevention Revolution Roadmap set a target of reducing new HIV infections by 75% by 2020
- Pre-exposure prophylaxis (PrEP) (in combination with other HIV prevention and treatment interventions) is proven to reduce new HIV infections by over 90%
- Kenya failing to meet UNAIDS prevention targets by 2020 despite increasing access to existing HIV prevention tools – need for more options
- Mathematical modelling of Kenyan data provided evidence that combinations of HIV prevention methods, including PrEP, could maximize effectiveness of the national prevention response



# How did Kenya introduce PrEP?



- In December 2015, the Kenya Pharmacy and Poisons Board approved TDF/FTC for use as oral PrEP
- In 2016, the National AIDS and STI Control Program (NAS COP), led a participatory process reviewing scientific evidence generated from clinical trials and demonstration projects to inform development of national guidelines
- Decision made to provide PrEP to those who are at substantial ongoing risk of HIV infection
- Following inclusion of PrEP in national ARV guidelines, the Ministry of Health set-up a PrEP Technical Working Group (TWG) in October 2016, chaired by NAS COP with a mandate to provide strategic direction and oversight for the implementation of PrEP in Kenya (met often initially)
- TWG engaged communities (SDC, AYP, KP) in PrEP planning
- Developed a national scale-up plan with targets and operational mechanisms to guide implementation by all PrEP stakeholders
- Conducted facility assessments to prepare for scale-up

# How has Kenya scaled-up PrEP since 2016?

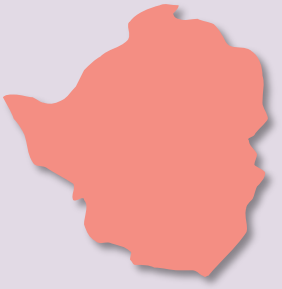


- In May 2017, the Kenya PrEP Implementation Framework prioritized 9 counties with high HIV prevalence and new infections
- Conducted demand creation campaigns on mainstream media and trained media staff
- Targeted demand creation among high risk populations
- Developed training curriculum and PrEP Toolkit for healthcare providers. Trained Master Trainers and County Trainers to cascade training to facility- and community-level service providers
- Developed data collection and reporting tools for PrEP
- Integrated PrEP into existing national ARV commodities quantification, procurement and distribution system
- PrEP is now available in 1,994 facilities (public and private) in the country across all 47 counties. More than 58,000 ever initiated on PrEP



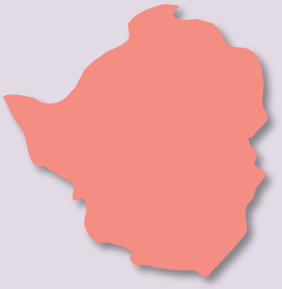
# Introduction Zimbabwe

# Why did policymakers in Zimbabwe feel PrEP was an important part of the HIV prevention response?



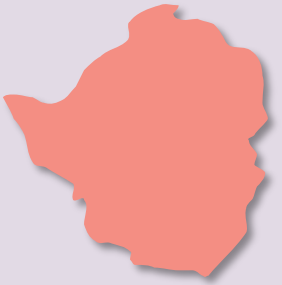
- Natural process of adaptation of global guidance
- An adaptation committee is always in place to adapt global guidance
- HIV incidence is quite high – 0.47%
- Need to reduce the rate of new infections
- Increase HIV prevention options

# How did Zimbabwe introduce PrEP?



- There is a broader adaptation committee in place
- PrEP specific TWG was formed
- TWG composition is very important (Policy makers, WHO, MCAZ, Researchers, Advocates, CSOs, AGYW)
- Guideline development
- Implementation plan
- Development of IEC materials

# How has Zimbabwe scaled-up PrEP since 2016?



Zimbabwe had a phased approach to scale up:

- Central/Provincial
- District
- Clinic level
- Populations
  - ✓ FSW
  - ✓ AGYW
  - ✓ KPs
  - ✓ Serodiscordant couples



# Discussion

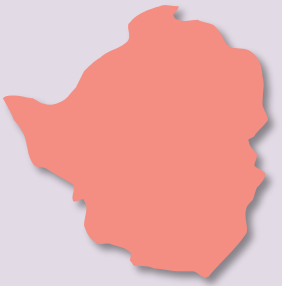
# Key stakeholders



- Ministry of Health- NASCOP, NACC, National HIV Reference Lab
- County Health Governments
- KEMSA
- Pharmacy and Poisons Board
- Development partners
- Implementing partners
- Community based organizations/groups
- Research institutions and academics, for example: KEMRI
- Media



# Key stakeholders

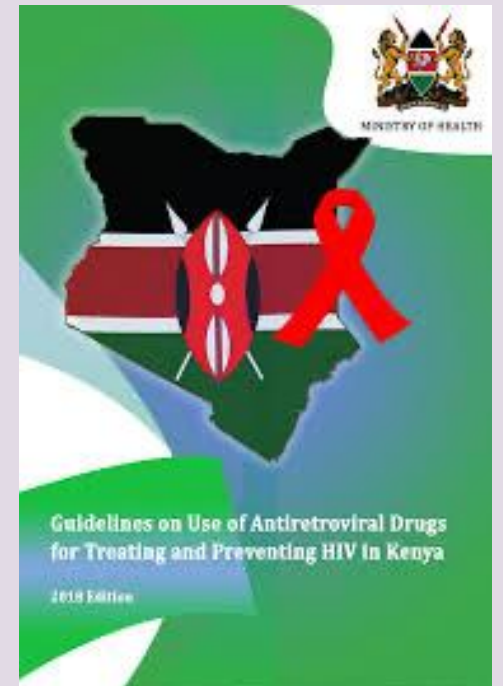


*Engagement was mainly through the TWG with the main players being:*

- MoHCC
- CSO
- Researchers
- AGYW
- WHO
- Advocates
- Funders
- UN agencies

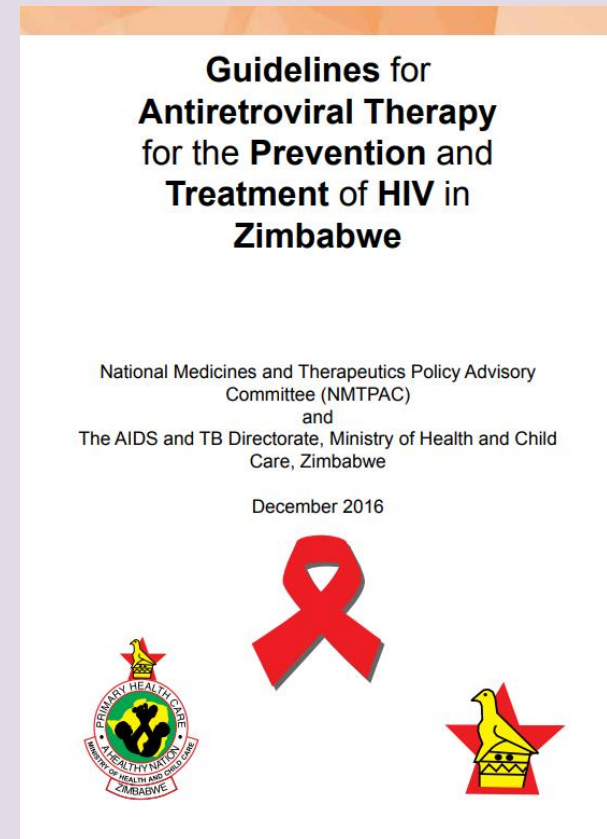
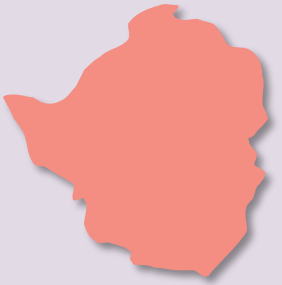
# Clinical guidelines

- Eligibility criteria
- Mandatory tests pre-enrollment on PrEP
- Approach(es) to take for training of human resources involved in PrEP delivery, who would prescribe PrEP
- Monitoring and evaluation - tools and indicators
- Research questions relevant to PrEP rollout in Kenya
- Adequate financing for PrEP



# Clinical guidelines

- Decisions on who could deliver PrEP based on medicines being ARVs
- All HCPs delivering PrEP had to have some prior ART training
- Frequency of visits informed by WHO implementation guidance and experiences from clinical trials and demonstration studies
- HIV test – required
- Creatinine test – recommended
- Creatinine test for those 50+ and comorbid - required



# Implementation plan



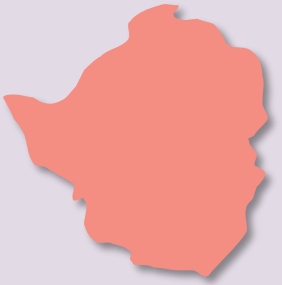
## Implementation plan focus areas

- Leadership and governance
- Service delivery
- Commodity security
- Communications, advocacy and community engagement
- Monitoring and evaluation
- Research and impact evaluation
- Financing and resource mobilization

## Major decisions

- Breaking the stigma that PrEP is for a specific population
- Priority counties for high impact including counties for “generalized” rollout versus counties for “targeted” rollout
- M&E indicators

# Implementation plan



- There were two main decisions made based on:
  - Population and
  - Geography
- Several tools helped make these decisions:
  - Rollout scenarios helped bring a balance between geography and population
  - Hotspot mapping helped inform where and who to target
- Facility level assessment:
  - Facility readiness assessment tools



# Success factors



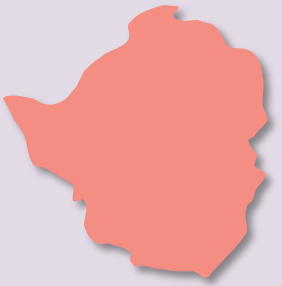
- Political goodwill
- Available funds
- Community engagement
- Stakeholder mapping and engagement
- Functional and active technical working group, with frequent meetings to start then transitioning to quarterly meetings

# Challenges



- **Training in PrEP delivery has not reached all healthcare facilities/healthcare providers**
  - *Recommendation: Have a complete capacity-building plan for all levels of the health system and stakeholders that includes ensuring budget for cascading of training*
- **Lack of M&E tools during scale-up resulted to data problems that are yet to be reconciled**
  - *Recommendation: Develop M&E tools, include M&E in providers training and distribute them to facilities prior to scale-up*
- **Provider training curriculum did not address provider attitudes which affected provision of PrEP to AGYW**
  - *Include attitude exercises within the provider training at the beginning – check OPTIONS provider training manual*
- **Rolling out oral PrEP in the absence of an effective, national communication strategy**
  - *Recommendation: Have and implement a communication strategy to support demand and uptake at the early stages of rollout*

# Success factors and challenges



## Success factors

- Careful dissemination of guidelines, SOPs and job aids
- Training of HCPs
- Ongoing clinical mentorship
- Communication strategy

## Challenges

- Community awareness
- PrEP campaigns and IEC materials
- Training of HCPs
- PrEP supply



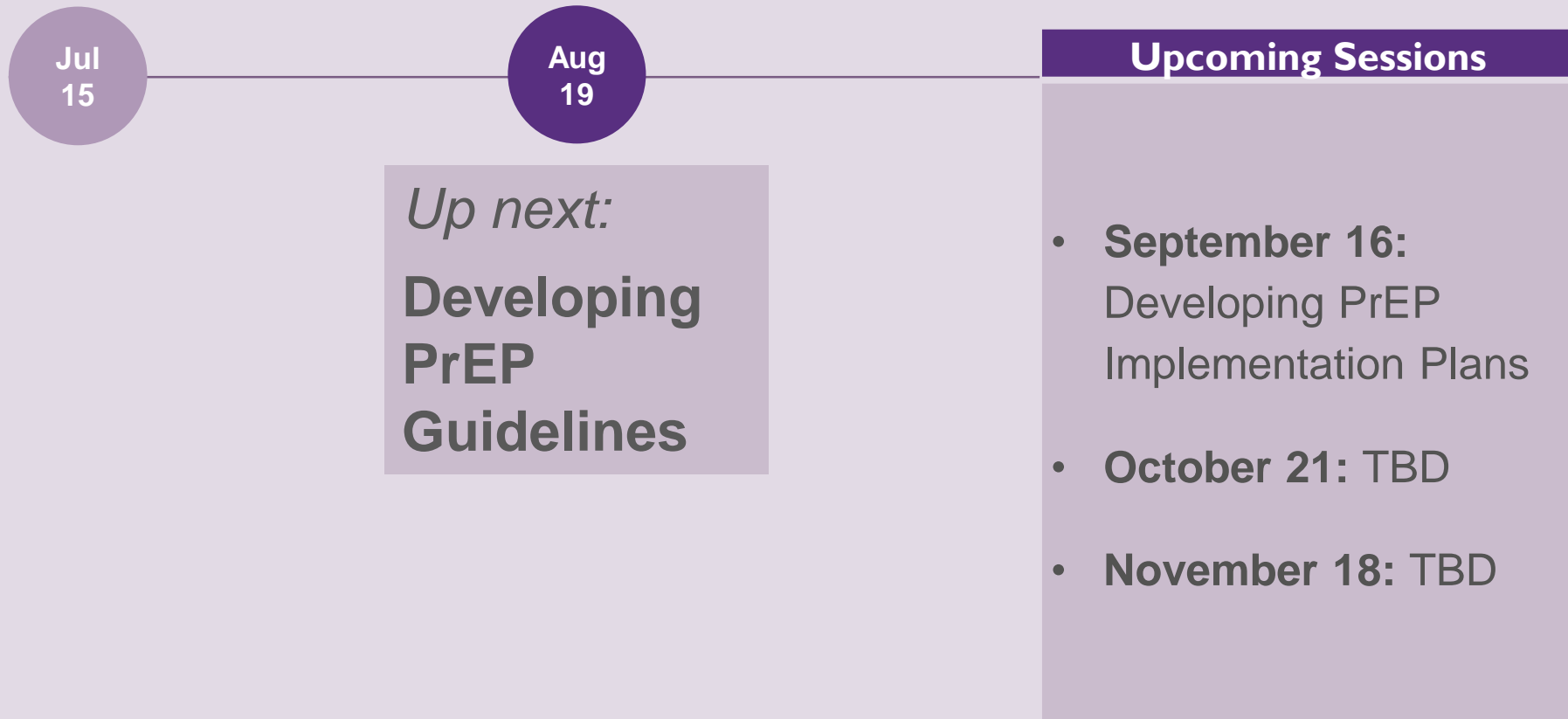


# Q&A Discussion



# Wrap-up

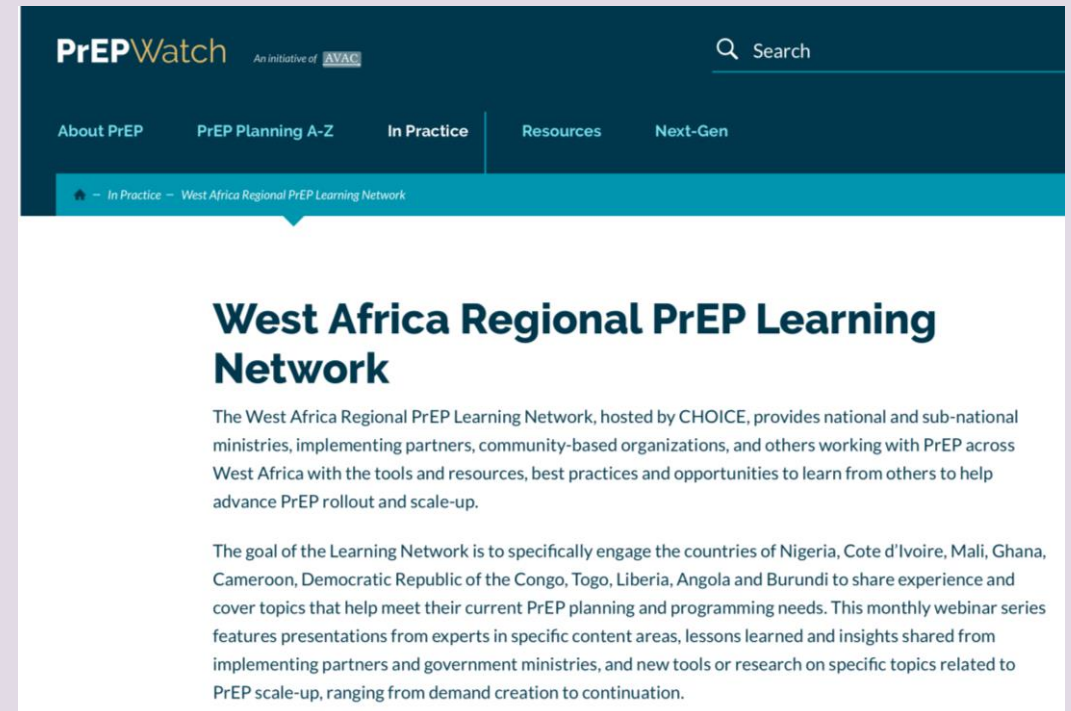
# Upcoming sessions: Register today!



Register today at: <https://www.prepwatch.org/in-practice/west-africa-prep-learning-network/>

# Visit PrEPWatch for additional resources

- Webinars will be **recorded** and loaded onto PrEPWatch for you to access at a later date
- **Additional resources** that are complementary will also be included on PrEPWatch—including related research articles, tools and more to dive deeper into specific topics
- Registration for **upcoming webinars** can also be found on PrEPWatch



<https://www.prepwatch.org/in-practice/west-africa-prep-learning-network/>



**Thank you!**