

ACE COUNSELING

AFFIRM, CELEBRATE, EMPATHIZE

BREAK THE ICE

I see you as a whole person
We can trust each other



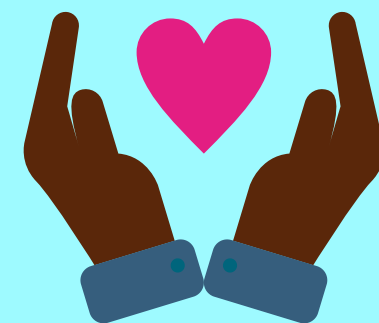
I'm happy you
are here



My name is...



What we talk about is
only between us



This is a
judgement-free zone



Before we get started, I'd like
to get to know you a little.
What is something that made
you smile recently?

Something that made me smile was...

AFFIRM

You are a person who can succeed
Your concerns make sense

- I know you are brave because you found the courage to come see me.
- Your interest in PrEP tells me you care about yourself and have plans.
- I KNOW you can do this because there are many things you already do every day.
- That is a very smart question.
- Your concerns make a lot of sense.

CELEBRATE

You are making progress
You are succeeding

- We need to celebrate because you got through the test!
- I'm happy you are taking this step for yourself-- and your partner.
- Using PrEP is a great way to keep your relationship strong and HIV-free. Let's celebrate that!
- Wow! You are back right on time! That's awesome!
- You made it through the first month!

Together We Are



HIV Negative Generation

EMPATHIZE

You are not alone
I care about how you feel

- I can understand that you might be feeling shy.
- Lots of people are concerned about the same thing.
- I also feel uncomfortable sometimes when I have to see my doctor.
- I am with you. It can be very scary when your partner lives far away.
- I understand that you feel worried about your partner finding out.

