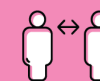




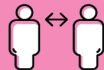
STAY HIV
NEGATIVE!

REMEMBER TO: wash your hands, wear a mask correctly and practice physical distancing



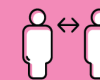
ARE YOU PLAYING IT TOO RISKY?

REMEMBER TO: wash your hands, wear a mask correctly and practice physical distancing



Are you playing it too risky?

REMEMBER TO: wash your hands, wear a mask correctly and practice physical distancing



Do you have sex?

Do you sometimes have unprotected sex? (Vaginal, anal, or oral)

Does your partner refuse to wear a condom?

Have you had more than one sexual partner in the last 6 months?

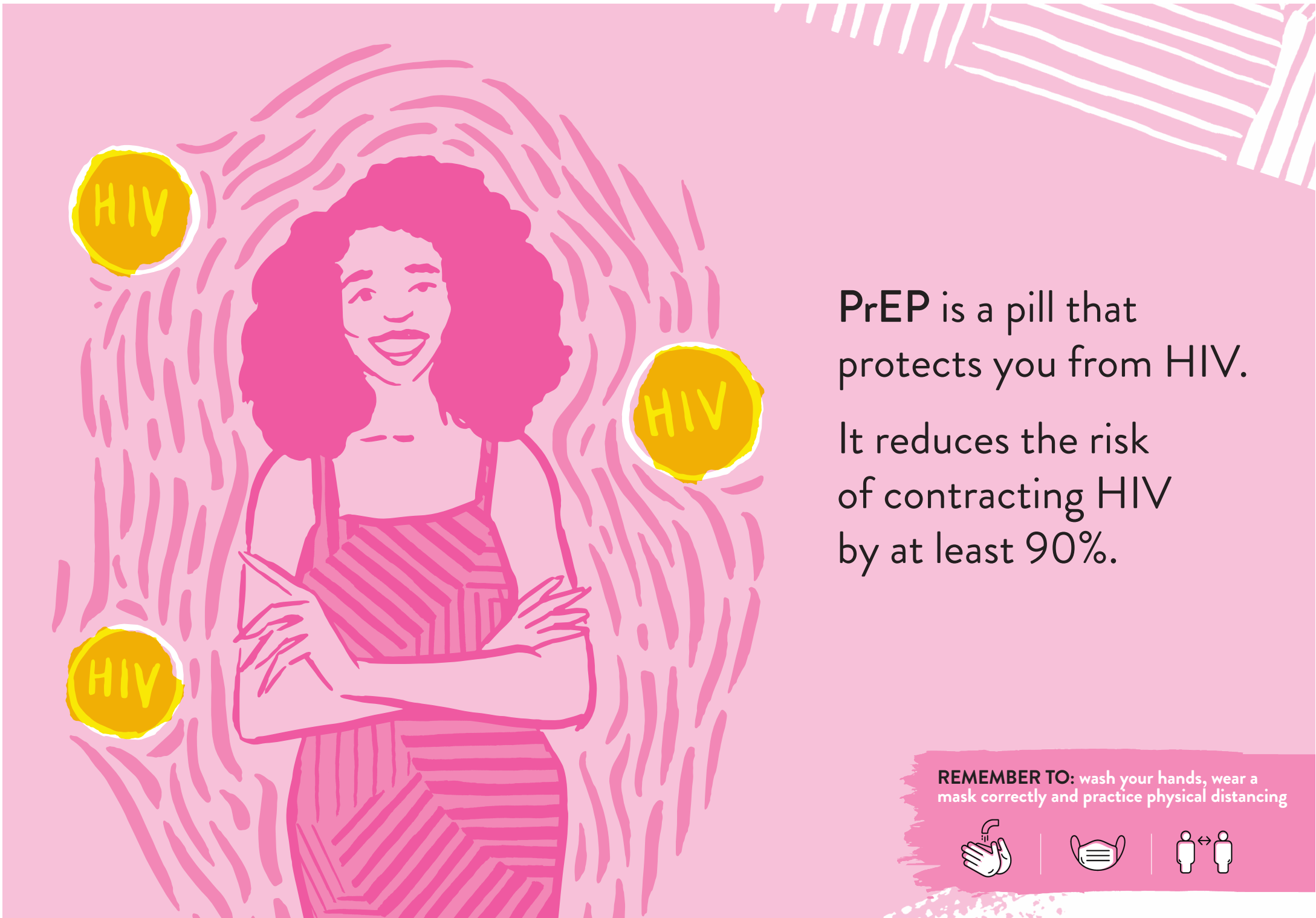
Have you had an STI in the last 6 months?

Does your partner have HIV? Sure?

Do you feel unsafe in your home or worry about rape or abuse?

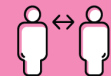
Unfortunately, many young women experience violence in their relationships. It is not your fault and you are not alone. There are people who can help you. Discuss with your health care worker or a brand ambassador in your community.

If you answered “yes” to any of the above, then **V is for you!**



PrEP is a pill that protects you from HIV. It reduces the risk of contracting HIV by at least 90%.

REMEMBER TO: wash your hands, wear a mask correctly and practice physical distancing

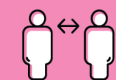




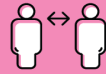
Take one pill daily,
at the same time
every day.

So it can keep its power
to protect you.

REMEMBER TO: wash your hands, wear a mask correctly and practice physical distancing



REMEMBER TO: wash your hands, wear a mask correctly and practice physical distancing



Remember!

1 PILL A DAY KEEPS HIV AWAY!

MON



TUES



WED



THURS



FRI



SAT



SUN



What happens if I miss one?

Make sure to use a condom when having sex.

Remember, to ensure maximum HIV protection, you need at least 7 days of daily intake of PrEP before a risky sexual encounter.



Va-Va-Voom!

Remember! PrEP protects against HIV up to 90%. But still wear a condom to avoid pregnancy or STIs.

REMEMBER TO: wash your hands, wear a mask correctly and practice physical distancing





About those side effects?

Some women experience mild to severe side-effects (mainly headache, nausea or diarrhea), like with any other medication which usually go away after about 1-2 weeks of us

If side-effects persist for more than 2 weeks, consult your health care worker.

REMEMBER TO: wash your hands, wear a mask correctly and practice physical distancing



Let's decide: Is PrEP right for you?



REMEMBER TO: wash your hands, wear a mask correctly and practice physical distancing



Let's decide: Is PrEP right for you?

Do you have sex?

Do you sometimes have unprotected sex? (Vaginal, anal, or oral)

Does your partner refuse to wear a condom?

Have you had more than one sexual partner in the last 6 months?

Have you had an STI in the last 6 months?

Does your partner have HIV? Sure?

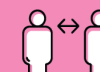
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Unfortunately, many young women experience violence in their relationships.

It is not your fault and you are not alone. There are people who can help you. Discuss with your health care worker or brand ambassador in your community.

*If you answered "yes" to any of the above, then **V** is for you!*

REMEMBER TO: wash your hands, wear a mask correctly and practice physical distancing



Frequently Asked Questions

- Will this affect my ability to get pregnant?
- Does PreP protect against STIs and unwanted pregnancies?
- Will it affect my partner?
- Can I give it to my friend?
- Can I take it with other medication?

REMEMBER TO: wash your hands, wear a mask correctly and practice physical distancing



Will this affect my ability to get pregnant?

This should have no effect on your ability to get pregnant.

Does PreP protect against STIs and unwanted pregnancies?

No, it doesn't.

Will it affect my partner?

No, there are absolutely no side effects for him

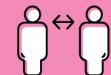
Can I give it to my friend?

Don't give it to your friend as you need to use those daily doses for yourself. Don't skip a day! Suggest she visit her local clinic to get her own

Can I take it with other medication?

Yes, PrEP won't affect any of your other medications

REMEMBER TO: wash your hands, wear a mask correctly and practice physical distancing

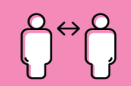


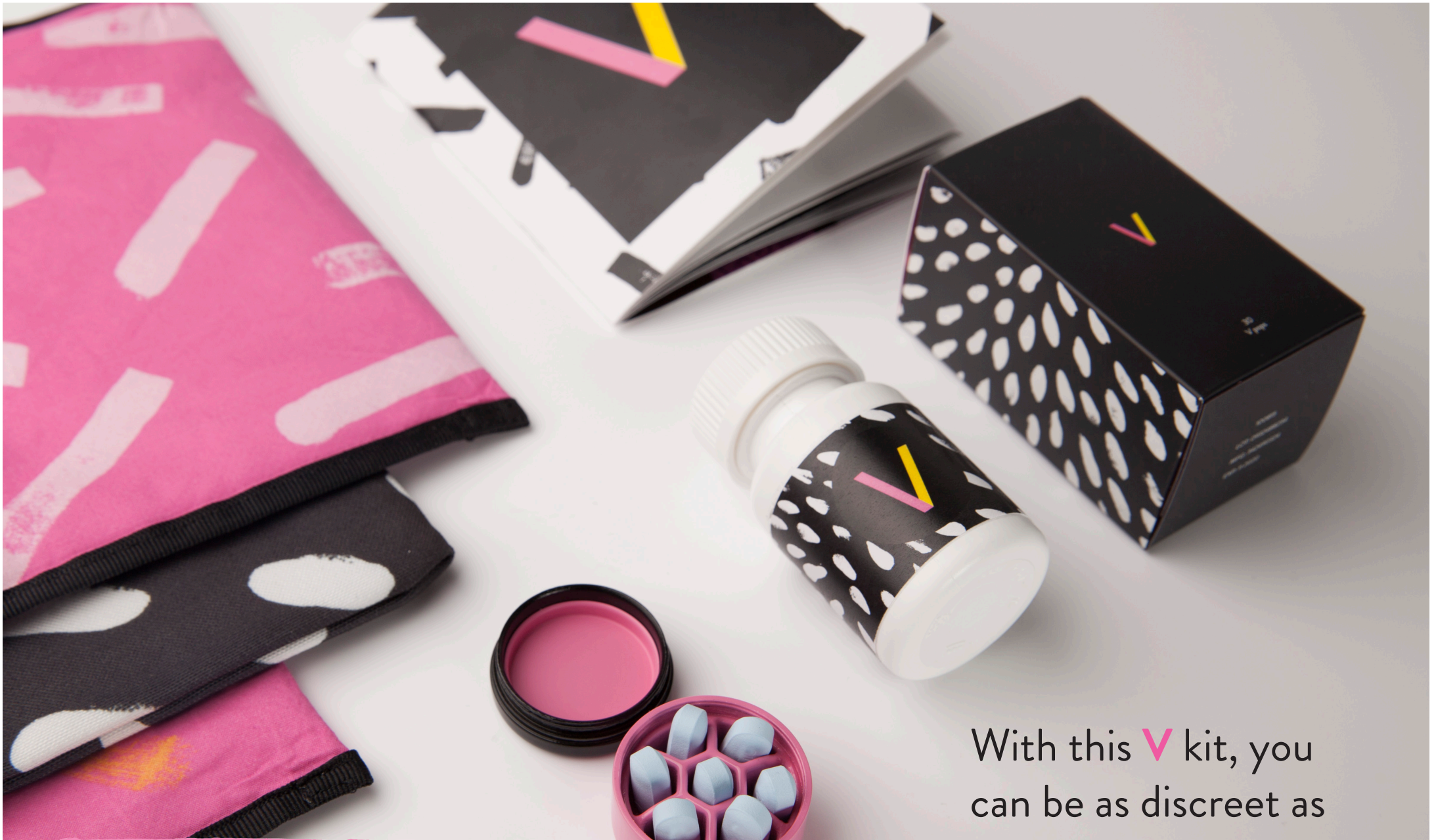


Tips for talking to others about PrEP

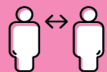
Think your partner, friends, or family will be supportive? Then just tell them everything (You can show them the FAQ guide in the V starter kit). Scared they will be upset? Then keep it to yourself.

REMEMBER TO: wash your hands, wear a mask correctly and practice physical distancing





REMEMBER TO: wash your hands, wear a mask correctly and practice physical distancing



With this **V** kit, you can be as discreet as you want to be about using PrEP.





Every week put seven pills in this pill case to help you remember to take one every day. It looks like lip balm and stops any rattling sounds!

No more *kocho kocho!*



REMEMBER TO: wash your hands, wear a mask correctly and practice physical distancing





REMEMBER TO: wash your hands, wear a mask correctly and practice physical distancing

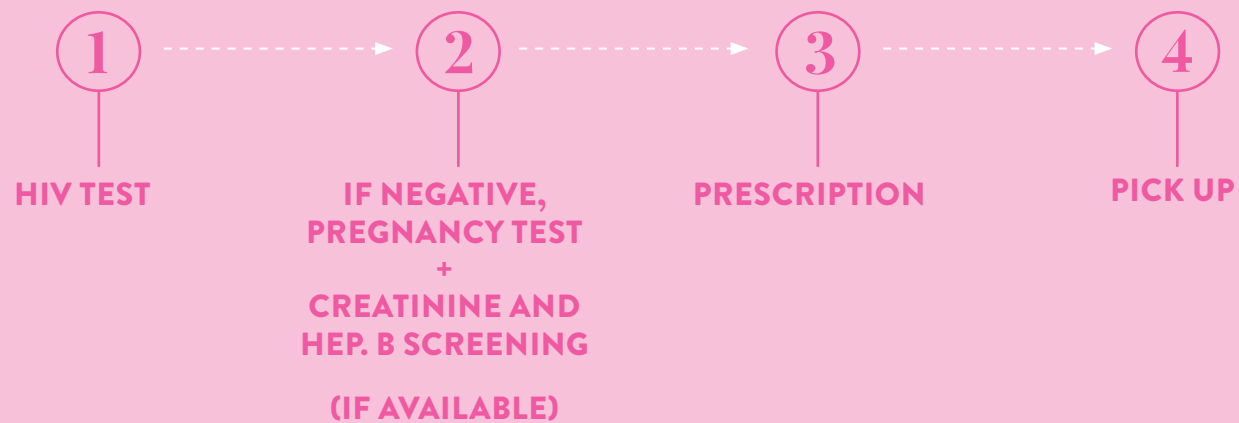


You get this reversible makeup bag, so you can keep your pills on you (and no one will know).

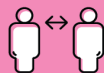


Next steps!

LET'S GET YOU TESTED



REMEMBER TO: wash your hands, wear a mask correctly and practice physical distancing

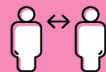


Next steps!

WHY ALL THESE TESTS?

UPDATE AS PER INDIVIDUAL COUNTRY
PROTOCOL (MOHCC GUIDELINES)

REMEMBER TO: wash your hands, wear a
mask correctly and practice physical distancing

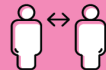


Remember!

YOU'LL NEED TO GET RE-TESTED EVERY THREE MONTHS*



REMEMBER TO: wash your hands, wear a mask correctly and practice physical distancing



If you think you no longer need PrEP*, please inform your healthcare worker.
Remember! You need to take PrEP for 28 days after your last sexual encounter before you stop.

* except you are not sexually active or your risk profile changes



WANT SUPPORT?

REMEMBER TO: wash your hands, wear a mask correctly and practice physical distancing

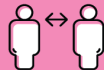




WANT SUPPORT?

**WHATSAPP THE AMBASSADOR IN YOUR
AREA TO JOIN A SUPPORT GROUP.**

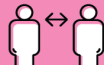
REMEMBER TO: wash your hands, wear a mask correctly and practice physical distancing



WANT SUPPORT?

ADULT RAPE CLINIC - PARIRENYATWA HOSPITAL, HARARE
FAMILY SUPPORT TRUST HARARE, CHITUNGWIZA, MUTARE
MUSASA (HARARE, BULAWAYO, CHIREDDZI, BEITBRIDGE,
GWERU), ZIMBABWE WOMEN LAWYERS
ASSOCIATION(HARARE,BULAWAYO)
MOHCC (BINDURA, CENTENARY)

REMEMBER TO: wash your hands, wear a mask correctly and practice physical distancing



REMEMBER TO: wash your hands, wear a mask correctly and practice physical distancing

