



# CATALYST CAB PrEP Job Aid

## INITIATION STEPS (page 1 of 2)

Required initiation steps	Action
Assess for contraindications to CAB PrEP use	<p>Contraindications to CAB PrEP use:</p> <ul style="list-style-type: none"> <li>• <b>Unknown HIV status or living with HIV</b></li> <li>• Potential exposure to HIV in the past 72 hours (these clients should be offered PEP if indication is high)</li> <li>• Signs/symptoms of AHI AND potential exposure within the past 14 days</li> </ul> <p><i>*See the AHI screening job aid for support in the process of ruling out potential HIV infection or PEP indication</i></p> <ul style="list-style-type: none"> <li>• Clients using carbamazepine, oxcarbazepine, phenobarbital, and phenytoin (anticonvulsants) or rifampin, sometimes named rifampicin, and rifapentine (antimycobacterials), due to a drug-drug interaction that renders CAB PrEP less effective</li> <li>• Unwillingness or inability to commit to consistent use of CAB PrEP as directed</li> <li>• Allergy or hypersensitivity reaction(s) with previous cabotegravir or other integrase inhibitor medications</li> </ul> <p><b>[TO REMOVE/ADAPT BASED ON NATIONAL GUIDELINES]</b></p> <ul style="list-style-type: none"> <li>• Weight and/or age requirement <i>[only studied in those 35kg and above]</i></li> <li>• Currently pregnant or breastfeeding</li> <li>• Liver disease</li> </ul>
Additional considerations	<ul style="list-style-type: none"> <li>• CAB PrEP <b>does not prevent pregnancy or STIs other than HIV</b></li> <li>• CAB PrEP begins <b>preventing HIV about one week after the first injection</b>. Users should utilize additional HIV prevention methods during this time period.</li> <li>• There is a potential <b>risk of developing resistance</b> to integrase inhibitor medicines while using CAB PrEP, and that risk may extend for approximately year after stopping injections (tail period). Individuals stopping CAB PrEP should use an alternative HIV prevention plan if they have continued exposure to HIV.</li> </ul> <p><b>[TO REMOVE/ADAPT BASED ON NATIONAL GUIDELINES]</b></p> <ul style="list-style-type: none"> <li>• Clients who wish may initiate CAB PrEP via a <b>lead-in process of oral cabotegravir</b>.</li> </ul>
Other requirements or recommendations prior to initiating CAB PrEP	<p><b>[TO ADD OR UPDATE AS NEEDED BASED ON NATIONAL GUIDELINES]</b></p> <ul style="list-style-type: none"> <li>• Preemptive use of NSAIDS</li> <li>• Contraceptive use requirements or recommendations</li> </ul>
Discuss preferred PrEP use support for the participant	Using the <b>PrEP Use Support job aid</b> , allow the participant to choose the available PrEP use support strategy(ies) that works for them.



**USAID**  
FROM THE AMERICAN PEOPLE

**MOSAIC**  
Maximizing Options to Advance Informed Choice for HIV Prevention

**THE CATALYST**  
STUDY



# CATALYST CAB PrEP Job Aid

## INITIATION STEPS (page 2 of 2)

Required initiation steps	Action
CAB PrEP injections – initiation visit	<p>Administer the <b>initiation dose 1</b> and schedule next appointment for <b>initiation dose 2</b> for 1 month later (approximately 30 days); for scheduling, there is a +/- 7-day window</p> <p><i>*Note: coordinating PrEP follow-up visits with visits for other health needs (i.e., family planning) is preferred for many users</i></p>
CAB PrEP injections – continuation visits	<p>After <b>initiation dose 2</b>, CAB PrEP users should return for <b>follow-up doses</b> every 2 months (about 60 days)</p> <p>For clients who <b>miss initiation dose 2 or subsequent injection visits</b>, refer to the <i>CAB-LA Missed Visit Worksheet</i> and the <i>Resuming vs. Restarting CAB-LA After Missed Visit – Quick Tips</i> job aid.</p> <p>For clients who need to <b>postpone a future follow-up appointment</b>, refer to the <i>CAB-LA Postponing Appointment Worksheet</i> and the <i>Resuming vs. Restarting CAB-LA Post Oral PrEP Bridge Quick Tips</i> job aid.</p> <p>These job aids can be found in session 7 (missed doses) and session 8 (postponed appointments) of the <a href="#">RISE Provider Training Toolkit on use of Long-acting Injectable Cabotegravir (CAB-LA) for HIV Pre-Exposure Prophylaxis (PrEP)</a>.</p>



# CATALYST CAB PrEP Job Aid

## COUNSELING MESSAGES (page 1 of 2)

CAB PrEP counseling topics	Key messages & counseling actions
<b>CAB PrEP-specific counseling topics to be addressed after product choice counseling is complete.</b>	
Supporting effective CAB PrEP use	<p>CAB PrEP injections must be administered every 2 months.</p> <p>Discuss with the client: What strategies do you think will help you to be successful in keeping your follow-up appointments for CAB PrEP? What challenges do you anticipate? (Providers should explore and emphasize effective use and visit reminders specific to everyone. This may be an appropriate time to explore gender and intimate partner violence.)</p>
CAB PrEP effectiveness	CAB PrEP provides a high level of protection from HIV when used as directed. It is important to keep up with regular injection appointments to ensure there is enough drug to continue to prevent HIV.
CAB PrEP and missed injections	If an injection of CAB PrEP is missed, it is important for you to contact your health care provider immediately. You will likely need to come as soon as possible to speak with your provider about your options to continue CAB PrEP.
CAB PrEP and STIs other than HIV	CAB PrEP does not prevent STIs other than HIV. You should always use a condom, with water-based lubricant if possible, to prevent STIs.
Starting and stopping CAB PrEP	<p>CAB PrEP starts preventing HIV within about one week after the first injection. You should utilize an additional HIV prevention method during this time.</p> <p>It is ok to stop using CAB PrEP if you decide you no longer need HIV prevention, or do not want to use it any longer. Speak to your health care provider about preventing HIV and HIV drug resistance if you may still be exposed to HIV after stopping.</p>
CAB PrEP and Resistance	It is rare but possible to develop HIV drug resistance if you acquire HIV while using CAB PrEP or in the year after stopping. If someone has drug resistant HIV, it means that some medications may not work well to treat their HIV. It is important to understand even if a person has drug resistant HIV, they will still have options for HIV treatment. To minimize the risk of resistance, return for injections on time and talk to your provider if you decide to stop CAB PrEP.
CAB PrEP and trans and non-binary people	CAB PrEP can be used by anyone, regardless of their sex assigned at birth or their gender identity. Evidence suggests that gender-affirming hormones do not impact CAB PrEP effectiveness.
CAB PrEP and preventing pregnancy	CAB PrEP does not prevent pregnancy. If you do not wish to become pregnant, you should use an effective form of contraception.
CAB PrEP use during pregnancy and breastfeeding	<p><b>[TO MODIFY AS NEEDED BASED ON NATIONAL GUIDELINES]</b></p> <p>In general, the likelihood of getting HIV during pregnancy or post-partum is higher than at other times in people’s lives. Information on the safety of CAB PrEP during pregnancy and breastfeeding is limited and studies are ongoing. So far, no safety concerns have been noted. Talk to your provider about the risks and benefits of using CAB PrEP during pregnancy and breastfeeding. CAB PrEP is very effective at preventing HIV. Some may feel that protection against HIV is more important than the possible but still unknown risks and decide to use CAB PrEP during these times. Others may want to wait until the safety is better understood.</p> <p>Oral PrEP is already proven to be safe during pregnancy and breastfeeding and is a good option for individuals at risk of HIV to consider.</p>



# CATALYST CAB PrEP Job Aid

## COUNSELING MESSAGES (page 2 of 2)

CAB PrEP counseling topics	Key messages & counseling actions
<b><i>CAB PrEP-specific counseling topics to be addressed after product choice counseling is complete.</i></b>	
CAB PrEP – switching products	If you decide that you would like to switch to a new HIV prevention method after using CAB PrEP, that is ok. Your health care provider can help make sure you begin using your new method at the appropriate time to maximize prevention coverage when switching.
Using CAB PrEP and other methods at the same time	The safety and effectiveness of using CAB PrEP and other PrEP methods at the same time have not yet been studied. Current guidance states that other ARV-based HIV prevention methods should not be used while someone is using CAB PrEP unless they are transitioning to a new PrEP method. More information is needed about whether using more than one PrEP product at the same time is safe, and it is not known if using more than one product provides more protection from HIV. It is best to choose the HIV prevention method that works best for you, so that you can use it correctly and consistently.
CAB PrEP and partner disclosure	<p>People have different reasons for sharing or not sharing their CAB PrEP use with their partner(s). Generally, people who can disclose their CAB PrEP use with their partners can use it more effectively. If you'd like, we can discuss your thoughts on sharing or not sharing your CAB PrEP use together. If you choose not to tell your partner, it is a good idea to plan for how you will attend your appointments for injections or manage any side effects without them knowing. We can also discuss a plan for if your partner happens to learn about your CAB PrEP use.</p> <p>PROVIDER NOTE: Refer to counseling scripts related to disclosure and discreet use <a href="#">[TO UPDATE BASED ON GBV IN PREP SERVICES SOP GUIDANCE]</a></p>
Contraceptives and other drug interactions	<p>CAB PrEP can be used with any contraceptive method.</p> <p>However, other medications may interact with the medication in CAB PrEP, so people using them may need to choose a different PrEP method. These medicines include some medications to prevent seizures, known as anticonvulsants. They also include some medications used to treat tuberculosis, known as antimycobacterials. All of these medicines are processed by the body in the same way that CAB PrEP is and combined used may reduce the effectiveness of CAB PrEP. Some other medications that may be used with CAB PrEP require precautions, so it is important to tell me any medications you may be using before you start CAB PrEP .</p>
Side effects management	About two in five CAB PrEP users assigned female at birth, and four in five users assigned male at birth, will have a mild or moderate injection site reaction, such as redness, pain, and swelling at the injection site. These reactions usually last about one week and may become less frequent over time as you get used to the injection. If you have an injection site reaction, Your provider can help you manage the reaction.
CAB PrEP and vaginal, anal, and oral sex	CAB PrEP prevents HIV during vaginal, anal, and oral sex.
CAB PrEP and alcohol or recreational drugs	Using CAB PrEP while you are using alcohol or other recreational drugs will not hurt you. However, alcohol or other recreational drugs may interfere with attending your CAB PrEP injection visits on time. We can talk about planning together if that would be helpful.