

PROTECT YOURSELF FROM HIV



#GarawaPrEPa

PrEP

A new way to keep you and
your loved ones HIV free!

One pill a day keeps HIV away!



What is PrEP?

PrEP is a pill that reduces the risk of HIV by over 90% if taken daily and correctly. One pill a day keeps HIV away!

PrEP is not contraception and will not protect against Sexually Transmitted Infections, it is an additional HIV prevention option that should be used in combination with condoms where possible.

Only condoms protect against STIs and unintended pregnancies when used correctly and consistently.

Can I take PrEP?

You can take PrEP if you are at risk of getting HIV and you're HIV negative.

Is PrEP safe for me?

PrEP has proved to be safe even in combination with alcohol and drugs, as well as contraceptives and other medicines. Just make sure you keep yourself safe when using alcohol and drugs and if you are having sex, make sure you use condoms to protect yourself from other STIs and unintended pregnancies.

How long does PrEP take to work?

It takes up to 7 days before sex to be fully protected.

Do I need to take PrEP every day, for life?

When at risk of HIV, you should take PrEP everyday and speak to the Health Care Provider when considering stopping.

Are there any side effects?

Just like any other medication, a few people experience minor side effects like headaches, weight loss, nausea and vomiting but these usually go away in a few weeks.

What if I'm on other medications?

PrEP will not affect other medications, you can still take PrEP if you are taking other medications.

Where can I find PrEP and is it free?

PrEP is free and you can get it at your nearest Health Facility.



PrEP

To get PrEP contact or visit your nearest Health Facility.

