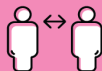




USAKANGANWE: kugeza maoko, kupfeka mask
zvakanaka nekusuduruka 1 metre kuvanhu

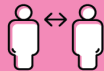


Makorokoto!

**Hauna
HIV**

**Unogona kuramba
wakadaro.**

USAKANGANWE: kugeza maoko, kupfeka mask
zvakanaka nekusuduruka 1 metre kvanhu



ZVIRI MUV KIT IYI

BHEGI REMAKE - UP

Chengetedza make
up yako nemapiritsi
ako mubag-

hapana anozviziva
kuti uri kunwa PrEP,
kunze kwekuti waita

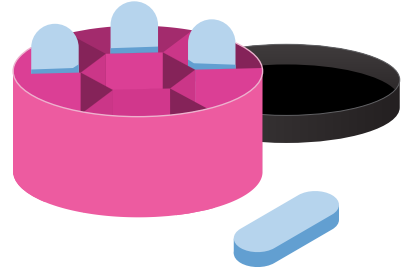


GABA REPrEP

Inwa piritsi rimwe
chete pazuva, kuti
uzvidzivirire
kuHIV.

KUSHANDISA PrEP

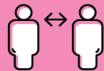
Svondo rega rega isa
mapiritsi manomwe (7)
mukabhodhoro aka, kuti
uyeuke kunwa piritsi rimwe
chete pazuva



BEPA REKUZVIRANGARIDZA

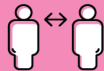
Namira bepa iri pane chinhu chaunoshandisa
mazuva ose panguva imwe chete(segirazi) kuti
chikuyeuchidze kunwa piritsi rako (unogona
kunamira pagaba rako rePrEP kuti vanhu vasazive
kuti munei).

USAKANGANWE: kugeza maoko, kupfeka mask
zvakanaka nekusuduruka 1 metre kuvanhu





USAKANGANWE: kugeza maoko, kupfeka mask
zvakanaka nekusuduruka 1 metre kvanhu



Chii chinonzi PrEP?

**PrEP ipiritsi rinokudzivirira kuHIV.
Rinoderedza mukana wekubatira HIV ne90%.**

Inochengetedza muviri wako wose.

Ndinonwa sei PrEP?

Inwa piritsi rimwe chete panguva dzimwe chete pazuva roga roga. Izvi zvinoita kuti piritsi rigare riine simba muropa mako.

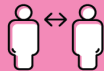
Chi chinoitika ndikakanganwa kunwa piritsi rangu?

Inwa piritsi rako paunongoyeuka! Woenderera kunwa semazuva ose. Shandisa kondomu paunoenda pabonde. Kuti udzivirirwe zvakanakwana kuHIV, inwa piritsi kwemazuva manomwe, usati watanga kuita bonde risina kudzivirirwa. Rangarira! PrEP inodzivirira kuHIV ne90% naizvozvo unofanira kupfeka kondomu kudzivirira pamuviri nezvirwere zvepabonde (STIs).

Ndinofanira kunwa mapiritsi mangani?

Inwa piritsi rimwe chete pazuva roga roga. Usawedzera.

USAKANGANWE: kugeza maoko, kupfeka mask zvakakanaka nekusuduruka 1 metre kuanhu





Ndinofanira kuudza munhu here?

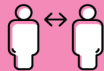
Muviri wako ndewako, uye isarudzo yako kuti uudze munhu kuti uri kunwa PrEP.

Vamwe vanhu vanogona kukukurudzira, vamwe vanopokana nazvo. Zvibvunze kuti vangaitei kana vakaziva. Kana uchifunga kuti vanokukurudzira vaudze. Kana vasingakukurudzire kana kuti uchityira kuchengetedzeka kwako, takagadzira kuti zvese zviite semake up zvokuti hapana anoziva. Sarudzo ndeyako.

Vasikana nemadzimai echidiki mazhinji vanosangana nemhirizhonga mukufambidzana kwavo nevanhurume. Haisi mhosva yako uye hausi wega. Kune vanhu vanokwanisa kukubatsira, taura namazvikokota wezveutano ari pedyo newe

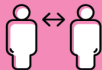
Kune vanhu vanokwanisa kukubatsira, taura namazvikokota wezveutano ari pedyo newe

USAKANGANWE: kugeza maoko, kupfeka mask zvakanaka nekusuduruka 1 metre kuvanhu



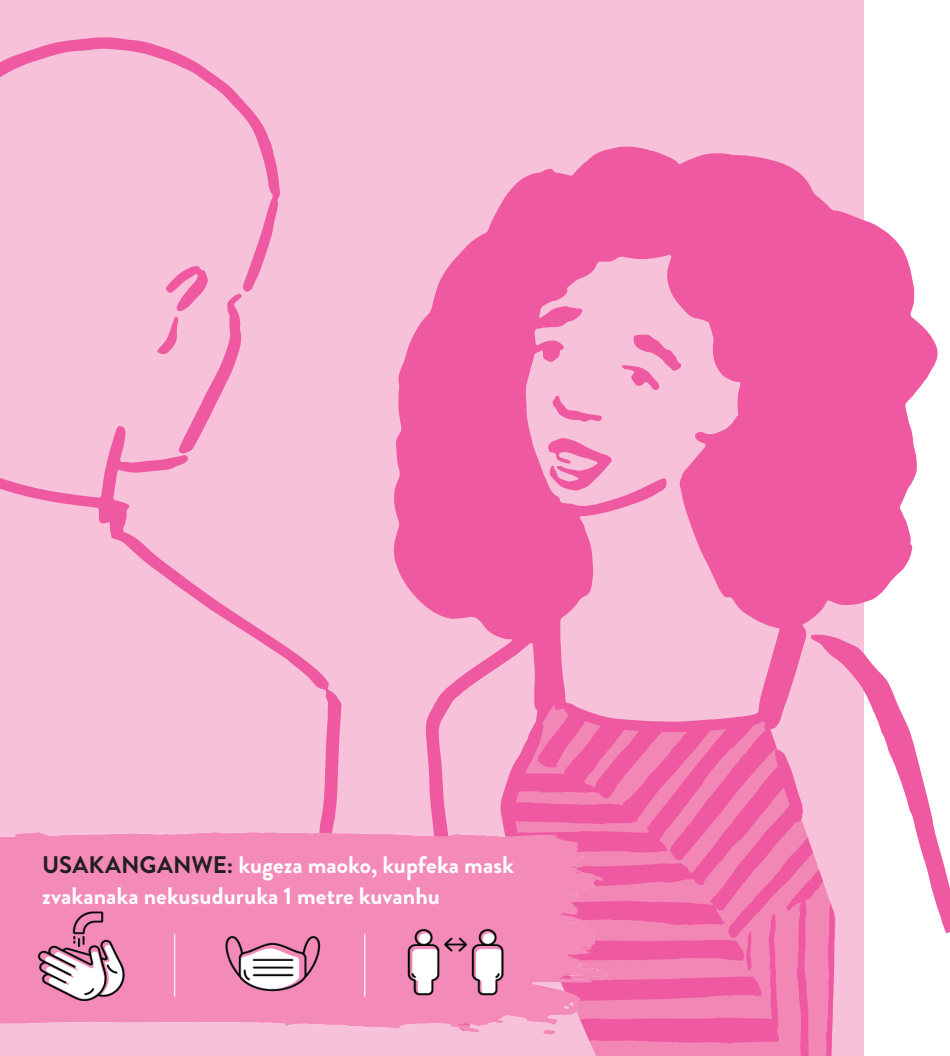


USAKANGANWE: kugeza maoko, kupfeka mask
zvakanaka nekusuduruka 1 metre kvanhu



Kana usingade kuudza vanhu.

**Ndiwe unoziva machengetero aungaita
mapiritsi ako. Unogona kumaisa
mubhokisi nemukabhagi kanenge kemake
up. Vanongofungidzira kuti zvinhu
zvevasikana. Inwa piritsi rako kana vasipo.**



Kana uchida kuvaudza...

Vaudze mashandiro anoita mapiritsi acho uye sei uchida kumatora, nekuti vanogona kuzofunga kuti une HIV. Unokwanisa kuvaratidza bhuku rino kuti vanzwisise

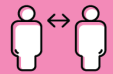
Unogona kufunga matauriro aungazviita sokuti:

Ndinonwa PrEP nekuti vasikana nemadzimai vazhinji vezera rangu vari kubatira HIV, ndinoda kuziva kuti ndakadzivirirwa nyangwe zvodii.

Ana mazvikokota vezvehutano vakandikurudzira kunwa mapiritsi aya.

Idzi dzimwewo pfungwa dzinogona kubatsira. Ndiwe unoziva kuti ungataura navo sei.

USAKANGANWE: kugeza maoko, kupfeka mask zvakakanaka nekusuduruka 1 metre kuvanhu



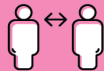
Zvaunogona kusangana nazvo uchinwa PrEP

Vamwe vasikana nemadzimai echidiki vanogona kutemwa nemusoro, kusvotwa, kana kuita manyoka sezvinoita mimwe mishonga. Izvi zvinotarisirwa kupera mushure mevhiki rimwe kana maviri uchiishandisa.

Kana ukaramba uchinwa kurwadziwa zvinodarika mavhiki maviri,taura namazvikokota wezveutano.

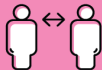
Usarasa moyo!

USAKANGANWE: kugeza maoko, kupfeka mask zvakanaka nekusuduruka 1 metre kuanhu





USAKANGANWE: kugeza maoko, kupfeka mask zvakakanaka nekusuduruka 1 metre kuanhu



Ndinofanira kuramba ndichinwa PrEP here kana ndisisiri panjodzi yekubatira HIV?

- 1) Wakambosangana neshamwari dzepabonde dzinopfuura mbiri mumwedzi mitanhatu yapfuura here?
- 2) Wakamboitawo bonde risina kudzivirirwa (risina kondomu) mumwedzi mitanhatu yapfuura here?
- 3) Wakamboita chirwere chepabonde (STI) mumwedzi mitanhatu yapfuura here?
- 4) Wakamboita bonde nemunhu wausingazive status yake here?
- 5) Une shamwari yepabonde iri kurarama neHIV here?
- 6) Kana wabvumirana nemimwe yemibvunzo iyi PrEP inogona kukubatsira. Kurukura namazvikokota wezveutano kana une mibvunzo

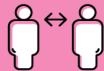


Ndinoita sei kana ndakuda kuregedza kushandisa PrEP?

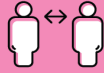
Kana uchifungidzira kuti hausisiri panjodzi
yekubatira HIV unofanira kuramba uchinwa
mapiritsi ePrEP kwemazuva 28 kubva

musi wawakapedzisira kuita bonde risina kudzivirirwa.

USAKANGANWE: kugeza maoko, kupfeka mask
zvakanaka nekusuduruka 1 metre kuvanhu



USAKANGANWE: kugeza maoko, kupfeka mask
zvakanaka nekusuduruka 1 metre kuvanhu



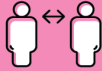
**MUSIKANA
ZVIBATE BHO!**

Mazuva aunofanira kudzoka

Huya mazuva anotevera:

- 1 MUSHURE MEMWEDZI
WEKUTANGA WABVA
KUTANGA KUNWA PrEP
- 4 MUSHURE MEMWEDZI
WECHINA WABVA
KUTANGA KUNWA PrEP
- 7 MUSHURE MEMWEDZI
WECHINOMWE WABVA
KUTANGA KUNWA PrEP

USAKANGANWE: kugeza maoko, kupfeka mask
zvakanaka nekusuduruka 1 metre kuanhu



**UNE SIMBA
REKURAMBA URI
HIV NEGATIVE**

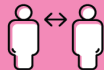
Kuziva kuti uri kuzviitirei!

Nyora kuti sei usiri kuda kubatira HIV – Ngachive
chikonzero chako chekutora PrEP mazuva ose.

Ndichanwa PrEP zuva roga roga nokuti:

Zvaungada kuziva maererano nePrEP

USAKANGANWE: kugeza maoko, kupfeka mask
zvakanaka nekusuduruka 1 metre kuvanhu



Hazvizonditadzisa kubata pamuviri here?

Kwete PrEP haikukanganise
kubata pamuviri.

PrEP inondidzivirira kuzvimwe kuzvirwere zvepabonde (STIs) kana pamuviri here?

Kwete, haikudzivirire
kuzvimwe zvirwere
zvepabonde (STIs) kana
pamuviri . Shandisa
kondomu nguva dzose
kuti uzvidzivirire
ikuzvirwere zvepabonde
(STIs) kana pamuviri.

Ndingakanganisa mumwe wangu here?

Kwete, hapana
chinokanganisika kwaari.

Ndingapa shamwari yangu here?

Usape shamwari nekuti,
rangerira kuti iwe unoda
kunwa zuva rega rega.
Usadarike zuva kana rimwe
zvaro! Mukurudzire kuti
aende kuchipatara chiri
pedyo naye apihwe ake.

Ndinokwanisa kushandisa PrEP nemimwe mishonga here?

Hongu, PrEP haikanganise
mimwe mishonga
yaunoshandisa.



Kuparadza zvirehwa-rehwa pamusoro pePrEP

Zvirehwa-rehwa

PrEP inoshandiswa kudzivirira pamuviri

Ukashandisa PrEP kwenguva yakareba, muviri wako hauzobvuma mimwe mishonga

Ndakanzwa kuti inokanganisa kufarira kwangu bonde

Chokwadi pamusoro pePrEP

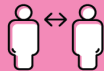
1) PrEP ipiritisi rinokwanisa kutorwa nemunhu wese ari panjodzi yekubatira HIV.

2) Kwete, PrEP haidzivirire kubatira pamuviri kana zvirwere zvepabonde (STIs).

3) Kwete, PrEP haikanganise muviri wako kana ukanwa mimwe mishonga.

4) Kwete, PrEP inokudzivirira kubatira HIV. Inwa PrEP namazvo panguva dzawakaudzwa uye shandisa makondomu.

USAKANGANWE: kugeza maoko, kupfeka mask zvakanaka nekusuduruka 1 metre kuanhu



Nzvimbo dzinowanikwa PrEP muZimbabwe

Beitbridge

CeSHHAR Beitbridge
(North star alliance)

Bindura

Bindura Clinic
Bindura District Hospital
Bindura Prov Hosp
Bindura University

Bulawayo

Bambanani
CeSHHAR Bulawayo(Old
Khami clinic)

Chinhoyi

Chinhoyi Clinic
Chinhoyi University

Chipinge

Chipinge New Start
Centre (community)

Chipinge District Hospital

Harare

52 George Silundika, Prestige
Budiro Poly Clinic
CeSHHAR Harare(Mbare
hostels clinic)
Hatcliff Poly Clinic
Highlands PCC
Hopely Clinic
Kuwadzana Poly Clinic
Mabvuku Poly Clinic
Malboreign Clinic
Malborough Clinic
Mbare Poly Clinc
New Africa House
(New Start Center)
Parirenyatwa Clinic
Rutsanana Clinic

Warren Park Poly Clinic
Wilkins Hospital

Hurungwe

CeSHHAR Chirundu
(local board)
CeSHHAR Karoi
(Karoi district hospital)

Makoni

Rusape Hospital
Arnoldine Clinic
Era Mine Clinic
Makoni Community
Nyazura Mission
Vengere Clinic
Headlands Clinic
Nyazura Clinic
Rusape Hospital

Mutare

Mutare New Start Centre
CeSHHAR Mutare (Sakubva clinic)
Victory House, Mutrare Clinic

Marondera

Marondera Clinic

Masvingo

CeSHHAR Masvingo
(Mucheke clinic)

Masvingo New Start Centre
Masvingo PMD

Mazowe

Bare Clinic
Concession District Hospital
Henderson Clinic
Mazowe mine clinic
Nzvimbo Clinic
Rosa Hospital

Sowoguru Clinic
Tsongubvi Clinic

Gweru

CeSHHAR Gweru(Gwapa)
Gweru New Start Centre

Mutare

Victory House, Mutrare Clinic
Mutare New Start Centre

Victoria Falls

CeSHHAR Victoria
Falls(North star
allience clinic)
VicFalls Hospital

Buhera

BCC
Buhera Murambinda Hosp
Cowdray Park

Dr Shennan Clinic
EF Watson
Emakhandeni
Entumbane Clinic
Khami
Khami clinic
Luveve Clinic
Magwegwe Clinic
Maqhawe clinic
Mpilo Hospital
Mzilikazi
Njube
Nketa Clinic
Nkulumane clinic
Northen surburbs clinic
Pelandaba
Princess Margret
Pumula
Pumula south clinic
Thorngroove hosp
Tshabalala
UBH OPD
Chegutu
Chegutu Distr Hosp
Mash West Chegutu
Norton Hospital

Chimanimani
Mutambara Mission
Mutambarai Mission
Chiredzi
Chiredzi District Hospital
Chizvirizvi RHC
Esigodi
Esigodi Hospital
Goromonzi
Goromonzi Makumbe Hos
Makumbe Hospital
Gutu
Gutu Rural Hospital
Gwanda
Gwanda hospital
Mtshabezi University
Gweru
Gweru district
Harare
MOHCC
UZ
Inyathi
Inyathi hospital
Kwekwe
Amaweni clinic kwekwe
FHI360-Kwekwe

JF Kapnek
Kwekwe hospital
Zhombe
Makonde
CUT
Mash West PMD
Marondera
Dombotombo clinic
Marondera Hospital
Mash East PMD
PMD Mash East
Mazowe
Howard Mission
Mvurwi Hospital
Mberengwa
Mberengwa
Musume Mberengwa
Mt Darwin
Mt Darwin Hosp
Mudzi
Kotwa
Mudzi District
Mudzi Kotwa District Hosp
Murungwe
Hurungwe Karoi District
Mutare

Mutare City
Mutare Distr Sakubva Hos
PMD Manicaland
Sakubva District
Mutasa
Mutasa District
Mutasa Hauna Hospita
Mutoko
Mutoko Distr Hosp
Nkayi
Nkayi Distr Hosp
Sanyati
Chinhoyi University
Sanyati Kadoma Hospital
Seke
Mahusekwa Distr Hosp
Overspill
Seke Epworth
Shamva
Shamva District hospital
Zvishavane
Zvishavane DH

**UNODA HERE
KUYEUCHIDZWA KUNWA
MAPIRITSI AKO VHIKI
ROGA ROGA?**

Tumira SMS kana WhatsApp kuna
Ambassador ari munharaunda yako.
Iye anozopota achikuyeuchidza

USAKANGANWE: kugeza maoko, kupfeka mask
zvakanaka nekusuduruka 1 metre kvanhu

