

Empathways



HIV Negative Generation





The Pledge

*Both participants
must read this aloud
to one another*

- I commit to an open, honest and respectful dialogue
- I pledge to truly see you and hear you
- I will keep what you tell me private & confidential
- I will keep an open mind to understand and respect you as a whole person

A decorative mandala graphic in the background, featuring intricate geometric and floral patterns in shades of grey and white. The words "Open Up" are written in a bold, orange, sans-serif font over the mandala.

**Open
Up**

Get to Know Each Other

Where did you grow up?

What kinds of things do
you enjoy doing?

Both participants should answer

A decorative mandala graphic in the background, featuring intricate geometric and floral patterns in shades of grey and white. The text 'Open Up' is overlaid on the left side of the mandala.

**Open
Up**

Goals

Name two things you would like to achieve in the next two years.

What, if anything, would stop you from achieving them?

Both participants answer

Inspiration



**Open
Up**

Who in your life inspires you,
and why?

Both participants should answer

A decorative mandala pattern in light blue/grey tones, partially obscured by a white circle on the left side. The pattern consists of intricate geometric and floral designs.

**Open
Up**

Relationships

How should a partner
who loves you,
show you they love you?

Both participants should answer



**Open
Up**

Sex & HIV

Why might a young woman worry about getting HIV?

How is this the same or different for young men?

Both participants should answer



Open
Up

Consent

Do you think it can be unsafe for a young woman to say "no" to sex?

If yes, in what situation?

Both participants answer; young person first

A decorative mandala graphic in the top left corner, featuring intricate geometric and floral patterns in shades of grey and white. The words "Open Up" are written in a bold, orange, sans-serif font over the mandala.

**Open
Up**

Religion

How does religion affect your relationships?

How does it impact your thoughts about PrEP / ART / FP?

Both participants answer

A decorative mandala graphic in the background, featuring intricate geometric and floral patterns in shades of grey and white. The text 'Open Up' is overlaid on the left side of the mandala.

**Open
Up**

Relationships

Who first talked to you about things like relationships, sex, HIV/AIDS, condoms?

What did you think of their advice?

Both participants answer



Discover

Your Best Experience

What was the best
health care experience
you've ever had?

What made it so good?

Both participants answer



Discover

Your Worst Experience

What was the worst
health care experience
you've ever had?

How did it make you feel?

Both participants answer



Discover

Family and Friends

What do your
family members and friends
think of PrEP?

Do you agree with them?

Both participants answer



Discover

Health Care Decisions

If you choose to go to a health centre, who is involved in the decision?

Both participants answer



Discover

Seeking Information

At their best,
what are a health care
provider's goals and duties
to a client during a visit?

Only young person answers



Discover

Health Care Providers' Goals

If you had questions about PrEP, who would you ask?
Where would you go first?
Why?

Both participants answer



Discover

PrEP Services

After a visit to a PrEP health care facility, how should a client feel when they are leaving the room?

Both participants answer



Discover

Youth-Friendly Services

When you were younger, did you feel comfortable going to a health centre or pharmacy?

Why or why not?

Provider should answer



Discover

Serving Young Clients

Are there challenges providing services like PrEP or family planning to young people? What are they?

Provider should answer



Discover

Your Health Care Experience

What questions do you wish a provider would and would not ask during a visit? Why?

Young person should answer



Discover

Youth-Friendly Services

Give three words or elements that define "youth-friendly health services."

Both participants answer

Hafsat, 19, goes to a health facility to learn about PrEP services. While in the waiting area she hears a health care provider shouting at a young woman in the consultation room, saying the girl must be 'promiscuous' to be requesting for PrEP at her age. Hafsat decides to leave the health centre.

How may Hafsat feel? What might happen to Hafsat next? What could have gone differently?

Both participants answer

Lynda celebrated her 17th birthday at a café with her girlfriends. Her girlfriends encouraged her to be more adventurous now that she is almost an adult. That night, Lynda decides she is ready to start having sex with her boyfriend. She calls her "Aunty" Rose, 28, for advice. She feels she can confide in her more than anyone else she knows. But this time, Rose threatens to tell Lynda's parents.

Lynda feels betrayed but she remembers Rose telling her to at least go to the health centre for condoms before making any decisions. Lynda decides its worth visiting the health centre first.

How may Lynda be feeling when entering the health centre? What should the provider who meets Lynda do?

Both participants answer

Sarah and Olu, 21, were high school sweethearts who married as soon as they completed secondary school. Together, they decided Olu would go to college in Smallville, over 12 hours away, while Sarah stayed back at her family home to care for their two-year old daughter. Olu comes home every three months, but Sarah wishes she could see him more.

When Sarah heard her friend, Victoria, recently tested positive for HIV, Sarah grew worried. Victoria's husband studies at the same college as Olu. Sarah decides to go to the health centre to ask about PrEP, but she is afraid her husband may feel offended if she tells him.

What should the provider who meets with Sarah suggest? How may Sarah consider bringing this up to her husband?

Both participants answer

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