## CAB PrEP, Pregnancy, and Breastfeeding



### What do we know about HIV prevention during pregnancy and the time after delivery?

People are more likely to get HIV when they are pregnant or during the time after delivery (the postnatal period). Getting HIV at these times carries a higher risk of passing HIV to babies. For most people who live in places where HIV is common, there are more known

benefits than risks of using an HIV prevention method during pregnancy and the postnatal period. Your provider can counsel you on what HIV prevention options are available to you during this time.

## Long-acting injectable cabotegravir for PrEP (CAB PrEP) during pregnancy and breastfeeding

Information on the safety of CAB PrEP during pregnancy and breastfeeding is limited. Studies are ongoing. So far, no safety concerns have been noted. **Following national guidelines, this clinic [is/is not] currently offering CAB PrEP to people who are already known to be pregnant and [is/is not] offering CAB PrEP to people who are breastfeeding.** The risks and benefits of using CAB PrEP during pregnancy or while breastfeeding should be discussed with a healthcare provider. CAB PrEP is very effective at preventing HIV. Some may feel that protection against HIV is more important than the possible but still unknown risks and decide to use CAB PrEP during these times. Others may want to wait until the safety is better understood.

#### How can we help you?

Your provider can talk to you about your options for HIV prevention if you are pregnant or breastfeeding, as well as options to avoid pregnancy, if this is important to you. Information on places to access care during pregnancy, if needed, are also available at this clinic.

#### CAB PrEP for PBFP, VERSION 2.0, 18OCT2023





# What do we know about CAB PrEP, pregnancy, and breastfeeding?

Research is ongoing to understand the impact of CAB PrEP use during pregnancy and breastfeeding. **So far**, **research has not shown any negative impacts of CAB PrEP on pregnancy or health of babies.** 

No increase in pregnancy loss or birth defects has been seen. However, information is still limited.	No published information is available yet on the use of CAB PrEP during breastfeeding.	We will continue to provide new information about use of CAB PrEP during pregnancy and breastfeeding as it becomes available.
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After stopping CAB PrEP, the drug can remain in your body for up to one year, but not at high enough levels to prevent HIV. If you become pregnant within one year after receiving a CAB PrEP injection, you may have CAB PrEP present in the body while you are pregnant, and possibly during breastfeeding.

Make the HIV prevention choice that works best for you! If you want to learn more, contact [Insert contact information here]



