After being circumcised, contact a health care worker if:

- You cannot make it to your follow up visit.
- You have a fever (increased body temperature).
- You have trouble urinating.
- You have chills, a cough, or feel weak and achy.
- You have dizziness, nausea (upset stomach), or vomiting (throwing up).
- You have problems when having sexual intercourse (sex).
- You have questions or concerns about your procedure, condition, or care.

Seek care immediately if:

- You are bleeding.
- Your urine has blood in it, becomes very cloudy and bad smelling, or you cannot urinate.
- You have pain or swelling of the penis that does not decrease or go away after taking your pain medicine, or is getting worse.
- You have swelling, redness, pain, blood, or discharge in or around your cut.

Benefits of MMC:

- Easier to clean the penis.
- Reduced risk of some STIs.
- Reduced risk of penile cancer.
- Reduced risk of cervical cancer in female sex partners.
- Reduced risk of HIV.

Although studies show that circumcision reduces the risk of STIs and HIV, it does not protect you fully and you should always practise safe sex: Abstain, Be Faithful and Condomise.

Remember to always:

- Condomise.
- Condomise.
- Condomise.

For more information: **www.hivsa.com**

www.choma.co.za
Choma Magazine on facebook
Twitter: **@Chomamag**

www.hi4life.co.za
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• The people in the images are models and do not neccesarily have HIV or any condition portrayed in this pamphlet.

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National AIDS Help Line: 0800 012 322 (toll free)

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What YOU need to know about...

Medical Male Circumcision (MMC)

GAUTENG PROVINCE
HEALTH
REPUBLIC OF SOUTH AFRICA
HIVSA