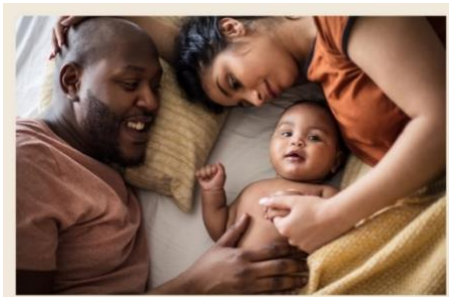




## Choosing to Prevent HIV During Pregnancy and Postpartum: Oral PrEP



### Why should I use an HIV prevention method when I am pregnant or after delivery?

People are more likely to get HIV when they are pregnant or during the time after delivery (postpartum), and getting HIV during these times carries a higher risk for passing HIV to

babies. Getting HIV can greatly impact you and your baby's health. For most people who live in places where HIV is common, the benefits of using a HIV prevention method during pregnancy and postpartum outweigh the potential risks. **The WHO recommends oral PrEP during pregnancy for individuals at substantial risk of HIV.**

### Is oral PrEP safe for me to use during pregnancy and postpartum? What about during breastfeeding?

Yes, oral PrEP has been shown to be safe during pregnancy, postpartum, and while breastfeeding. **Oral PrEP drug levels are lower in pregnant individuals due to normal changes in the body during pregnancy. Because of this, it is especially important not to miss doses of oral PrEP while pregnant.**

### Choosing oral PrEP can protect me and my baby from getting HIV!

Oral PrEP is a pill taken daily to prevent HIV. When taken daily, oral PrEP is highly effective at preventing HIV. Protecting yourself from HIV can protect your baby as well. More information on how to use oral PrEP, possible side effects, and other options for HIV prevention are available from your health provider.

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### Key facts about oral PrEP

Oral PrEP does not increase the risk of birth defects, miscarriage, or other complications during pregnancy, postpartum, or while breastfeeding.

Oral PrEP is safe to use with medications and supplements commonly prescribed during pregnancy and breastfeeding.

Oral PrEP will not cause babies to be too big or small.

Oral PrEP does not impact your ability to become pregnant in the future.

Oral PrEP does not affect breastmilk production.

Oral PrEP is safe to use with all family planning methods.

### Make the HIV prevention choice that works best for you and your baby!

If you want to learn more, contact **[Insert contact information here]**