

HIV Prevention Ambassador Training – Diverse Version, 2nd edition:
 Template Agenda OPTION A (full training, teaching all 3 methods separately - 5 days)

DAY 1	
Session	Timing
Training Introduction	1 hour
<i>Foundational Knowledge: Human Rights</i>	1 hour
Break	15 minutes
<i>Foundational Knowledge: Gender Inequality, Stigma and Violence</i>	90 minutes
Lunch	1 hour
<i>Foundational Knowledge: Getting to Know Our Bodies</i>	1 hour
<i>Foundational Knowledge: HIV and AIDS – The Basics</i>	1 hour
Break	15 minutes
<i>Foundational Knowledge: HIV Transmission and Prevention 101</i>	1 hour
Suggestion: Self-care or debrief activity (if needed)	15 minutes
Total time	8 hours

DAY 2 (Option A – completing the sessions once for each method, including the PrEP ring)	
Session	Timing
PrEP and Combination Prevention	1 hour
Break	15 minutes
Making a Choice	1 hour
Lunch	1 hour
<i>PrEP Journey Mapping – Oral PrEP</i> Finding Out About PrEP Methods Deciding to Use PrEP Methods Taking and Staying on PrEP Methods	3 hours, including breaks
Break	15 minutes
The PrEP Ring and Our Bodies	1 hour
Total time	7.5 hours

DAY 3 (Option A – completing the sessions once for each method, including the PrEP ring)	
Session	Timing
<i>PrEP Journey Mapping – PrEP Ring</i> Finding Out About PrEP Methods Deciding to Use PrEP Methods Taking and Staying on PrEP Methods	3 hours, including breaks
Lunch	1 hour
<i>PrEP Journey Mapping – CAB PrEP</i> Finding Out About PrEP Methods Deciding to Use PrEP Methods Taking and Staying on PrEP Methods	3 hours, including breaks

Total time	7 hours
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DAY 4	
Session	Timing
<i>PrEP Skills Sessions</i> Telling Others Awareness Raising Advocacy Action Planning	3 hours, including breaks
Lunch	1 hour
<i>Ambassador Skills Sessions: Boundary Setting and Self-Care</i>	1 hour
<i>Ambassador Skills Sessions: Responding to Disclosures of Violence</i>	3 hours, including breaks
Total time	8 hours

DAY 5	
Session	Timing
<i>Ambassador Skills Sessions: Peer Support Skills</i>	1 hour
Break	30 minutes
<i>Ambassador Skills Sessions: Healthy Relationships and Supportive Partners</i>	1 hour
Lunch	1 hour
Ambassador Graduation	1 hour
Total time	4.5 hours

**HIV Prevention Ambassador Training – Diverse Version, 2nd edition:
 Template Agenda OPTION B (full training, teaching all 3 methods simultaneously - 4 days)**

DAY 1	
Session	Timing
Training Introduction	1 hour
<i>Foundational Knowledge: Human Rights</i>	1 hour
Break	15 minutes
<i>Foundational Knowledge: Gender Inequality, Stigma and Violence</i>	90 minutes
Lunch	1 hour
<i>Foundational Knowledge: Getting to Know Our Bodies</i>	1 hour
<i>Foundational Knowledge: HIV and AIDS – The Basics</i>	1 hour
<i>Foundational Knowledge: HIV Transmission and Prevention 101</i>	1 hour
Break	15 minutes
Suggestion: Self-care or debrief activity (if needed)	15 minutes
Total time	8 hours

DAY 2 (Option B – completing the sessions simultaneously for all methods)	
Session	Timing
PrEP and Combination Prevention	1 hour
Break	30 minutes
Making a Choice	1 hour
Lunch	1 hour
The PrEP Ring and Our Bodies	1 hour
Break	30 minutes
<i>PrEP Journey Mapping – All 3 methods</i> <i>Finding Out About PrEP Methods</i> <i>Deciding to Use PrEP Methods</i> <i>Taking and Staying on PrEP Methods</i>	3 hours, including breaks
Total time	8 hours

DAY 3	
Session	Timing
<i>PrEP Skills Sessions</i> Telling Others Awareness Raising Advocacy Action Planning	3 hours, including breaks
Lunch	1 hour
<i>Ambassador Skills Sessions: Boundary Setting and Self-Care</i>	1 hour

<i>Ambassador Skills Sessions: Responding to Disclosures of Violence</i>	3 hours, including breaks
Total time	8 hours

DAY 4	
Session	Timing
<i>Ambassador Skills Sessions: Peer Support Skills</i>	1 hour
Break	30 minutes
<i>Ambassador Skills Sessions: Healthy Relationships and Supportive Partners</i>	1 hour
Lunch	1 hour
Ambassador Graduation	1 hour
Total time	4.5 hours

If you are only training on the PrEP methods, you can simply use the agenda for days 3-5 for **Option A** if you are teaching methods sequentially or days 3-4 for **Option B** if you are teaching PrEP methods simultaneously.